



## CURRICULUM VITAE

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*Name:* Paraschiva POSTOLACHE, MD, PhD, FCCP

**"Grigore T. Popa" University of Medicine and Pharmacy, Iasi, Romania:** Associate Professor Doctor at the Medical Department;

**Rehabilitation Clinical Hospital, Iasi, Romania:** Head of the Respiratory Rehabilitation Clinic, and Coordinator of the Smoking Cessation Center; Senior Physician in Internal Medicine, in Clinical Pharmacology, in Pneumology; Specialist Physician in Medical Rehabilitation, and Smoking Cessation Adviser;

**Romanian Pneumology Society (RPS), Romania:** Founder and Secretary of the Pulmonary Rehabilitation Working Group of the RPS and Member of the Romanian Pneumology Society Board;

**Romanian Ministry of Health, Romania:** Member of the "STOP FUMAT/Smoking Cessation" National Program; National Medical Expert in Clinical Pharmacology and Toxicology and European Expert in Disabilities and Rehabilitation;

**CHEST Board of Regents, USA:** Former Chair, CHEST Council of Global Governors; Former Member of ACCP/CHEST Pulmonary Physiology, Function, and Rehabilitation NetWork Steering Committee; Member of the CHEST Council of Global Governors for a second term, CHEST Governor for Romania; Fellow (FCCP);

**European Respiratory Society:** Former GOLD National Leader for Romania.

### Education and Training:

#### Undergraduate:

- 1976 – 1979: Nursing High School, Galati, Romania (High School Graduation Diploma)

#### Graduate:

- 1980 – 1986: Faculty of Medicine, "Grigore T. Popa" University of Medicine and Pharmacy (UMP), Iasi, Romania (Graduation Diploma: Medical Doctor, MD)

#### Postgraduate:

- 1990 – 2000: "Grigore T. Popa" UMP, Iasi, Romania (PhD in the Clinical Pharmacology)

- 1986 – 1989: “C. I. Parhon” Clinical Hospital, Iasi (Trainee Physician)
- 1989 – 1990: Medical Unit Ruginoasa, Iasi (General Practitioner)
- 1991 – 1994: “Grigore T. Popa” UMP, Rehabilitation Clinical Hospital, Iasi (Residency in Internal Medicine)
- 1991 – 2002: “Grigore T. Popa” UMP, Rehabilitation Clinical Hospital, Iasi (Residency in Pulmonology)
- 1991 – 1996: “Grigore T. Popa” UMP, Rehabilitation Clinical Hospital, Iasi (Residency in Clinical Pharmacology)
- 1998: “Grigore T. Popa” UMP, Rehabilitation Clinical Hospital, Iasi (Chief Consultant/Senior in Internal Medicine)
- 2000: “Grigore T. Popa” UMP, Rehabilitation Clinical Hospital, Iasi (Chief Consultant/Senior in Clinical Pharmacology)
- 2000 – present: “Grigore T. Popa” UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (PhD in Medical Sciences: “Contributions to modern treatment of bronchial asthma”)
- 2000 – 2001: “Grigore T. Popa” UMP, Pulmonology Clinical Hospital, Iasi (Competence in Bronchial Endoscopy)
- 2002 – 2009: “Grigore T. Popa” UMP and Rehabilitation Clinic Hospital: Specialist in Pulmonology
- 2003 – 2004: “Carol Davilla” UMP, “M. Nasta” Pulmonology Institute, Bucharest, Romania (Competence in Respiratory Functional Explorations)
- 2004 – 2005: “Carol Davilla” UMP, “M. Nasta” Pulmonology Institute, Bucharest, Romania (Specialization in Counseling for Smoking Cessation)
- 2007 – 2009: “Grigore T. Popa” UMP, Pulmonology Clinical Hospital, Iasi (Master in Bioengineering of the Rehabilitation)
- 2007 – 2008: “Grigore T. Popa” UMP, Pulmonology Clinical Hospital, Iasi (Competence in Health Systems Management)
- 2009 – present: “Grigore T. Popa” UMP and Rehabilitation Clinic Hospital: Chief Consultant/Senior in Pulmonology
- 1996 (three months: from September 20 to December 20): TEMPUS Fellowship in Clinical Pharmacology (Pulmonary and Cardiovascular Clinical Pharmacology), “Paris XI” University, Paris, and University from Montpellier, France
- 2014: “Grigore T. Popa” UMP and Rehabilitation Clinic Hospital: Specialist in Medical Rehabilitation.
- Post-university training stages and lectures in *Clinical Pharmacology, Pulmonary Medicine, Sleep Disorders and Tobacco, Clinical Immunology, “Medical Writing and Editing”, Internal Medicine, Cardiology, Treatment of Pain, Diabetes and Diseases of Nutrition, Clinical Epidemiology, International Course on Immunology, Human Genetics and Pharmacology in Romania, Paris (France), Chicago (USA), Tel Aviv (Israel), Sydney (Australia), “How to write a basic technical paper”, “Writing Great Papers in International Journals - An Introduction for Researchers”( Wiley 2014, Iasi, Romania); “Leadership Development Course” (CHEST 2015, Saturday, October 24, Montreal, Quebec, Canada), “Pulmonary Rehabilitation and Quality of Life” and “Small Airways Disease - Onset Obstructive Bronchial Pathology Patents” (The Congress of the Romanian Society of Pneumology, October 5, 2016, Poiana Brasov, Romania), “Educator Development Course” (CHEST Annual Congress 2016, Saturday, October 22, in Los Angeles, California, USA) and “Chronic Obstructive Pulmonary Disease, Professional Representatives Education Program”*

