



# IONESCU Claudiu Gabriel

About me: I am a resident doctor in the field of Adult Psychiatry and a PhD student whose current focus is psychosomatic disorders, personality disorders and suicidal prevention approaches. I am also a Teaching Assistant at the Medical Psychology Department keeping in touch with student`s interests towards behavioural sciences and medical communication.

## ● WORK EXPERIENCE

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01/10/2018 - 09/2019

**TEACHING ASSISTANT** - PHYSIOLOGY I DEPARTMENT, CAROL DAVILA UNIVERSITY OF MEDICINE AND PHARMACY

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Bucharest, Romania

01/01/2017 - CURRENT

**RESIDENT DOCTOR** - ALEXANDRU OBREGIA PSYCHIATRY HOSPITAL

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Resident Doctor in General Psychiatry

Final Grade- 817/950

Bucharest, Romania

01/10/2019 - CURRENT

**TEACHING ASSISTANT** - MEDICAL PSYCHOLOGY DEPARTMENT, „CAROL DAVILA” UNIVERSITY OF MEDICINE AND PHARMACY

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BUCHAREST

## ● EDUCATION AND TRAINING

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01/10/2017 - CURRENT - Bucharest, Romania

**PHD STUDENT** - Carol Davila University of Medicine and Pharmacy

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### Field(s) of study

- Physiology

Correlation between sleep disorders and somatic complaints among patients with psychiatric illness

01/10/2010 - 01/07/2016 - Bucharest, Romania

**MEDICAL DOCTOR (MD)** - Faculty of General Medicine, Carol Davila University of Medicine and Pharmacy

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General Medicine

Scholarship-4/6 years

Final Grade-9,33

Graduated Position- 93/890

15/09/2006 - 15/06/2010 Pitesti, Arges, Romania

**GRADUATE** - Zinca Golescu National Highschool

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## ● PUBLICATIONS

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### Articles

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#### ISI-indexed articles

- **Ionescu C.**, Popa-Velea O., Mihăilescu A., Tălășman A., Bădărău I., , „Somatic Symptoms and Sleep Disorders: A Literature Review of Their Relationship, Comorbidities and Treatment”, *Healthcare*, 9, 1128, 2021, e-ISSN: 2227-9032, IF:2.64 <https://www.mdpi.com/journal/healthcare>
- Popa-Velea O., **Ionescu C.**, Soare T., Zamfir A., Dobra A., Bobîrnac G., Spînu D., Gheorghe D., , „Associations between intimate partner violence, dysfunctional attachment style and alexithymia at women displaying somatoform disorders”, *Romanian Journal of Legal Medicine*, 28, 406-411, 2020, e-ISSN 1844-8585, [Romanian Journal of Legal Medicine \(rjlm.ro\)](http://RomanianJournalofLegalMedicine(rjlm.ro))
- Popa-Velea O., Pristavu C., **Ionescu C.**, Mihăilescu A., Diaconescu L., , „Teaching Style, Coping Strategies, Stress and Social Support: Associations to the Medical Students' Perception of Learning during the SARS-CoV-2 Pandemic”, *Education Sciences*, 11, 414, 2021, e-ISSN: 2227-7102, IF: 2.15 <https://www.mdpi.com/journal/education>

#### BDI-indexed articles

- **Ionescu C.**, Talașman A., , „Somatization disorder and the issue of stigmatization among psychiatric patients”, *Romanian Journal of Psychiatry*, 2, p.99-102, 2019, e-ISSN: 2068-7176, <https://www.romjpsychiat.ro/>
- **Ionescu C.**, Talașman A., Bădărău I., , „Somatization and sleep quality on patients with commorbid anxiety/ depression”, *Maedica-A Journal of Clinical Medicine*, (16) 2, p.11-19,2021, e-ISSN: 2069-6116, [MÆDICA – a Journal of Clinical Medicine – a Journal of Clinical Medicine \(maedica.ro\)](http://MÆDICA-aJournalofClinicalMedicine-maedica.ro)
- Talașman A., **Ionescu C.**, Manea M., Tuță S., „Somatic delusional disorder in a patient with idiopathic normal pressure hydrocephalus”, *Romanian Journal of Psychiatry*, 1, p.98-104, 2020, e-ISSN: 2068-7176 <https://www.romjpsychiat.ro/>
- Talașman A., **Ionescu C.**, Tudose C., „Factorii psihopatologici si afecțiunile dermatologice cronice. Perspectiva psihiatrului”, *Medica Academica*,5-8, Supliment Septembrie, 2019, e-ISSN: 2068-1747, <https://medicaacademica.ro/>

### Books

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- Popa-Velea O., Diaconescu L., Mihăilescu A., Jidveian Popescu M., Truțescu C., **Ionescu C.**, Stan S., Pană M., Capitolul „Psychological correlations of pain”, *Health Psychology and Medical Communication*, Carol Davila University Press, Bucuresti, 2020, ISBN: 978-606-011-158-0
- **Ionescu C.**, „Ce am când nu am nimic-scurt ghid al somatizărilor”, Editura Trialog, Pitești, 2021, ISBN: 978-973-0-35129-3

