

PERSONAL INFORMATION

CATERINA DELCEA



WORK EXPERIENCE

- Since 15.03.2019 **Secretary of the EFIM Young Internists Assembly**
- Since 7.11.2017 **Research Assistant**
CDPC Colentina Clinical Hospital Bucharest, Romania – Cardiology Nucleus
- Since 17.07.2017 **Cardiology Fellow**
Colentina Clinical Hospital Bucharest, Romania
- Since 1.01.2017 **Internal Medicine Specialist**
Colentina Clinical Hospital Bucharest, Romania
- Since 16.05.2017 **Member of the EFIM Young Internists Subcommittee**
- Since 1.10.2016 **Assistant Professor – Internal Medicine Department**
Carol Davila University of Medicine and Pharmacy Bucharest, Romania
- Since 2014 **Vicepresident of the Romanian Young Internists**
Romanian Representative in the EFIM Young Internists Assembly

EDUCATION AND TRAINING

- Since 17.07.2017 **Fellowship in Cardiology**
Colentina Clinical Hospital Bucharest, Romania
- 1.01.2012 – 31.12.2016 **Residency in Internal Medicine**
Colentina Clinical Hospital Bucharest, Romania
- Since 1.10.2015 **Ph.D. student in Internal Medicine**
Carol Davila University of Medicine and Pharmacy, Bucharest, Romania
- 13.06.2016 – 10.07.2016 **Internal Medicine Resident – EFIM European Exchange Programme**
Bellvitge University Hospital Barcelona, Spain
- 17 – 23.07.2016 **Fellow AAF-OMI Salzburg Columbia University Seminar – Internal Medicine**
Salzburg, Austria
- 1 – 27.11.2015 **Observer – Medical Intensive Care Unit**
Johns Hopkins Hospital Baltimore, USA
- 25 – 31.01.2015 **EFIM European Winter School of Internal Medicine**
Riga, Latvia
- 7 – 9.07.2014 **FDIME and EFIM 10th Clinical Research Seminar**
Paris, France
- 2005 - 2011 **Medical Student**
Carol Davila University of Medicine and Pharmacy, Bucharest, Romania
- 2001 – 2005 **Student – Mathematics and Computer Science**
Petru Rares National College, Piatra Neamt, Romania

PERSONAL SKILLS

Native Language **Romanian**

Other Languages	Understanding		Speaking		Writing
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1
Spanish	B2	B2	B2	B2	B2
French	B2	B2	B2	B1	B2
Italian	B2	B2	B1	B1	B1

Communication skills Good communication skill obtained by oral presentations at congresses and conferences, lectures presented at congresses and by participation to multiple summer/winter schools of internal medicine.

Job-related skills Teamwork, good collaboration with medical staff of every level

Organizational/ Managerial skills Coordination of different teams:
 - as vicepresident of Romanian Young Internists Organisation I was involved in organizing of dedicated sessions for young internists as part of the programme of National Internal Medicine Congress from 2015 to 2018 and of the Summer School of Young Internists in 2014 and 2015
 - as an EFIM Young Internists’ Subcommittee member I participated in planning and organizing the Young Internists’ Sessions as well as the Young Internists’ Corner at the European Internal Medicine Congress in 2017 and 2018
 - after starting the Heart Failure Working Group at the Colentina Clinical Hospital, I was one of the coordinators of the younger colleagues with different projects in this field

Digital Competence Very good knowledge of Microsoft Office (Word, Excel, PowerPoint)
 Very good knowledge of statistical software (SPSS, EpiInfo, MedCalc)