*(CHEST Annual Congress 2016, Sunday, October 23, in Los Angeles, California, USA); CHEST Congress, 7 – 9 June 2017, in Basel, Switzerland and CHEST Annual Congress, October 28 – November 01, 2017, in Toronto, Canada; CHEST Annual Congress, October 6 -10, 2018, in San Antonio, Texas, CHEST World Congress: March 21-24, 2014, in Madrid, Spain; April 15 -17, 2016, in Shanghai, China and April 10 -12, 2019, in Bangkok, Thailand, "Leadership Development Course" (CHEST 2019, Saturday, October 19, in New Orleans, Louisiana, USA, "Seminar on Traditional Chinese Medicine Health-care for Developing Countries" sponsored by the Ministry of Commerce of the People's Republic of China and organized by Xiyuan Hospital of China Academy of Chinese Medical Sciences (August 18 – 31, 2021) etc.*

*- Invited/Guest Lecturer (Invited/Guest Speaker) at national scientific meetings with international participation.*

### **Appointments and Position**

#### **Academic:**

- 1991 – 1998: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Assistant Professor)
- 1991 – 1996: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Member at 9 Scientific Grants of Medical Sciences Academy, S.C. Sintofarm S.A. and Ministry of Research and Technology, Bucharest, Romania)
- 1998 – 2004: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Senior Lecturer)
- 1998 – 2010: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Head of Department)
- 2001 – 2003: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Director at 6 Clinical Therapeutics Research Grants in collaboration with S.C. Medica Media S.R.L. Bucuresti and S.C. Mader S.R.L. Italy: Comparative bioequivalence studies of two different preparations of Cyclosporin 100 mg, Amiodarone 200 mg, 100 mg Spironolactone, Losartan 50 mg, Ramipril 5 mg, Alendronate 70 mg)
- 2010 – Present: "Grigore T. Popa" UMP, Medical Department of Faculty of Medicine, Iasi
- 2004 – Present: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Associate Professor)
- 2006: - 8 non-interventional postmarketing studies of new drugs (Principal Investigator)
- 2006 – 2010: "Grigore T. Popa" UMP, Faculty of Medical Bioengineering, Iasi (Member in the Faculty Board)
- 2005 – Present: "Grigore T. Popa" UMP, Iasi (Training Program Director in Clinical Pharmacology, Pulmonology and Smoking Cessation)
- 2005 – Present: "Grigore T. Popa" UMP, Department of Internal Medicine, Pulmonology and Clinical Pharmacology, Iasi (Member Clinical Therapeutics Research Program)
- 2000 – Present: Coordinator of the Students' Scientific Group of the Clinical Pharmacology, Internal Medicine and Pulmonary Rehabilitation since 2007, "Grigore T. Popa" University of Medicine and Pharmacy, Iasi, Romania
- 2008 - 2012: 3 clinical trials of new drugs (Director of Studies/Principal Investigator)
- 2006 – Present: 8 scientific grants (2 international)
- 2015 – Present: Coordinator of the Pulmonary Rehabilitation Scientific Circle - Society of Physicians and Naturalists Iasi

