

**Universitatea de Medicină și Farmacie Carol Davila
Facultatea de Medicină Dentară**

Implantul din titan versus Implantul din zirconiu

Teză de Doctorat

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Elemente de originalitate și perspective pe care le deschide teza
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Capitolul 1 cuprinde analiza stadiului actual al cunoasterii in domeniu si sunt prezentate aspecte din literatura de specialitate avand relevață ridicată pentru subiectul tezei cuprinzand urmatoarele capitole: Noțiuni de anatomie a oaselor maxilare cu implicații în implantologie; Etiologia, complicațiile și clasificările breșelor edentate; Metode clasice și moderne de reabilitare a edentațiilor și Biomateriale utilizate pentru confecționarea implanturilor dentare.

Sunt prezentate sintetic probleme anatomice, legate de osul maxilar si mandibular, inervația și vascularizația acestora, raporturile anatomice cu variantele lor, prezentate in literature de specialitate, aspecte importante pentru implantologia dentara.

In capitolul 2 al partii generale doctoranda prezinta aspecte legate de etiologia, complicațiile și clasificările breșelor edentate, cu referire la factorii favorizanti si determinanti ai pierderii dintilor, dar si cu corelatiile cu conditiile de implantare, dar si de protezare a zonelor edentate.

In capitolul 3 sunt amintite metodele de protezare conventionale fixe si mobile, dar si o prezentare mai ampla a metodelor moderne de reabilitare a edentațiilor, cu sprijin implantar. Planul de reabilitare orală complexă cu alegerea tipului de restaurare protetică indicată pentru cazul clinic specific. In funcție de tipul de restaurare aleasă, medicul va aprecia dacă există sprijin dentar suficient sau dacă este necesară inserarea unui număr de implanturi dentare cu sau fără proceduri de augmentare a osului disponibil

Ultimul capitol al partii generale este dedicat biomaterialelor utilizate pentru confecționarea implanturilor dentare, cu descrierea proprietatilor acestora, care le indica in utilizarea lor pentru tratamente dentare, cu identificarea unor direcții și preocupări importante, prezente in literatura de specialitate.

Capitolul 5 cuprinde STUDIUL PRIVIND PREVALENȚA EDENTAȚIEI ȘI POSIBILITĂȚI TERAPEUTICE CLASICE ȘI MODERNE DE REABILITARE ORALĂ COMPLEXA, scopul studiului fiind acela de a determina prevalența edentației și frecvența utilizării modalităților de protezare clasice sau moderne în funcție de vârstă, sexul pacienților, nivelul de instruire și nivelul economic al acestora.

Studiul retrospectiv realizat pe 173 pacienți a aratat ca indiferent de grupa de vârstă și de sex, pacienții au preferat tratamentele modern, prin utilizarea implanturilor dentare.

Capitolul 6, intitulat STUDII PRIN METODA ELEMENTELOR FINITE ASUPRA TRANSMITERII FORȚELOR MASTICATORII CĂTRE SUBSTRATUL OSOS PRIN INTERMEDIUL IMPLANTURILOR DIN TITAN

VERSUS ZIRCONIA, a avut drept scop analiza comparativa prin metoda elementelor finite a modului de transmitere a forțelor masticatorii către substratul osos prin intermediul implanturilor din titan și zirconie. Datele obtinute au aratat ca implantul de zirconie prezintă un modul de elasticitate sensibil mai mare decat cel din titan, ceea ce face sa atenuueaze semnificativ transferul de tensiuni între implant și os, anulând posibilitatea concentrării efortului masticator la interfața os-implant, cu menținerea osteointegrării.

Capitolul 7, cu titlul STUDIEREA REZISTENȚEI LA COROZIUNE A UNUI IMPLANT DENTAR DIN ALIAJ DE TITAN, a pornit de la analiza coroziunii electro-chimice produsă la interfața metal-soluție, atunci când metalele vin în contact cu soluții de electroliți, respectiv a efectului protectiv prin prezența stratului de oxid pasiv pe suprafața metalică.

Studiul a urmarit determinarea rezistenței la coroziune prin tehnica polarizării liniare, a unui implant dentar din aliaj de titan, urmarind variațiile potențialului de circuit deschis (Eoc) și curbele Tafel corespunzătoare implantului testat în salivă artificială. Toți parametrii analizați în urma efectuării testelor de coroziune a implantului dentar din aliaj de titan la pH 5.2 și temperatură de $37 \pm 0.5^\circ\text{C}$ confirmă buna rezistență la coroziune a probei din aliaj de titan, prin formarea stratului de oxid de titan cu rol protector la suprafață.