PUBLICATIONS – BOOK CHAPTERS

1. **Delcea C**, Andrus A. Prevenția primară a fibrilației atriale/ Primary prevention of atrial fibrillation. In *Aritmii Cardiace/ Cardiac Arrhythmias*. Viața Medicală, Editura EDNA.2018. 40-6. ISBN 978-973-1985-38-1
2. Tocitu A, Vezeteu R, **Delcea C**, Dan GA. Sindromul de apnee în somn/ Sleep apnea syndrome. In *Semiologie Medicală I/ Medical Semiology I*. Ion Dina. Editura Universitara Carol Davila. 2018. 283-92. ISBN 978-606-011-012-5
3. **Delcea C**, Dan GA. Sindromul de insuficiență ventriculară dreaptă/ The right ventricular failure syndrome. In *Semiologie Medicala II/ Medical Semiology II*. Ion Dina. Editura Universitara Carol Davila. 2018. 161-72. ISBN 978-606-011-013-2
4. Mihalache A, **Delcea C**, Davidoiu C, Dobranici M. Pierdere tranzitorie a stării de conștiență – dincolo de aparențe/ Transient loss of consciousness – behind the appearances. In *Practica Medicală pentru studenții la medicină. Cazuri clinice/ Medical Practice for Medical Students. Clinical Cases*. Editura ALL. 2018. 188-201. ISBN 978-606-587-520-3
5. Dima A, **Delcea C**. Diet and Gout. In: *Gout. Risk factors, Prevalence and Impact on Health*. Martin Edward Perry. Nova Science Publishers. 2017. 51-68. ISBN 978-1-53611-781-3
6. Huma AC, **Delcea C**, Spanu CM, Motomanca R, Enache V. Sincope la pacientul vârstnic: dileme de diagnostic și tratament/ Syncope in an elderly patient: diagnostic and treatment dilemmas. In: *Cazuri clinice pentru biblioteca studentului la medicina*. Camelia Diaconu, Mihnea-Alexandru Gaman. Editura All. 2017. 41-52. ISBN 978-606-587-429-9
7. Stamate SC, **Delcea C**. Febra. In: *Semiologie generala - Note de curs*. Sorin Stamate. Editura Bren. 2013. 14-17. ISBN 978-606-610-038-0

PUBLICATIONS – FULL TEXT ARTICLES

1. Ivănescu AC, Buzea CA, **Delcea C**, Dan GA. Stroke Risk scores as predictors of severe outcomes in atrial fibrillation: a comprehensive review. *Am J Ther*. 2021 Apr 7. doi: 10.1097/MJT.0000000000001357. Online ahead of print.
2. **Delcea C**, Buzea CA, Vijan A, Draghici A, Stoichituiu LE, Dan GA. Comparative role of hematological indices for the assessment of in-hospital outcome of heart failure patients. *Scand Cardiovasc J*. 2021 Mar 24:1-10. doi: 10.1080/14017431.2021.1900595. Online ahead of print.
3. Draghici A, Buzea CA, Delcea C, Vijan A, Dan GA. Predictors associated with increased troponin in acute decompensated and chronic heart failure patients. *Rev Romana Med Lab*. 2021;29(2):153-64. doi:10.2478/rrlm-2021-001
4. Buzea, Catalin A; Delcea, Caterina; Vezeteu, Roxana; Dan, Gheorghe-Andrei. Successful Thrombolysis for High-Risk Pulmonary Embolism in a Patient with Extensive Pemphigus Vulgaris. *Am J Ther*, February 16, 2021. doi: 10.1097/MJT.0000000000001347. Online ahead of print.
5. **Delcea C**, Buzea AC, Dan GA. The Neutrophil To Lymphocyte Ratio In Heart Failure: A Comprehensive Review. Accepted for publication in *Rom J Intern Med*. 2019 Dec 1; 57(4): 296-314. doi: 10.2478/rjim-2019-0018.
6. Ploesteanu RL, Nechita AC, Andrucovici s, **Delcea C**, Miha EM, Gae D, Stamate SC. Is syncope a predictor of mortality in acute pulmonary embolism? *J Med Life*. 2019 Jan-Mar; 12(1): 15-20. doi: 10.25122/jml-2018-0063.