### Non-Academic:

- 1991 – 1994: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Specialist in Internal Medicine)
- 1991 – 1996: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Specialist in Clinical Pharmacology)
- 1998 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Chief Consultant/Senior Physician in Internal Medicine)
- 2000 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Chief Consultant/Senior Physician in Clinical Pharmacology)
- 2001 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Competence in Bronchial Endoscopy)
- 2002 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Chief Consultant/Senior Physician in Pulmonology)
- 2002 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Head of Drugs and Pharmacovigilance Department)
- 2004 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Competence in Functional Respiratory Explorations)
- 2005 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Adviser in Smoking Cessation)
- 2005 – Present: Rehabilitation Clinical Hospital, Pulmonary Rehabilitation Clinic, Iasi (Coordinator of the Smoking Cessation Center)
- 2005 – 2007: Rehabilitation Clinical Hospital, Iasi (National Coordinator at the European Project: “Smoke-Free Hospital-European NetWork”)
- 2006 – June 1, 2012: Founder and Secretary of the Working Group of Respiratory Rehabilitation of Romanian Society of Pneumology;
- June 1, 2012 – November 8, 2020: Founder and Coordinator of the Working Group of Respiratory Rehabilitation of Romanian Society of Pneumology;
- 2007 – Present: Rehabilitation Clinical Hospital, Iasi (Member at National Health Program: “STOP FUMAT/Smoking Cessation” of the Public Health Ministry from Romania);
- 2008 – Present: Head of Respiratory Rehabilitation Clinic of the Rehabilitation Clinic Hospital, Iasi;
- 2010 – 2012: Member of the Board of Tabacology Section of Romanian Society of Pneumology;
- 2012 – 2014: Member of the Board of Respiratory Pathophysiology Section of Romanian Society of Pneumology;
- 2012 – November 8, 2020: Member of Romanian Society of Pneumology Board;
- 2014 - present: Rehabilitation Clinical Hospital, Iasi (Specialist in Medical Rehabilitation);
- 2014 – present: Review Commission of the Professional Skills of Employees at Rehabilitation Clinical Hospital;
- 2017 (February 6 / Decision No.5 and Decision No. 137/February 11, 2021) – present: Ethics Committee Chairman of the Rehabilitation Clinical Hospital, Iasi;
- 2016 – present: Member of the Monitoring, Coordination and Methodological Guidance Commission for Development of the Managerial Control System of the Rehabilitation Clinical Hospital, Iasi;
- November 8, 2020 – present: Founder and Secretary of the Working Group of Respiratory Rehabilitation of Romanian Society of Pneumology;

- April 19, 2021 - present: Romanian Ministry of Health, Romania: National Medical Expert in Clinical Pharmacology and Toxicology, Order of the Minister of Health no. 523/19 April 2021, published in the Official Monitor of Romania, Part I, no. 429 bis / 23 April 2021;
  - August 8, 2021 – present: Romanian Ministry of Health, Romania: European Expert in Disabilities and Rehabilitation, Order of the Minister of Health no. 1474/ 05.08.2021, published in the Official Monitor of Romania no. 779/ 12.08.2021
- November 1, 2022 – present: Member of the Romanian Pneumology Society Board

*Paraschiva A. POSTOLACHE, MD, PhD, FCCP, is a member of the American College of Chest Physicians (ACCP) since 2005 and a Fellow (FCCP) of the ACCP since August 2006 and has held the following ACCP officer positions:*

1. Member of the CHEST Council of Global Governors (I was elected), November 1, 2019 – October 31, 2021, USA; CHEST Global Governor for Romania; and for a second term until October 31, 2023);
2. Member of the CHEST Council of Global Governors for a second term, November 1, 2015 – October 31, 2019, USA; CHEST Global Governor for Romania;
3. Chair, CHEST Council of Global Governors in CHEST Board of Regents (November 1, 2014 – October 31, 2015);
4. Member on the CHEST Pulmonary Physiology Function and Rehabilitation NetWork Steering Committee (November 1, 2014 – October 31, 2018 – 2 terms);
5. Chair, CHEST Council of Global Governors, USA (November 1, 2013 – October 31, 2014) – CHEST Board of Regents, Regents-at-Large;
6. Vice-Chair, ACCP Council of Global Governors, USA (November 1, 2012 – October 31, 2013) – ACCP Board of Regents, Ex Officio;
7. Vice-Chair, Council of International Regents and Governors of the ACCP, USA (November 1, 2011 - October 31, 2012) – ACCP Board of Regents, Regents-at Large;
8. Member of ACCP Board of Regents, Regents-at-Large, USA (November 1, 2011 – October 31, 2014);
9. Member of CHEST Council of Advisors, USA (November 1, 2011 – October 31, 2014);
10. Member of the Global Education and Development Committee of the ACCP, USA (June 1, 2011 - May 31, 2013);
11. Member of ACCP Global Nominating Committee, 2013, USA;
12. CHEST Global Governor for Romania, Member of CHEST Council of Global Governors, USA (November 1, 2012 – October 31, 2015);
13. International Regent for Romania, Council of International Regents and Governors of the ACCP, USA, two terms of three years (November 1, 2008 – October 31, 2012); the First Term between November 1, 2008 and October 31, 2011 and the Second Term between November 1, 2011 and October 31, 2012, when the International Regent term was replaced by the Global Governor;
14. International Governor for Romania, Council of International Regents and Governors of the ACCP, USA (2006 - 2008);
15. Member in the Committee of the Abstract and Global Case Report Review/Grading Process (Evaluating and Grading Abstracts and Cases Report) and Session Building Plan for the CHEST 2013 Annual Meeting, October 26 – 31, Chicago, IL, USA (April 1 – 22, 2013);
16. Member in the CHEST World Congress Session Topic Grading (Evaluating and Grading