## ● PRESENTATIONS

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### Presentations

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- **Ionescu C.**, Popa-Velea O., „Sleep disorders and their correlation with psychiatric comorbidity in patients with somatic symptoms disorder: a cross-sectional study”, *International Congress of Behavioural Medicine*, 2021 ISI-indexed proceedings, Glasgow, United Kingdom
- **Ionescu C.**, Talașman A., „Somatization in the time of COVID-19- a review on its prevalence, diagnosis and approach”, v- *Congresul National de Psihiatrie*, 2021, Cluj-Napoca, Romania
- **Ionescu C.**, Talașman A., „Impactul pandemiei COVID-19 asupra aparținătorilor persoanelor cu demență Alzheimer` `”, v-*Congresul National Alzheimer*, 2021, București, Romania
- **Ionescu C.**, Mihăilescu A., „Somatization disorder-a multidisciplinary approach”, *Zilele Educației Medicale*, 2021, București, Romania
- Talașman A., **Ionescu C.**, „Simptomele somatice în tulburarea depresivă” *Zilele Spitalului de Psihiatrie „Prof. Dr. Alexandru Obregia”*, 2019, București, Romania
- Tudose C., **Ionescu C.**, Talașman A., „Abordarea tulburărilor epileptice în perspectiva psihiatrului.”, *Congresul de Neurologie Pediatrica*,2019, București, Romania

## ● PROJECTS

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### Clinical and therapeutical medical protocols

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- „ Protocolul terapeutic si de abordare al bulimiei nervoase”, Ana A. Talașman, Laura Brezeanu, **Claudiu G. Ionescu**, Spitalul Alexandru Obregia, 2019, Bucharest
- „ Protocolul terapeutic si de abordare al anorexiei nervoase”, Ana A. Talașman, Laura Brezeanu, **Claudiu G. Ionescu**, Spitalul Alexandru Obregia, 2019, Bucharest

01/10/2020 - CURRENT

## **Mentoring and Academic Tutoring**

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Official Mentor and Academic Tutor of First-year Medical Students in „Carol Davila" University of Medicine and Pharmacy, Faculty of Medicine-Seria nr.4

## ● **CONFERENCES AND SEMINARS**

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17/03/2021 - Carol Davila University of Medicine and Pharmacy

Workshop- „Somatization disorder- a multidisciplinary approach"- Zilele Educatiei Medicale, 2021

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## ● **HONOURS AND AWARDS**

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27/02/2021

**Best e-Poster presentation - Romanian Alzheimer Society**

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- e-Poster „Impactul pandemiei COVID-19 asupra aparținătorilor persoanelor cu demență Alzheimer" ` ` **Claudiu Gabriel Ionescu**, Anca Talașman, v- CNAIz, 2021, Bucharest, Romania

## ● **NETWORKS AND MEMBERSHIPS**

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### **Memberships**

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2018 - CURRENT

**Romanian Association of Psychiatry and Psychotherapy**

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2017 - CURRENT

**European Association of Psychosomatic Medicine**

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2019 - CURRENT

**Neuroscience Education Institute**

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USA

## ● **COURSES**

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### **Courses**

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- „Depression. Practical aspects and therapeutic novelties" ` ` ,Inomedica, 26.07.2019
- Keeping up With the Clinical Advances: Schizophrenia, Neuroscience Education Institute, 27.08.2019
- Burnout Syndrome, Inomedica, 11.05.2020

## ● **JOB-RELATED SKILLS**

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### **Job-related skills**

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Resident doctor-training in the field of Psychiatry and Psychotherapy, with special interests in psychosomatic disorders, cluster B personality disorder and suicidal prevention  
PhD Student-preparing a scientific research project  
Teaching assistant- teaching classes among English and Romanian 1st and 2nd year students Module in the field of Medical Psychology and Behavioural Sciences

## • COMMUNICATION AND INTERPERSONAL SKILLS

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### Communication and interpersonal skills

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excellent communication skills  
critical thinker with effective researching skills  
flexible team player leadership skills developed through work experience

## • LANGUAGE SKILLS

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Mother tongue(s): ROMANIAN

Other language(s):

|                | UNDERSTANDING |         | SPEAKING          |                    | WRITING |
|----------------|---------------|---------|-------------------|--------------------|---------|
|                | Listening     | Reading | Spoken production | Spoken interaction |         |
| <b>ENGLISH</b> | B2            | B2      | B2                | B2                 | B2      |
| <b>FRENCH</b>  | B2            | B2      | B2                | B2                 | B1      |
| <b>SPANISH</b> | B2            | B2      | B1                | B2                 | A2      |

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

## • HOBBIES AND INTERESTS

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Cycling

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Gardening

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Photography

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## • DRIVING LICENCE

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Driving Licence: B

07.01.2022