7. **Delcea C**, Badea C, Jurcut C, Purcarea A, Sovaila S, Weiss E, Alistar E, Balan H, Baicus C. The Romanian Society of Internal Medicine's Choosing Wisely Campaign. *Rom J Intern Med.* 2019 Jun 1;57(2): 181-94. doi: 10.2478/rjim-2019-0001.
8. Dima A, Caraiola S, **Delcea C**, Ionescu RA, Jurcut C, Badea C. Self-reported disease severity in women with systemic lupus erythematosus. *Rheumatol Int.* 2019 Mar;39(3):533-9. doi: 10.1007/s00296-018-4203-1.
9. Dobranici M, Tocitu A, **Delcea C**, Dan GA. Left Ventricular Noncompaction in a Patient with Systemic Lupus Erythematosus. *Rom J Intern Med.* 2019 Mar 1;57(1):78-82. doi: 10.2478/rjim-2018-0032.
10. Baicus C, Purcarea A, von Elm E, **Delcea C**, Furtunescu FL. Alpha-lipoic acid for diabetic peripheral neuropathy. Cochrane Systematic Review – Intervention – Protocol. *Cochrane Database of Systematic Reviews.* 22 February 2018.
11. Baicus C, **Delcea C**, Dima A, Oprisan E, Jurcut C, Dan GA. Influence of decision aids on oral anticoagulant prescribing among physicians: a randomized trial. *Eur J Clin Invest.* 2017 Sep;47(9):649-58. doi: 10.1111/eci.12786.
12. Buzea CA, Dan GA, Dan AR, **Delcea C**, Balea MI, Gologanu D, Popescu RA, Dobranici M. Deceleration and Acceleration Capacities in Risk Stratification for Arrhythmias in Patients With Chronic Obstructive Pulmonary Disease. *Am J Ther.* 2017 Jan/Feb;24(1):e44-e51. doi: 10.1097/MJT.0000000000000450.
13. Dima A, Badea C, Balanescu E, Caraiola S, **Delcea C**, Ionescu R, Jurcut C, Nicolau A, Pompilian V, Ramba D, Baicus C, Dan GA. Systemic lupus erythematosus – descriptive study of 134 patients from a single center. *Rom J Rheum* 2016. XXV(1): 27-36
14. Buzea CA, Dan AR, **Delcea C**, Balea MI, Gologanu D, Dobranici M, Popescu RA, Dan GA. P Wave Signal-Averaged Electrocardiography in Patients with Chronic Obstructive Pulmonary Disease. *Rom J Intern Med.* 2015, 53(4), 315-20. doi: 10.1515/rjim-2015-0040.
15. Buzea CA, Dan GA, Dan AR, **Delcea C**, Balea MI, Gologanu DS, Dobranici M, Popescu RA. Role of signal-averaged electrocardiography and ventricular late potentials in patients with chronic obstructive pulmonary disease. *Rom J Intern Med.* 2015 Apr-Jun;53(2):133-9. doi: 10.1515/rjim-2015-0018.
16. Andronescu AM, **Delcea C**, Enache V, Stamate CS, Dorobanțu M. Mean Platelet Volume Variability in young patients with Non-ST elevation Acute Myocardial Infarction. *J Med Life.* 2014;7 Spec No. 3:107-13
17. Nechita AC, Enache V, Stroi AM, Ploesteanu RL, **Delcea C**, Stamate CS. Clinical, biological, echocardiographic and therapeutic determinants of the length of hospital stay of patients with acute heart failure. *J Med Life.* 2013 Dec 15;6(4):440-5
18. Stamate CS, Andronescu AM, Nechita AC, **Delcea C**, Miha EM, Vintila MM. Physiopathological aspects of the subclinical alterations of thyroid function associated with acute coronary syndromes. *J Med Life.* 2013 Dec 15;6(4):409-13
19. Andronescu AM, Nechita AC, Ittu G, **Delcea C**, Dumitrescu G, Vintila MM. Perioperative evaluation of cardiac surgical risk: particularities in the emergency surgery –from the guidelines to the clinical practice. *J Med Life.* 2013 Sep 15;6(3):310-5
20. Nechita A, **Delcea C**, Enache V, Ploesteanu RL, Cazacu C, Andronescu AM, Stroi AM, Stamate CS. Metabolic syndrome and mean platelet volume variation in patients with chest pain and negative cardiac enzymes. *J Med Life.* 2013 Jun 15; 6(2):156-60

21. Onisai M, Vladareanu AM, **Delcea C**, Ciorascu M, Bumbea H, Nicolescu A, Voican I, Filipescu A, Rotaru O, Vladareanu R. Perinatal outcome for pregnancies complicated with thrombocytopenia. *J Matern Fetal Neonatal Med.* 2012 Sep;25(9):1622-6. doi: 10.3109/14767058.2011.648245.

INVITED SPEAKER

INTERNATIONAL CONGRESSES/SCIENTIFIC MEETINGS

Heart Failure International Forum (3rd edition) – Right Therapy for the Right Patient, 7-8th June 2019 Bucharest, Romania. Caterina Delcea. Case 15 – Heart failure and too many comorbidities

25 Congresso Nacional de Medicina Interna 23-26 May 2019 Algarve, Vilamoura, Portugal. Caterina Delcea, Miguel Bigote Vieira, Ricardo Fernandes: Tarde do jovem internista – Choosing Wisely

European Winter School of Internal Medicine 21-25 January 2019, Levi, Finland. Caterina Delcea – Young Internists Workshop – Choosing Wisely

17th European Congress of Internal Medicine 30 August – 1 September 2018 Wiesbaden, Germany. Reinhard Strametz, Caterina Delcea – Young Internists Session: Are hospitals safe places for patients?