- Topics for the CHEST World Congress), March 21- 24, 2014, Madrid – Spain (May 24 – June 3, 2013);
17. Member in the Committee of the Abstract and Case Report Review/Grading Process (Evaluating and Grading Abstracts and Cases Report) for the CHEST World Congress 2014, Madrid, Spain (September 18 – October 1, 2013);
  18. Moderator at CHEST World Congress 2014, Madrid, Spain, Sunday, March 23, 2014 from 1:15 to 2:15 pm;
  19. Member in the Committee of the Abstract and Case Report Review/Grading Process for the CHEST 2014 Annual Meeting, Austin, Texas (April 8-22, 2014);
  20. Member of CHEST Committee to Update the Cough Guidelines as a Peer Reviewer, 2013-2014;
  21. Session Moderator Expert at CHEST 2014 Annual Meeting (Austin, Texas; Tuesday, October 28, 2014 from 1:30 to 1:30 pm);
  22. I was a volunteer at CHEST Foundation organized actions in the years 2012, 2013 and 2014;
  23. Member in the Online Session Grading Process for the CHEST 2015 Annual Meeting Network Highlights, Montréal, Québec, Canada, October 24 – 28, 2015 (CHEST 2015 Annual Meeting Session Review, December 13, 2014 – January 12, 2015);
  24. Member in the Abstract and Case Report Review/Grading Process for the CHEST 2015 Annual Meeting, Montréal, Québec, Canada, October 24 – 28, 2015 (CHEST 2015 Annual Meeting Session Abstract/Case Report Grading, April 10 – 24, 2015);
  25. Member in the CHEST World Congress (CWC) 2016 Session Reviewer Training/Volunteering To Grade Session Submissions for CHEST World Congress 2016, Shanghai, China, April 15 - 17, 2016 (CWC 2016 Session Submissions Review, June 1 - 22, 2015);
  26. CHEST 2015 Moderator of the Miscellaneous Global Case Reports Session (CHEST 2015 Annual Meeting, Montréal, Québec, Canada, Tuesday, October 27, 2015, from 1:30 to 2:30 pm).
  27. CHEST 2015 Moderator of the Pulmonary Rehabilitation Posters Session (CHEST 2015 Annual Meeting, Montréal, Québec, Canada, Wednesday, October 28, 2015, from 1:30 to 2:30 pm).
  28. Member in the Abstract and Case Report Review and Grading Process for the CHEST World Congress 2016, Shanghai, China, April 15 - 17, 2016 (September 19 – 30, 2015).
  29. Member in the Online Session Grading Process for the CHEST 2016 Annual Meeting, October 22 – 26, Los Angeles, California (CHEST 2016 Annual Meeting Session Review Site, January 12 – 20, 2016).
  30. Volunteer Member at “Champions for Lung Health Day” (she offered free COPD screening using handheld spirometers), organized by the CHEST Foundation in Los Angeles, California, USA, Sheraton Hotel, Saturday, October 22, 2016, at CHEST Annual Meeting 2016 (<https://youtu.be/aSIJxXA-QhM>).
  31. Member in the Online Session Grading Process of CHEST 2017 General Session Topics (Case-Based Discussion Session / Clinical Controversy / Interactive Session / Interdisciplinary Program / Panel Discussion / Plenary Presentation) (CHEST Annual Meeting 2017, October 28 – November 1, Toronto, ON, Canada; CHEST Annual Meeting 2017 Session Review Site, December 28, 2016 – January 6, 2017), <http://www.abstractsonline.com/sessions/mySessions.asp?MID=4330&>