Capitolul 8 EVALUAREA DEGRADĂRII ZIRCONIEI ÎN SALIVĂ ARTIFICIALĂ, analizeaza fenomenul de imbatranire al materialului, asociat cu o scădere importantă a rezistenței acestuia. In acest scop au fost utilizate testele de imersare a zirconiei în condiții care să simuleze mediul în care probele își exercită scopul și funcția pentru care au fost concepute, respectiv evaluarea degradării zirconiei în salivă artificială. S-a urmarit morfologia suprafeței și compoziția elementală cu ajutorul unui microscop electronic de baleiaj – SEM dotat cu un spectrometru cu dispersie după energie – EDS. Rezultatele expuse in imagini si tabele arata compoziția elementală a materialului si morfologia suprafeței probei imersate in saliva artificiala, care au demonstrat că materialul studiat nu a suferit procese de degradare în timp.

In capitolul 9, intitulat PROTEZAREA EDENTAȚIILOR FOLOSIND IMPLANTURI DIN TITAN SAU DIN ZIRCONIE în funcție de pH-ul salivar al pacienților și densitatea osoasă, doctoranda a studiat selectarea biomaterialelor din care sunt realizate implanturile și din care sunt confecționate restaurările protetice în funcție de pH-ul salivar al pacienților și densitatea osoasă, pentru a reduce la minim incidența coroziunii și a biodegradării materialelor dentare în mediul oral. Deoarece procesele de coroziune și biodegradare a materialelor dentare sunt accelerate de un pH acid, doctoranda propune utilizarea implanturilor din zirconie și a restaurărilor protetice integral ceramice sau din ceramică pe schelet de zirconie la pacienții cu pH salivar mai scăzut, iar pentru pacienții cu densitate osoasă scăzută utilizarea implanturilor din zirconie.

Capitolul ELEMENTE DE ORIGINALITATE ȘI PERSPECTIVE pe care le deschide aceasta teza de doctorat, subliniază încă odată principalele contribuții și direcții de cercetare urmate, precum și limitele și posibilitățile de completare a informațiilor prin noi cercetări ce ar putea fi realizate. Lucrarea se încheie astfel prin propunerea unor viitoare direcții și teme de cercetare ce pot decurge în continuarea studiilor inițiate în cadrul tezei, oferind posibilități pentru cercetări ulterioare. Conturarea concluziilor generale, desprinse din cercetarea proprie, conturează cadrul celor mai bune condiții pentru un tratament protetic pe implanturi în raport cu caracteristicile generale și orale ale pacientului, starea de edentație, particularitățile materiale ale implanturilor dar și a condițiilor structurilor orale, ca densitate osoasă și caracteristici ale salivei.

Ultima parte a tezei este reprezentată de "BIBLIOGRAFIE", aceasta fiind foarte variată, atât din domeniul medicinei dentare, cât și din domenii conexe. De asemenea, au fost anexate documentele doveditoare publicării elementelor constitutive ale tezei în reviste de specialitate, cu cotația CNCIS corespunzătoare.

Concluzii generale

1) În urma investigării prevalenței edentației la un lot de pacienți și a posibilităților terapeutice clasice sau moderne de reabilitare orală am ajuns la următoarele concluzii:

- lotul studiat a cuprins majoritar pacienți:

a) de sex feminin

b) cu vârste cuprinse între 41-50 ani

c) din mediul urban

d) cu studii superioare

e) cu un nivel economic bun

f) cu 1-2 dinți absenți

g) cu edentații maxilare.

- tratamentele stomatologice moderne au fost preferate în detrimentul celor clasice indiferent de:

a) grupa de vârstă a pacienților

b) sexul pacienților

c) nivelul de instruire al pacienților.

2) Analizând cu ajutorul metodei elementelor finite modul de transmitere a forțelor masticatorii către substratul osos prin intermediul implanturilor din titan versus zirconie putem concluziona că la aplicarea experimentală a unei forțe de 200 N implantul din zirconie a avut un comportament biomecanic mai bun decât implantul din aliaj de titan.

3) Studiul rezistenței la coroziune a implantului din aliaj de titan la pH=5.2 și temperatură de $37\pm 0.5^{\circ}\text{C}$ la s-a soldat cu concluzia că respectivul aliaj din titan, prin formarea stratului de oxid de titan la exterior, prezintă o bună rezistență la coroziune.

4) Prin imersarea discurilor de zirconie în salivă artificială, materialul respectiv nu a suferit nicio degradare indiferent de perioada imersării (o zi, 3 zile, 7 zile, 14 zile sau 21 zile).

5) Apreciem că prin selectarea materialelor din care să fie confecționate implanturile și restaurările protetice, în funcție de pH-ului salivar și densitatea osoasă a pacienților, se poate îmbunătăți supraviețuirea pe termen lung a reabilitărilor efectuate și se poate reduce la minim posibilitatea de degradare a materialelor dentare în mediul oral.

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