Heart Failure International Forum (2nd edition) – Heart Failure in Specific Clinical Settings, 15-16 June 2018, Bucharest, Romania. Caterina Delcea. Case 3 – Not all that sparkles is gold

European School of Internal Medicine Winter 2019, 22-26 January 2018, Levi, Finland. Caterina Delcea. Young Internists Workshop – Choosing Wisely

15th European Congress of Internal Medicine 2-3 September 2016, Amsterdam, The Netherlands. Frauke Weidanz, Caterina Delcea, Alberto Marra, Monique Slee-Valentijn. Young Internists Session: Live or let Die – A United Europe? End of life decision making across Europe

NATIONAL CONGRESSES

The 19th National Congress of Internal Medicine 11-14 April 2019. Calimanesti-Caciulata, Romania
Cristian Baicus, Caterina Delcea, Camelia Badea, Laura Elena Stoichitoiu: Let's choose wisely in Internal Medicine – The Romanian Choosing Wisely Campaign

The 18th National Congress of Internal Medicine 21-24 March 2018. Calimanesti-Caciulata, Romania
Cristian Baicus, Caterina Delcea, Adrian Purcarea, Silvia Sovaila, Camelia Badea: Choosing Wisely Romania – Less is more
Caterina Delcea, Cristian Baicus, Alina Dimcea, Larisa Pinte, Delia Tulba: Young Internists Session – Diagnostic errors: Myth or reality?

The 17th National Congress of Internal Medicine 29 March – 1 April 2017. Calimanesti-Caciulata, Romania
Gheorghe Andrei Dan, Cristian Baicus, Caterina Delcea, Diana Maria Olteanu, Bogdan Popescu, Andreea Savulescu Young Internists Session: Diagnostic Errors. We make mistakes, how can we improve?
Gheorghe Andrei Dan, Ioan Bruckner, Camelia Badea, Caterina Delcea, Cristian Baicus. Listening to the patient: how to avoid contextual errors

The 16th National Congress of Internal Medicine 6-9 April 2016. Calimanesti-Caciulata, Romania
Cristian Băicuș, Răzvan Ionescu, Caterina Delcea, Luiza Morar, Alwina Stan, Andrei Voiosu. Young Internists Session – Choosing wisely: At the guideline's crossroads

The 15th National Congress of Internal Medicine 22-25 April 2015, Calimanesti-Caciulata, Romania.

Emma Tintea, Ana-Maria Nebunoiu, Ana Maria Daraban, Caterina Delcea, Bianca Smarandache. An image worth a thousand words

PUBLICATIONS – ABSTRACTS

40 abstracts presented at international congresses, published in international journals.

34 abstracts presented at national congresses, published in national journals.

SCHOLARSHIPS/ AWARDS

1. **3rd Prize for Research in Heart Failure – The 59th National Congress of Cardiology September 16-19th 2020, Romania.** Pericardial effusion – an independent predictor of all-cause long-term mortality in heart failure. Delcea C, Buzea CA, Tocitu AM, Vijan A, Stoichitoiu E, Daha IC, Dan GA.
2. **2nd Prize for Research in Heart Failure – The 58th National Congress of Cardiology September 18-21st 2019, Sinaia, Romania.** Thrombocytopenia – an independent predictor of mortality in heart failure. Delcea C, Buzea CA, Tocitu AM, Stoichitoiu E, Hogeia I, Niculescu LM, Lupan M, Daha I, Dan GA.
3. **2nd Prize for Research in Heart Failure – The 57th National Congress of Cardiology September 19-22nd 2018, Sinaia, Romania.** NT-proBNP la pacientii cu insuficienta cardiaca si boala cronica de rinichi avansata/ NT-proBNP in patients with heart failure and advanced chronic kidney disease. Stoichitoiu LE, Delcea C, Buzea A, Tocitu A, Angheluta S, Dan GA.
4. **Best Case Presentation – The Most interesting Clinical Case – Young Cardiologists' Club – The 57th National Congress of Cardiology September 19-22nd 2018, Sinaia, Romania.** Tromboliza cu succes pentru tromboembolism pulmonar cu risc inalt la o pacienta cu risc hemoragic prin pemfigus vulgar/ Successful thrombolysis for high-risk pulmonary embolism in a patient with extensive pemphigus vulgaris. Vezeteu R, Delcea C, Buzea CA, Costangioara V, Neuhoff I, Dan GA.
5. **Plenary Session Second Prize – The 13th Young European Scientist Meeting, September 13-16th 2018, Porto, Portugal.** Does left ventricular aneurysm influence survival in patients with heart failure and a history of myocardial infarction? Hogeia ICG, Delcea C, Niculescu LM, Buzea A, Tocitu A, Stoichitoiu E, Lefter A, Popescu R, Dan GA.
6. **Internal Medicine Poster Presentation Honorable Mention – The 13th Young European Scientist Meeting, September 13-16th 2018, Porto, Portugal.** R2CHADS2 – a better predictor than CHADS2 and CHA2DS2-VASc for long-term all-cause mortality in heart failure patients. Niculescu LM, Delcea C, Hogeia ICG, Buzea A, Dobranici M, Vijan A, Andrus A, Ailenei M, Moise A, Angheluta S, Dan GA.
7. **2nd Prize for Research in Heart Failure – The 56th National Congress of Cardiology September 20-23rd 2017, Sinaia, Romania.** Valoarea crescută a troponinei ca factor predictor în insuficiența cardiacă cu fracție de ejeție păstrată/ Elevated troponin as a risk predictor in heart failure with preserved ejection fraction. Tocitu AM, Delcea C, Buzea A, Breha A, Andrus A, Daha I, Dobranici M, Popescu RA, Dan GA.
8. **Best Case Presentation – The 16th European Congress of Internal Medicine 2017, Milan, Italy, August 31st- September 2nd 2017.** Diagnosis hidden in the gums: The Burton line. Delcea C, Postelnicu R, Baicus C.
9. **3rd Prize – Oral Presentation – Medical International Conference for Students 2017, Bucharest, Romania, April 2017.** Sometimes is really is lupus, and then some. Ciobanu G, Dima A, Postelnicu R, Dumjitreanu B, Popescu D, Parvu M, Baicus C, Dan GA, Delcea C.