AID=70&UKey=&AcctKey={042B9A75-21CE-4444-948E-646F9FB9C669}

32. Member in the Abstract and Case Report Review/Grading Process for the CHEST 2017 Annual Meeting, Toronto, Canada, October 28 – November 1, (April 10-21, 2017, via the online Review Center module, located at <https://chest2017.abstractcentral.com>).
33. Moderator of the Session ID 4088, ORIGINAL INVESTIGATIONS: New Perspectives in COPD Morbidity, Convention Center – 601 A, Sunday, October 29, 2017, 7:30 AM – 8:30 AM, CHEST Annual Meeting 2017, Toronto, ON, Canada, <http://chestmeeting.chestnet.org/Program/CHEST-2017-Program>
34. Member (Volunteer) in the Online Session Grading Process for the Upcoming CHEST 2018 Annual Meeting, October 6 – 10, San Antonio, Texas (CHEST 2018 Annual Meeting Session Review Site, February 26 - March 16: Grading and March 19 - April 18: Sessioning); Volunteer to review Abstracts (Original Investigations) and Case Report: Medical Student/Resident Case Reports CHEST 2018 (I was a reviewer for 19 abstract and case reports submission for CHEST 2018: <https://chest.planion.com/Web.Admin/Post?CKEY=100872182&CONF=ABS18&ABSREVIEWED=TRUE&MENUFOCUS=ABSREVIEWED>).
35. CHEST 2019 Abstract Review Assignments; Thank you for agreeing to review 55 abstract and case report submissions for CHEST 2019! Below you will find a direct link to your submissions to be reviewed (20.03.2019 – 05.04.2019): Reviewer Master Abstract Report 2019 Call for Original Investigations, Case Reports, and Case Puzzlers 4/3/2019 (CHEST 2019 Abstract Review Reminder: Thank you again for reviewing abstracts and case reports for CHEST 2019! You have 55 submissions left to review and can find those here: Click Here. We're asking for all reviews to be completed by Sunday, April 7). CHEST Annual Meeting 2019, New Orleans, October 19 – 23, <https://planion.com/Web.Admin/Post?CKEY=7H503H83H&CONF=ABS19&ABSREVIEWED=TRUE&MENUFOCUS=ABSREVIEWED> Paraschiva Postolache, MD, PhD, FCCP - ABS19 (18 Original Investigations and 55 Case Reports and Case Puzzlers) Case Report Case Report type: Medical Student/Resident Case Reports; Please select your submission type: Abstract (Original Investigations).
36. Moderator of the Session ID 4080, ORIGINAL INVESTIGATIONS, Learning Category: Learning Category I - Traditional Education and Learning; Learning Sub-Category: Scope of Practice- Pulmonary Education; Primary Category: Diffuse Lung Disease: "COPD: Reducing Exacerbations and Improving Treatment Outcomes", Ernest N. Morial Convention Center-292, Monday, 10/21/2019, 1:30 pm - 2:30 pm, CHEST Annual Meeting 2019, New Orleans, USA, October 19-23, <https://chest.planion.com/Web.User/SpeakerPortal?account=CHEST&conf=AM2019&CKEY=493K34K4C&K99=X>
37. Volunteer Member in the Online Session Grading Process for the Upcoming CHEST 2020 Annual Meeting, October 17-21, 2020, Chicago, IL (CHEST 2020 Annual Meeting Session Review Site: Grading: June 9 - 21, 2020); Volunteer member to review 37 abstracts and case report submissions for CHEST 2020/Abstracts CHEST 2020 Abstract Review Assignments; <https://chest.planion.com/Web.Admin/Post?CKEY=189191138&CONF=ABS20&ABSTOREVIEW=TRUE&MENUFOCUS=ABSTOREVIEW> Paraschiva Postolache, MD, PhD, FCCP - ABS20 (37 abstracts/ 06.11.2020).
38. Volunteer Member in the Online Session Grading Process for the Upcoming CHEST Congress 2022 to be held 3-5 February in Bologna, Italy; Volunteer member to review 35

abstracts and case report (oral presentation, short oral E-poster presentation, E-poster viewing only) submissions for CHEST Congress 2022/ Abstract Review for CHEST Congress 2022 to be held 3-5 February in Bologna, Italy; CHEST Congress 2022 Session Review Site: [https://cpaper.ctimeetingtech.com/wchest22/rating?entity\\_type\\_id=25](https://cpaper.ctimeetingtech.com/wchest22/rating?entity_type_id=25), Grading September 14 – 28, 2021.

