

INFORMAȚII PERSONALE

Anda- Eliza Leș

LOCUL DE MUNCĂ PENTRU
CARE SE CANDIDEAZĂ**Medic specialist Gastroenterologie**

EXPERIENȚA PROFESIONALĂ

01/01/2020–Prezent

Medic specialist Gastroenterologie (Certificat nr. 1543/29.12.2017)

Institutul Clinic Fundeni, Bucuresti (România)

Contract de munca pe perioada nedeterminata

01/01/2018–01/01/2020

Medic specialist Gastroenterologie (Certificat nr. 1543/29.12.2017)

Institutul Clinic Fundeni, Bucuresti (România)

Contract de munca ce are ca scop indeplinirea garzilor in cadrul Clinicii de Gastroenterologie a I. C. Fundeni

01/01/2014–01/01/2018

Medic rezident Gastroenterologie

Institutul Clinic Fundeni, Bucuresti (România)

Rezidentiat in Gastroenterologie incluzand stagiile de pregatire de endoscopie digestiva diagnostica si ecografie abdominala

EDUCAȚIE ȘI FORMARE

01/01/2018–Prezent

Medic specialist Gastroenterologie (Certificat nr. 1543/29.12.2017)

Institutul Clinic Fundeni, Bucuresti (România)

Diagnostic si tratament al pacientilor cu boli digestive, endoscopie digestiva diagnostica si terapeutica, ecografie abdominala

27/05/2017–08/06/2019

Atestat ecografie intestinala

International Bowel Ultrasound Group, Munster (Germania)

03/10/2016–Prezent

Student Doctorand

Universitatea de Medicina si Farmacie "Carol-Davila", Bucuresti (România)

Studiul doctoral avand tema stiintifica: "Evaluarea ecografica intestinala a pacientilor cu boli inflamatorii cronice (boala Crohn si rectocolita ulcero-hemoragica)"

06/02/2019–09/02/2019

Modulul 3, Curs International Bowel Ultrasound Group

6th ECCO-ESGAR Ultrasound Workshop - Advanced 14th Congress of ECCO – European Crohn's and Colitis Organisation, Copenhaga (Danemarca)

Tehnica evaluarii ecografice intestinale-modul cu nivel avansat

- 08/10/2018–05/11/2018 **Curs Endoscopie Digestiva Terapeutica (Certificat Seria A, Nr 004902)**
Bucuresti (România)
Efectuare endoscopie digestiva terapeutica
- 05/03/2018–30/03/2018 **Modulul 2, curs International Bowel Ultrasound Group**
Departamentul de Ultrasonografie a tubului digestiv in cadrul Spitalului Universitar Luigi Sacco, Milano (Italia)
Efectuarea a peste 150 de examinari ecografice intestinale cu si fara contrast intravenos si ecografii transperineale sub directa coordonare a dlui. Profesor Dr. Giovanni Maconi
- 19/05/2017–21/05/2017 **Modulul 1, curs International Bowel Ultrasound Group**
Introduction in bowel ultrasonography, Milano (Italia)
Notiuni introductive in ecografie intestinala
- 01/01/2014–01/01/2018 **Medic rezident Gastroenterologie**
Institutul Clinic Fundeni, Bucuresti (România)
Rezidentiat in Gastroenterologie ce include stagii de pregatire de endoscopie digestiva diagnostica si ecografie abdominala
- 01/10/2007–01/10/2013 **Doctor Medic (Certificat nr. 468/29.05.2014)**
Universitatea de Medicina si Farmacie "Carol Davila", Bucuresti (România)

COMPETENȚE PERSONALE

Limba(i) maternă(e) română

Limbile străine

	ÎNȚELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
engleză	C1	C1	C1	C1	C1

Niveluri: A1 și A2: Utilizator elementar - B1 și B2: Utilizator independent - C1 și C2: Utilizator experimentat
Cadrul european comun de referință pentru limbi străine

Competențe de comunicare Bune abilitati de comunicare cu pacientii si personalul auxiliar din unitatea medicala
Bune abilitati de prezentare demonstrate in cadrul Conferintelor si Congreselor la care am participat

Competențe organizaționale/manageriale Abilitati de organizare a activitatilor zilnice prin prioritizarea situatiilor urgente si stabilirea unui plan de activitate zilnica in cadrul unitatii medicale

