




INFORMAȚII PERSONALE

BĂDESCU (IOAN) SILVIA – VALENTINA - IUSTINA



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Sexul feminin | Data nașterii 25/04/1984 | Naționalitatea Romana

EXPERIENȚA PROFESIONALĂ

2015-prezent	Medic specialist Oftalmolog
2015-prezent	Asistent universitar pe perioada determinată - disciplina Fiziologie, UMF Carol Davila
2011-prezent	Doctorand la Catedra de Fiziologie si Neurostiinte Fundamentale, UMF Carol Davila
2009-2015	Medic rezident Oftalmolog la Spitalul Clinic de Urgențe Oftalmologice București
2012-2013	Investigator secundar în studiul 2011/AZ02/00 _ 2011-003692-12 „Clinical Trial: A phase III , multicentre, randomized, investigator-masked, cross-over, comparative efficacy study of a generic Brinzolamide 10 mg/ml ophthalmic suspension (Azad Pharma AG) and Brinzolamide 10 mg/ml ophthalmic suspension (Azopt®, Alcon) in open-angle glaucoma and ocular hypertension patients 2012-2013”
2010-prezent	Colaborator la Clinica de Oftalmologie Alcor, București
2004-2009	Colaborator al Centrului National de Neuroștiințe, Departamentul Fiziologie si Neuroștiințe Fundamentale, UMF Carol Davila Bucuresti, in cadrul caruia am participa la mai multe studii științifice concretizate prin publicatii internationale.

EDUCAȚIE ȘI FORMARE

August 2016	Observator la Centre Hospitalier Luneville, Franța
Mai-iunie 2016	Bursă de la European Board of Ophthalmology la Fundation Ophtalmologique Adolph de Rothschild, Paris, Franța - Departamentul de Cornee, sub conducerea Prof. Issabele Cochereau
Sept 2015	Bursă de la European Society for Cataract and Refractive Surgery, Londra Congres ESCRS
2003-2009	Facultatea de Medicină, Universitatea de Medicină și Farmacie Carol Davila, București
Iunie 2008	Bursă ISCOMS, Facultatea de Medicină, Universitatea din Groningen, Olanda
August 2007	Bursă studiu, Facultatea de Medicina, Universitatea din Mansoura, Egipt
Feb – Iulie 2006	Bursă ERASMUS, Facultatea de Medicină, Universitatea Cadiz, Spania
1999-2003	Colegiul National Sf Sava, Bucuresti, clasa de profil matematică-informatică bilingv engleză

COMPETENTE PERSONALE

Limba maternă Limba Romana

Alte limbi străine cunoscute

	INTELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
Franceză	B2	B2	B2	B2	B2
Engleza	C2	C2	C2	C2	C2
Cambridge Certificate - 2003.					
Spaniola	C2	C2	C2	C2	C2
Diploma DELE - 2006					

Niveluri: A1/2: Utilizator elementar - B1/2: Utilizator independent - C1/2: Utilizator experimentat
Cadrul european comun de referință pentru limbi străine

 Competențe organizaționale/manageriale
2008 – 2012

2006-2008
2004-2006
2004-2008

Cenzor al Societatii Studentilor Medicinisti cu Activitatea Stiintifica (SOMS), UMF Carola Davila Bucuresti
Presedinte SOMS
Secretar Stiintific SOMS
Organizator al evenimentului Brain Awareness Week

Competențe informatice -Windows '95-Windows 7
-Microsoft Office (Power Point, Word, Excel)
-Internet Explorer, Mozilla FireFox, Google Chrome

Permis de conducere Categoria B

INFORMATII SUPLIMENTARE

PUBLICAȚII

- **Chronic caffeine's effects on behavioural changes in streptozotocin-induced diabetic rats. Bădescu S.V.,** Tătaru C.P., Kobylinska L., Georgescu E.L., Zahiu D.M., Zăgrean L, Zăgrean A.M. – articol soumis și încă "under review" la revista Acta Endocrinologica (Buc).
- **Effects of caffeine on locomotor activity in streptozotocin-induced diabetic rats. Bădescu S.V.,** Tătaru C.P., Kobylinska L., Georgescu E.L., Zahiu D.M., Zăgrean A.M., Zăgrean L. J Med Life. 2016 Jul-Sep; 9(3): 275–279.
- **The association between Diabetes mellitus and Depression. Bădescu S.V.,** Tătaru C., Kobylinska L., Georgescu E.L., Zahiu D.M., Zăgrean A.M., Zăgrean L. J Med Life. 2016 Apr-Jun; 9(2): 120–125. PMID: PMC4863499
- **The influence of optical aberrations in refractive surgery. Bădescu Silvia Valentina,** Barac Ramona, Schmitzer Speranta, Tataru Calin. Romanian Journal of Ophthalmology, Volume 59, Issue 4, October-December 2015. pp:217-222
- **Changes in intraocular pressure depending on posture.** Barac R, Pop M, Tătaru C, Gheorghe A, Bădescu S, Stanciu M, Burcea M. Romanian Journal of Ophthalmology, 2014;58(4):40-6. Romanian. (PMID: 26117930)
- **Intranasal administration of oxytocin alters sleep architecture.** R.I. Braga, A. Panaitescu, S. Bădescu, AM. Zăgrean & L. Zăgrean. Biological Rhythm Research, Volume 45, Issue 1, 2014 (DOI:10.1080/09291016.2013.797641)
- **Better to be red than blue in virtual competition.** Andrei Ilie, Silvia Ioan, Leon Zagrean and Mihai Moldovan. CyberPsychology & Behavior. June 2008, 11(3): 375-377. doi:10.1089/cpb.2007.0122. (PMID: 18537513)
- **Red is a distractor for men in competition.** Ioan, S.; Sandulache, M.; Avramescu, S.; Ilie, A.; Neacsu, A.; Zagrean, L.; Moldovan, M. Evolution and Human Behavior, Volume 28, Issue 4, July 2007, Pages 285-293 (DOI: <http://dx.doi.org/10.1016/j.evolhumbehav.2007.03.001>)
- **Coffee drinking enhances the analgesic effect of cigarette smoking.** Nastase A, Ioan S, Braga RI, Zagrean L, Moldovan M. Neuroreport. 2007 Jun 11;18(9):921-4. (PMID: 17515802)