#### **Courses taught and practical lessons:**

- Clinical Pharmacology, Pulmonology, Medical Rehabilitation and Internal Medicine for undergraduate/postgraduate students;
- Clinical Pharmacology, Pulmonology, Medical Rehabilitation and Internal Medicine for residents and specialists;
- Methodology of documentation and scientific research for undergraduate students;
- Clinical Pharmacology and Pulmonology for patients.

#### **Research interests:**

- Research in cardiopulmonary clinical pharmacology;
- Pharmacological treatment of respiratory and cardiovascular diseases;
- Bronchial Asthma, COPD, Sleep Disorders, Smoking Cessation;
- Rehabilitation treatment of respiratory and cardiovascular diseases;
- Cardiovascular diseases.

#### **Scientific activity:**

- Papers communicated or accepted at internal and international congresses.
  - Extensive published papers: 165 (ISI indexed and in international databases), Abstracts: 600, Communicated papers: 995, Books: 25 (in national and international publishing houses, USA);
- Peer reviewer for the:

1. **International Journal of Educational Policy Research and Review (IJEPRR)**, Nigeria, ISSN (online) 2360-7076, Journal is indexed by Google scholar (<http://www.journalissues.org/IJEPRR/>), Invitation to Peer Review: IJEPRR-15-015, May 4, 2015 (revised in May 19, 2015); Invitation to Peer Review: IJEPRR-15-016, May 15, 2015 (revised in May 19, 2015);

2. **Merit Research Journal of Medicine and Medical Sciences (MRJMMS)**, Nigeria, ISSN: 2354-323X, (ISI Impact Factor = 1.206) (GIF 2013: 0.615) (GIF 2014: 0.786) (<http://www.meritresearchjournals.org/mms/index.htm>), Invitation to Review Manuscript: MRJMMS-15-147, August 14, 2015 (revised in August 16, 2015);

3. **Chemical Engineering Communications**, US, ISSN 0098-6445 (Print), 1563-5201 (Online), IF 2014 (2015) = 1.104 (<http://www.tandfonline.com/toc/gcec20/current>); Invitation to Review Manuscript ID GCEC-2015-0684, January 7, 2016 (revised in January 16, 2016);

4. **Expert Review of Respiratory Medicine (Expert Rev Respir Med)**, it is registered on **Taylor & Francis Online**, United Kingdom, ISSN: 1747-6348 (Print), 1747-6356 (Electronic), 1747-6348 (Linking), 2015 Impact Factor: 2.176 (© 2015 Thomson Reuters, Journal Citation Reports®) (<http://www.tandfonline.com/loi/ierx20#.V6Iy8aKXAZw>); Invitation to Review/Referee Manuscript ID ERRX-2016-0100, August 3, 2016 (revised in August 21, 2016);

5. **Appointment as External Expert for the COST Open Call (COST = EUROPEAN COOPERATION IN SCIENCE & TECHNOLOGY)**/appointment as External Expert in the



remote evaluation of the following proposals: Proposal Reference -OC-2018-1-22845 (Open Call Collection OC-2018-1-22845), Title: An International Collaboration to progress understanding and management of Exercise induced Laryngeal Obstruction, Acronym: ICP-EILO, June 13, 2018 (I submitted to COST the individual evaluation report on 27.06.2018);

6. **Journal of Plant and Animal Ecology (JPAE)** is an open access peer reviewed journal (open access pub.org, [info@openaccesspub.org](mailto:info@openaccesspub.org)), USA, City: Ranchocordova, CA, ISSN: 2637-6075, <https://openaccesspub.org/journal/jpae>, Invitation to Review Manuscript: The manuscript reference no JPAE-19-2586, January 5, 2019 (revised in January 14, 2019)

7. **European Medical Journal (EMJ)** is an independent, open-access eJournal dedicated to delivering first-class insights into ground-breaking changes, and advancements in medicine (<https://www.emjreviews.com/>), London. Invitation to Review Manuscript: The manuscript E-M-J-D-20-00274, January 4, 2021 (revised in February 1, 2021)

- Member of organizing committees of some scientific reunions:

- "The conference of the students society", Iasi (Romania): 1983, 1984, 1985;
- "National Symposium on Medical Informatics", Iasi (Romania): 1985;
- "Medical Writing and Editing", Iasi (Romania): 1991;
- "The treatment with Beclomet, Cromolyn and Metypred in respiratory pathology", Iasi (Romania): 1993;
- "The drug's day", Iasi (Romania): 1994, 1995, 1996, 1997;
- "Pain therapy", Iasi (Romania): 1992 and Calimanesti (Romania): 1994;
- The Conferences and Symposiums about Clinical Pharmacology, Cessation Smoking, Pulmonary Rehabilitation, Sleep Medicine, TB etc. in the period: 2005 – present, in Iasi, Vaslui, Succava, Bacau, Cluj-Napoca, Bucharest, Targu Jiu, Timisoara, Craiova, Brasov (Romania);
- 5 National Congress with International Participation of Romanian Society of Pneumology (2008, 2010, 2012, 2014, 2016) in Romania (Constanta, Bucuresti, Poiana Brasov, Sibiu, Poiana Brasov);
- 10 Meetings with patients with COPD, asthma, etc. smokers and non-smokers;
- 2008 National Conference with International Participation endorsed by ACCP, Bucharest, Romania;
- 2010 and 2012: National Conferences with International Participation endorsed by ACCP, Iasi, Romania;
- Annual, Pulmonary Rehabilitation Postgraduate Courses in Iasi, Moldova region, Craiova (since 2013, 2019), Brasov (2015, 2016, 2017), Sinaia (2017), Bacau (2016, 2017), Tg Jiu (2018);
- Greece, Israel, Italy, India meetings endorsed by ACCP (2011 – 2014).

#### **Editorial boards:**

- Member in redactional committees of some medical revues and informative reports:

- "Sinapse" (Synapses), Iasi, Romania: 1992;
- "Medicamentul" (The Drug), Iasi, Romania: 1992-1993;
- "Infomedica", Bucharest, Romania: 1996-1997;
- "Pneumo.ro", Bucharest, Romania: 2007;
- "Therapeutics Pharmacology and Clinical Toxicology" – Member in Romanian Scientific Board since 2008, Bucharest, Romania;

- "Pneumologia": December, 2014 – December 2020, Bucharest, Romania;
- "Archives de l'Union Médicale Balkanique": January, 2015 – 2017, Bucharest, Romania;
- European Medical Journal Editorial Board member - EMJ Respiratory 4.1 October 2016, 2017, 2018, 2019, 2020, 2021 London, UK ([www.emjreviews.com](http://www.emjreviews.com));
- The Medical-Surgical Journal/Revista Medico-Chirurgicala, Iasi, Romania, in Board since 2015 and in Editorial Board since September 2016 (<https://www.revmedchir.ro/index.php/revmedchir>);
- ETNA Publishing House, Bucharest, Romania – Editorial Board from 19.10.2018;
- Frontiers in Rehabilitation Sciences – in the Editorial Board of Pulmonary Rehabilitation as Review Editor from July 9, 2020 - present

### **Membership:**

- Member of the following scientific organizations:
  - International Association for the Study of Pain (IASP), 1995 - 2000;
  - EURO-DURG since 1996;
  - Société Française de Pharmacologie et de Thérapeutique (SFP), 1997 - 2005;
  - European Respiratory Society (ERS) since 1997;
  - Romanian Association for the Study of Pain (ARSD), 1991 - 2000;
  - Balcanic Medical Union since 1992;
  - Romanian Society of Pharmacology, Therapeutics and Toxicology since 1996;
  - Romanian Society of Pulmonology since 1991;
  - Romanian Medical Association since 1992;
  - National Society of Cell Biology, 1996 - 1997;
  - Founder of the Pulmonary Rehabilitation Working Group of the Romanian Pneumology Society since 1996;
  - Founder and Secretary of the Pulmonary Rehabilitation Working Group of the Romanian Pneumology Society, 1996 – 2012, 2020 - 2024;
  - Romanian Society of Physiological Sciences, FEPS and IUPS, 1998 - 1999;
  - American College of Chest Physicians (ACCP) since 2005 and Fellow ACCP (FCCP) since 2006;
  - Founder and Coordinator of the Pulmonary Rehabilitation Working Group of the Romanian Pneumology Society, 2012 – 2020;
  - Member of the Romanian Pneumology Society Board, 2012 – 2020;
  - Balkan Environmental Association (B.EN.A.) since September 2014;
  - American Thoracic Society (ATS) since May 2016 (international member of the ATS);
  - Romanian Society of Medical Rehabilitation since May 2016;
  - International Society of Physical and Rehabilitation Medicine since May 2016
  - Romanian Society of Medical Bioengineering since 2000.