Competențe dobândite la locul de muncă Diagnosticarea si stabilirea unui plan terapeutic al pacientilor
Stabilirea unui plan de monitorizare a pacientilor
Stabilirea unui plan de screening in cazul pacientilor la risc

Competențele digitale

AUTOEVALUARE

Procesarea informației	Comunicare	Creare de conținut	Securitate	Rezolvarea de probleme
Utilizator experimentat	Utilizator experimentat	Utilizator experimentat	Utilizator experimentat	Utilizator independent

Competențele digitale - Grilă de auto-evaluare

INFORMAȚII SUPLIMENTARE

Prezentări

Anda Leș, Cristian Gheorghe, Is bowel ultrasonography able to predict the need of step-up therapy in patients with IBD in real life?, prezentare orală, 13th National Symposium on Inflammatory Bowel Diseases, Sep 2021, București, România

Anda Leș, Cristian Gheorghe, Diagnostic and therapy of Chronic pancreatitis according to UEG Guidelines, prezentare orală, Bucharest Pancreatic Fest, Sep 2021, București, România

Anda Leș Gheorghe Cristian, Transabdominal bowel sonography observations corresponding to parietal inflammation in inflammatory bowel diseases, prezentare orală, Congresul National de Coloproctologie, Dec 2020, București, România

Anda Leș, Gheorghe Cristian, Evaluarea ecografica transabdominala a tubului digestiv in bolile inflamatorii intestinale ,prezentare orală, Congresul National de Chirurgie, București, Noi 2020, București, România

Anda Leș, Dumitru Radu, Sarbu Ana-Maria, Costache Roxana, Gheorghe Cristian, Comparison between bowel ultrasonography assessment and computed tomography in inflammatory bowel diseases patients: our experience,prezentare orală, Congresul National de Gastroenterologie, iun 2019, Timisoara, Romania

Anda Leș, R. Iacob, Roxana Costache, Liana Gheorghe, C. Gheorghe, Tehnici moderne de imagistica in patologia digestiva: ecografia intestinala transabdominala, prezentare orală, Zilele Institutului Clinic Fundeni, Sep 2019, București, România

Anda Leș, R. Iacob, Roxana Costache, Liana Gheorghe, C. Gheorghe, Key features of bowel ultrasonography in managing inflammatory bowel disease patients, prezentare orală, 11th National Symposium on Inflammatory Bowel Diseases, Sep 2019, București, România

Anda Leș, Gheorghe Cristian, Correlation Between Sonographic Measurements in Inflammatory Bowel Diseases and Biological Markers of Disease Activity, prezentare orală, premiul pentru prezentarea de tip poster, 10th National Symposium on Inflammatory Bowel Diseases, Sep 2018, București, România

Anda Leș, Gheorghe Cristian, Bowel Ultrasonography in Inflammatory Bowel Diseases patients, prezentare orală, Școala de Vară a tinerilor gastroenterologi, Iul 2017, Paltinis, Romania

Publicații

Anda Leș, Răzvan Iacob, Roxana Saizu, Bogdan Cotruță, Adrian Ionuț Saizu, Speranța Iacob, Liliana Gheorghe, Cristian Gheorghe, Bowel ultrasound: a non-invasive, easy to use method to predict the need to intensify therapy in inflammatory bowel disease patients, J Gastrointestin Liver Dis, ahead of print, DOI: <http://dx.doi.org/10.15403/jgld-3726>
<https://www.jgld.ro/jgld/index.php/jgld/article/view/3726>

Anda Leș, Ion Băncilă, Anca Dimitriu, Razvan Iacob, Bogdan Cotruță, Iuliana Pîrvulescu, Ioana Lupescu, Cristian Gheorghe, Bowel ultrasound for acute diverticulitis - technical aspects in three different clinical settings, Surg. Gastroenterol. Oncol. 2021;26(2):143-150, DOI: 10.21614/sgo-26-2-351
https://www.sgo-iasgo.com/article/bowel-ultrasound-for-acute-diverticulitis-technical-aspects-in-three-different-clinical-settings_full-text