10. **2nd Place – Best Case Presentation – The 15th European Congress of Internal Medicine, Amsterdam, The Netherlands, September 2 – 3rd 2016.** Histiocytosis X Files: Take my breath away. Delcea C, Stroescu C, Dumitrache-Rujinski S, Erhan I, Bogdan M.
11. **Certificate for Academic Excellence – Salzburg Columbia University Seminar - Internal Medicine – July 17th – 23rd 2016**
12. **Certificate for Excellent Case Presentation – Salzburg Columbia University Seminar - Internal Medicine – July 17th – 23rd 2016.** An answer to paralysis? K!
13. **3rd Place – Original Papers – The 15th National Congress of Internal Medicine, Călimănești-Căciulata, Romania, April 23-25th 2015.** The role of ventricular late potentials in evaluating the arrhythmic substrate of patients with COPD/ Rolul potențialelor ventriculare tardive în evaluarea substratului aritmic al pacienților cu BPOC. Buzea A, Delcea C, Balea MI, Gologanu D, Iernici A, Dan GA.
14. **3rd Place – Young Internists – The 15th National Congress of Internal Medicine, Călimănești-Căciulata, Romania, April 23-25th 2015.** Anemia, the main determinant of fatigue in patients with SLE/ Anemia, principalul determinant al oboselei la pacientii cu LES. Dima A, Delcea C, Bălănescu E, Jurcuț C, Nicolau A, Badea C, Nițescu D, Caraiola S, Pompilian V, Bălănescu P, Ionescu R, Băicuș C, Dan GA.
15. **Daniel Danielopolu Award** of the Romanian Society of Internal Medicine for Young Internists 2014
16. **FDIME Scholarship** (Foundation for the Development of Internal Medicine in Europe) to participate in the 23rd Edition of the European Internal Medicine Winter School
17. **FDIME Scholarship** (Foundation for the Development of Internal Medicine in Europe) to participate in the 10th Edition of the Clinical Research Seminar 2014
18. **3rd Place – Hematology/ Oncology Session – 21st European Students' Conference 2010, Berlin, Germany.** The involvement of hepatitis viruses on ethiopathology of lymphoproliferative disorders – a retrospective analysis. Ion IM, Delcea C, Nistor SI, Iliescu MC, Ciufu C, Vladareanu AM
19. **Special Mention – Oral Session of Oncology and Molecular Medicine - 5th Young European Students Meeting 2010, Porto, Portugal.** Prospective analysis of patients with hepatitis viruses and chronic lymphoproliferative disorders. Ion IM, Delcea C, Nistor SI, Iliescu MC, Ciufu C, Vladareanu AM, Arama V.
20. **1st Place, Poster Session - 4th Young European Students Meeting 2009, Porto, Portugal.** Assessment of relationship between antiphospholipid antibodies and migraine –a retrospective analysis of patients with inflammatory connective tissue diseases. Ion IM, Nistor SI, Delcea C, Iliescu MC, Tanasescu R.
21. **3rd Place, Medical Sciences Session - “Medis 2008”, al 12-lea Congres Internațional pentru Studenți și Tineri Medici, Timișoara, Romania.** High cellularity GIST with neural differentiation arising from Meckel’s diverticulum –case presentation. Gheorghe-Guta A, Nistor SI, Ion IM, Delcea C, Iliescu MC.