### **Honors:**

- National Delegate for the Council of European Respiratory Society (ERS), September 1998 - September 2002, Switzerland;
- Who's Who in the World, 15<sup>th</sup> Edition, 1998, USA;
- Who's Who in Science and Engineering, 4<sup>th</sup> Edition, 1998-1999, USA;

- Distinguished Fellow, ACCP, 2006 (USA);
- ACCP International Governor for Romania, 2006, USA;
- European Respiratory Society: GOLD National Leader for Romania, 2008, Switzerland;
- ACCP International Regent for Romania, 2008-2012, USA;
- Vice-Chair, ACCP Council of International Regents and Governors, 2012 (USA);
- Vice-Chair, ACCP Council of Global Governors, 2012 (USA);
- Member of ACCP Global Education and Development Committee, 2012 (USA);
- ACCP Global Governor for Romania, 2012, USA;
- ACCP, Chair of Council of Global Governors, 2013 (USA);
- ACCP Global Nominating Committee, 2013 (USA);
- Excellence Award from the Romanian Society of Pneumology for the pneumology promotion (2010 - Bucharest, 2012 – Poiana Brasov, 2014 - Sibiu), Romania;
- Global Abstract Award from ACCP for the highest graded abstract submitted from Romania, CHEST, October 2012, Atlanta, Georgia, USA;
- Excellence Award from the Knights of Malta (2012), Iasi, Romania;
- Honorary Diploma - Honorary Title "Person of the Day" for the support and personal contribution to the achieving nationwide of the Contemporary Biographic Project "Dictionary of Personalities in Romania", 09/30/2013;
- Certificate of Excellence from the Iasi Mayor for the good cooperation and support at the campaigns: "I Can Say STOP! STOP Smoking" and "Yes Now Start a Life Without Tobacco", 2014, Iasi, Romania;
- Certificate of Excellence from the Somnology and Non-Invasive Ventilation Section of the Romanian Society of Pulmonology (2014), Constanta, Romania;
- 2<sup>nd</sup> Award for the best Presenting Poster – 1<sup>st</sup> International Medical Conference "Environment and Public Health MED ENV 2014", Constanta, Romania;
- Certificate of Appreciation from CHEST ACCP for Distinguished Service as Member of the CHEST ACCP Regents Board (2011 - 2014), Austin, Texas, USA, 2014;
- Certificate of Appreciation from CHEST ACCP for Distinguished Service as ViceChair 2011 – 2013 and Chair, CHEST Council of Global Governors 2013 – 2014, Austin, Texas, USA, 2014;
- Award for International Medical Affirmation to "Health Gala", Bucharest, Romania, December 18, 2014;
- Dictionary of the Personalities from Romania - Contemporary Biographies, edition 2014, Bucharest, Anima Publishing, pp. 387-388;
- Diploma of Recognition from the students of the Medical Bioengineering Faculty, Iasi - 2015 graduates;
- Diploma Honorary from the students of the Medical Bioengineering Faculty, Iasi - 2015 graduates;
- Certificate of Excellence from the Romanian Society of Pneumology for the Romanian Respiratory Medicine development (2010 – Bucuresti; 2012 – Poiana Brasov; Constanta; 2015 – Brasov, Băile Felix, Constanta; 2016 – Iasi, Bacau, Brasov, Timisoara, Cluj Napoca, Poiana Brasov), Romania, and from National Society of Family Medicine (at Congress of the National Society of Family Medicine, 2016, 2021);
- Diploma of Merit - Mention for the best Oral Presentation at Bioengineering National Conference for Students and Young Researchers, Nineteenth Edition, May 12-15, 2016,

Iasi, Romania;

- Certificate of Appreciation from European Medical Journal/EMJ for the contribution as an Editorial Board member for *EMJ Respiratory 4.1*, published in October 2016
- Diploma of Excellence from the Regional Center for Prevention, Evaluation and Counseling Antidrug, Iasi, for the excellent cooperation and support in the mission of reducing illicit consumption of the psychoactive substances in Iasi community, 20.12.2016
- Diploma of Excellence from the Romanian Society of Pneumology and Rehabilitation Clinical Hospital from Iasi: 2017, 2018, 2019, 2020, 2021, 2022.

**Languages:** Romanian (mother tongue), English, French:

*Romanian* (Mother tongue): the level is C2 according to Common European Framework (CEFR);

*English* (The English language competence test/February 1, 2017/Nr. 587/06.02.2017/EuroEd Foundation): the level is B2 according to Common European Framework (CEFR);

*French*: the level is B1 – B2 according to Common European Framework (CEFR).

**Skills and computer use:** Microsoft Word, Power Point, Excel, etc.

**Skills:** - Very Good organizational abilities and teamwork, Excellent communication skills, Ability to handle different types of patients, Flexible and adaptable, Extremely motivated towards career, Quick learner.

Iasi, Romania

November 11, 2022

Paraschiva Postolache, MD, PhD, FCCP