CONGRESE – autor sau coautor

- Analysis of anxiety and depression in diabetic rats -- S. Badescu, L.Kobilinska, AM. Zagrean, L. Zagrean - Congresul Societății Naționale de Neuroștiințe, București, 2015
- Optical aberrations' influence on vision quality - Silvia Bădescu , C. Tătaru , M. Burcea , Mădălina Șerban , Anca Dogăroiu , C. Mihai , Nicoleta Năstase , Irina Cristescu , Cristina Schisser – Al II-lea Congres al Societății Romane de Cataracta și Chirurgie Refractivă, Eforie Nord, Roumanie, 2015 – premiu pentru cea mai bună prezentare
- Present concerns in cataract surgery - Călin Tătaru, Marian Burcea, Anca Dogăroiu, Constantin Mihai, Corina Ioan, Silvia Bădescu, Nicoleta Năstase, Irina Cristescu, Cristina Schiesser - Al II-lea Congres al Societății Romane de Cataracta și Chirurgie Refractivă, Eforie Nord, Roumanie 2015
- Behavioral changes in streptozotocin-induced diabetic rats – S. Badescu, L.Kobilinska, AM. Zagrean, L. Zagrean - Congresul anual al Asociației Medicale Romane, Bucuresti, 2015
- Prevention of Cystoid Macular Edema after Cataract Surgery – S. Badescu, S. Voiculescu, C. Tataru, L.Zagrean - Congresul anual al Asociației Medicale Romane, Bucuresti, 2014
- Reading the mind in the Eyes – prezentare la - Brain Awareness Week 2014
- Management of afakia 10 years after cataract surgery – S. Ioan, A. Ionean, C. Mihai, M. Burcea, C.Tataru - XXIX ESCRS Annual Congress, 2011- poster
- The multifocal artificial lenses, an ideal solution? - C. Tătaru, M. Burcea, Raluca Argintaru, Anreea Ionean Mihai, Silvia Ioan, Alexandra Manta The X-th National Congress of Ophtalmology / Sinaia, 5-th – 8-th october, 2011
- Use of Cionni capsular rings in treating traumatic cataract - C. Tătaru, M. Burcea, Raluca Argintaru, Anreea Ionean C. Mihai, Silvia Ioan, Alexandra Manta - The X-th National Congress of Ophtalmology / Sinaia, 5-th – 8-th octo 2011
- Un caz în chirurgia cataractei traumatice - C. Tătaru, M. Burcea, Corina Crăciun, Raluca Argintaru, Andr Ionean, C, Mihai, Silvia Ioan -Al IX-lea Congres Național de Oftalmologie / Sinaia, 29 sept.-2 oct. 2010
- Oxytocin may have antidepressive effects in rats - S. Ioan, D.Zahiu, I.Goganau, AM. Zagrean, r. Braga - ISCOMS 2008, Hroningen, Holland
- Comparison between the effects of oxytocin and alcohol drinking on affective “mind-reading” in men and women - 18th European Students’ Conference, Berlin, Germany – presentation
- The effect of nonapeptides on mood. Radu Braga, Anca Năstase, Silvia Ioan, Ana-Maria Zăgrean, Leon Zăgrean, PENS Training Center 2007,September 9-12, 2007 - Lausanne & Geneva, Switzerlan
- Long term administration of oxytocin alters sleep architecture, RI Braga, Anca Nastase, Silvia Ioan, Ana-Maria Zagrean, L Zagrean, 6th INMED / TINS Conference, 5th to 8th September, 2007
- The effect of oxitocin daily administration of sleep architecture – Ioan S, Năstase A., Dinescu S., Zăgrean L., Braga R.- 5th Forum European Neuroscience – Viena, Austria,July 8-12, 2006 –
- The effect of oxitocin arginin-vasotocin on rat models of depression – Braga R. Ioan S, Dinescu S., Năstase A., Zăgrean -- 5th Forum European Neuroscience – Viena, Austria,July 8-12, 2006 -

- Red is a distractor in human competition – Second International Conference of the Romanian National Neuroscience Society – 2006
- Red is a distractor in virtual competition - Second International Conference of the Romanian National Neuroscience Society 2006
- A method to quantify visual ambiguity - Second International Conference of the Romanian National Neuroscience Society 2006
- Oxytocin may increase quality of sleep in humans - Second International Conference of the Romanian National Neuroscience Society 2006
- Caffeine and Nicotine combination: the analgesic effect - Second International Conference of the Romanian National Neuroscience Society – poster 2006
- The effects of oxytocin daily administration on sleep architecture -5th Forum of European Neuroscience, Viena, - poster 2006
- The effect of oxytocin and arginine-vasotocin on rat models of depression -5th Forum of European Neuroscience, Viena, -poster 2006
- “Uncovering daytime sleepiness in PD patients”– 16th European Students’ Conference, Berlin, Germany – 2005
- “A method to quantify human ability to cope with ambiguity”- 16th European Students’ Conference, Berlin, Germany – 2005
- “Priming and facilitation in a Stroop Task” – 12 World Congress of Psychophysiology, Greece -poster 2004