Anda Leș, Bogdan Cotruță, Saizu Roxana, , Liana Gheorghe, Cristian Gheorghe, Bowel ultrasonography, a non invasive easy-to-use method to predict the need to step-up therapy in inflammatory bowel disease patients, Journal of Crohn and Colitis, 2021;15(1), S 409-S409

Anda Leș, Dimitriu Anca, Costache Roxana, Gheorghe Liana, Gheorghe Cristian, Ultrasonographic assessment of Crohn's disease patients: can be easier and more affordable for clinical practice?, J Gastrointestin Liver Dis, 2019; 28 (1): 129-132

Roxana Elena Costache, **Anda Leș**, Ionut Adrian Saizu, Oana Stanciulea, Traian Dumitrascu, Razvan Iacob, Irinel Popescu, Liliana Simona Gheorghe, Cristian Gheorghe, Colectomy rates and postoperative complications with ulcerative colitis registered in a tertiary center, United European Gastroenterology Journal, Oct 2019, vol 7, no 8, suppl 1

Anda Leș, Roxana Costache, Liana Gheorghe, Cristian Gheorghe, Ultrasonographic assessment in inflammatory bowel disease patients and fecal calprotectin levels: emerging tools in monitoring disease activity, United European Gastroenterology Journal, Oct 2019, vol 7, no 8, suppl 1.

Roxana Costache, R Iacob, Oana Stanciulea, T Dumitrascu, **Anda Leș**, IA Saizu, I Popescu, Liana Gheorghe, C Gheorghe, Preoperative predictors of postoperative complications in ulcerative colitis patients undergoing surgery, J Gastrointestin Liver Dis, vol 28, suppl 3, p 6, Sep 2019

Anda Leș, R. Iacob, Roxana Costache, Liana Gheorghe and C. Gheorghe, Key features of bowel ultrasonography in managing inflammatory bowel disease patients, J Gastrointestin Liver Dis, vol 28, suppl 3, p 11, Sep 2019

Iacob Razvan, Bogdan Cotruță, Ion Băncilă, Monica Cojocar, Ionut Saizu, **Anda Leș**, Roxana Costache, Razvan Iacob, Cristian Gheorghe, Etiology and outcome of upper digestive bleeding in patients included in AP-ENDO program in a Tertiary Gastroenterology Center, J Gastrointestin Liver Dis, Vol 28, suppl 2, p 127, Jun 2019

Leș Anda, Ana-Maria Sarbu, Radu Dumitru, Roxana Costache, Liana Gheorghe, Cristian Gheorghe, Comparison between bowel ultrasonography assessment and computed tomography in inflammatory bowel diseases patients: our experience, J Gastrointestin Liver Dis, Vol 28, suppl 2, p 154, Jun 2019

Leș Anda, Costache Roxana, Gheorghe Cristian, Correlation of faecal calprotectin levels and sonographic measurements in patients with inflammatory bowel diseases, Journal of Crohn's and Colitis, Vol 13, suppl 1, Mar 2019, S220–S221

Leș Anda, Gheorghe Cristian, Transabdominal bowel sonography observations corresponding to parietal inflammation in inflammatory bowel, J Gastrointestin Liver Dis, Vol 27, suppl.2, p15, Mai 2018

Anda Leș, A. Saizu, Stefania Bunduc, Roxana Costache, B. Cotruta, C. Gheorghe, Comparison of mortality rates in upper gastrointestinal bleeding three years after implementing a national pilot program for emergency endoscopic treatment, J Gastrointestin Liver Dis, Vol 27, suppl.2, p 127, Mai 2018

Leș Anda, Gheorghe Cristian, Correlation Between Sonographic Measurements in Inflammatory Bowel Diseases and Biological Markers of Disease Activity, Journal of Crohn's and Colitis, Vol12, suppl 1, Feb 2018, S249–S250

Stefan Antoaneta, **Leș Anda**, Bunduc Stefania, Saizu Ionut, Gheorghe Cistian, The Spectrum and the Mortality Rate of Upper Gastrointestinal Bleeding in a Tertiary Gastroenterology, J Gastrointestin Liver Dis, Vol 25, suppl 2, Jun 2016

Afilieri International Bowel Ultrasound Group
European Crohn's and Colitis Organisation
Societatea Romana de Gastroenterologie si Hepatologie
Romanian Crohn's and Colitis Club