

## Sectorul de activitate

Sănătate

Învățământ

## Domenii de interes

Activitate clinică medicală

Activitate de cercetare medicală

Politici de sănătate

Colaborarea cu asociațiile de pacienți

Dezvoltarea profesiei medicale

## Activități și responsabilități principale funcție publică

- elaborare de strategii de sănătate publică în domeniul diabetului
- elaborare și implementare de politici în domeniul diabetului
- elaborare de protocoale medicale în domeniul diabetului, nutriției și bolilor metabolice
- elaborare curricule în specialitatea de diabet, nutriție și boli metabolice
- elaborare ghiduri medicale în specialitatea de diabet, nutriție și boli metabolice

## Limbi străine

Engleză - Nivel B2

## Funcția sau postul ocupat/ Perioada

- a) Conf. univ. Disciplina de Diabet, nutriție și boli metabolice, Facultatea de Medicină Generală "UMF Carol Davila", Institutul Național de Diabet, Nutriție și boli metabolice „N.C. Paulescu” București - România (**martie 2019-prezent**)
- b) Conf. Univ. șef Disciplină Igienă, Facultatea de Medicină Dentară, "UMF Carol Davila" București - România (**martie 2019-prezent**)
- c) Habil. Conform ordin Minister Educație și cercetare **nr.5460/4.12.2019**
- d) Șl. univ. Disciplina de Diabet, nutriție și boli metabolice, Facultatea de Medicină Generală "UMF Carol Davila", Institutul Național de Diabet, Nutriție și boli metabolice „N.C.Paulescu” București - România (**martie 2018-prezent**)
- e) Coordonator grup experți Diabet responsabili cu elaborarea punctelor de vedere tehnice asupra documentelor aflate în dezbatere la nivel comunitar și asigurarea reprezentării la reuniunile structurilor de lucru ale instituțiilor Uniunii Europene, București, **Ordin nr. 383, 31 mai 2018**
- f) Coordonator național Atestat Diabetologie Pediatrică
- g) Vicepreședinte ales Central European Diabetes Association (CEDA) (**2022-prezent**)
- h) Președinte Comisie Națională de Diabet, Nutriție și Boli Metabolice, Ministerul Sănătății, România (**2022-prezent**)
- i) Coordonator Național al Programului Național de Diabet (**2022-prezent**)
- j) Vicepreședinte Comisia Națională de Diabet, Nutriție și Boli Metabolice, Ministerul Sănătății, România (**2017-2022**)
- k) Membru Comisie Națională de Diabet, Nutriție și Boli Metabolice, Ministerul Sănătății, România (iulie 2015-2017)
- l) Medic competență în ecografie generală, certificat C nr.045054/2019, Ministerul Sănătății, România (**2017-2018**)
- m) As. univ. Catedra De Igienă și Ecologie Medicală, "UMF Carol Davila", București -România (**2014-martie2018**)
- n) Prep. univ. Catedra De Igienă și Ecologie Medicală, "UMF Carol Davila", București - România (**2005-2014**)
- o) Masterand sănătate publică, Teza de absolvire: Plan de management "Îmbunătățirea structurii și organizării institutului național N.C.Paulescu" (**2015-2017**)
- p) Medic primar igienă, UMF „Carol Davila” București - România (**2014-prezent**)
- q) Medic specialist diabet, nutriție și boli metabolice, UMF „Carol Davila”, București -România (**2014-2020**)
- r) Medic primar diabet, nutriție și boli metabolice, UMF „Carol Davila”, București -România (**2020-prezent**)
- s) Doctor în științe medicale din 2014, teza cu titlul: „Optimizarea diagnosticului și tratamentului pancreatitelor cronice”, București - România
- t) Medic rezident diabet, nutriție și boli metabolice (**2011-2014**), INDNBM N.C. Paulescu, Bucuresti
- u) Medic specialist igienă, UMF „Carol Davila”, București – România (**2009-2014**)
- v) Medic rezident igienă, UMF „Carol Davila”, București – România (**2005-2009**)
- w) Medic atestat în estetică minim invazivă, CMB, București – România (**2007-prezent**)
- x) Expert superior departament Politici în Domeniul Medicamentului, Ministerul Sănătății , România (**2009-2012**)
- y) Medic stagiar chirurgie digestivă superioară, SUUB, București - România (**2004-2005**)
- z) Masterand Institutul Diplomatic, Teza de absolvire: "OSCE în sistemul de securitate Europeană-Trecut și actualitate", Diploma de studii academice postuniversitare, Ministerul Afacerilor Externe, Academia Diplomatică, București –România (**2004-2005**)

- aa) Consilier Ministru Sănătății , Ministerul Sănătății , România (2003-2005)
- bb) Masterand în „Morfologia normală și patologică a structurilor anatomiche”, Teza de absolvire: ”Modificări histologice ale parenchimului pancreatic în diabetul indus alloxanic”, Universitatea „Ovidius”, Constanța (2002-2003)
- cc) Student Facultatea de Medicină generală, Universitatea „Ovidius”, Constanța (2001-2004)
- dd) Student Facultatea de Fiziokinetoterapie a UMF „Carol Davila”, București (1996-2001)

## Cursuri de pregătire de scurtă durată

1. **Aplicarea sistemului de control in puncte critice HACCP in unitatile cu profil alimentar, UMF CAROL DAVILA, Bucuresti, 2006**
2. **Curs Endocrinopediatrie, Societatea Romana de Endocrinologie, Bucharest, 2011**
3. **EASD POSTGRADUATE COURSE,Current concepts in the treatment of diabetes and its complications, Bergrade, Serbia, 2011**
4. **EU-CDA 2013-Management of Diabetes in Patients with Cardiovascular Disease, UMF CAROL DAVILA, SOCIETATEA ROMANA DE CARDIOLOGIE, Bucharest, 2013**
5. **Program de dezvoltare personala pentru medici, IPODD, 2015**
6. **Curs SCII and SAP Therapy, Initiate Phase Training, Bucuresti, 2018**
7. **Rising Stars Educational Program, SUA 2019, 2020, 2021**

## Activități și responsabilități principale funcție didactică

- susținere lucrări practice și cursuri specifice disciplinelor diabet, nutriție și boli metabolice anul V Medicină Generală precum și igienă anul IV Medicină Dentară
- activitate predare curs medici rezidenți în specialitatea Diabet, Nutritie și Boli Metabolice, medici rezidenți în alte specialități în cursul stagiului de diabet, nutritie și boli metabolice.
- organizarea de cercuri de îndrumare lucrări de diploma, teme de studiu în domeniul diabetului și igienei
- îndrumare lucrări licență Facultatea de Medicină Generală și Facultatea de Medicina Dentară
- membru în comisiile de finalizarea de studii-licență, coordonare lucrări de licență
- membru în comisiile de rezidentiat
- membru comisii admitere UMF Carol Davila
- membru comisii atestat ecografie generala
- coordonator atestat diabetologie pediatria UMF Carol Davila
- membru în comisii de examen specialitate, primariat, cadre universitare,
- examene post specialist

## Educație și formare

1. Școala generală: Școala Generală „C.A.Rosetti”, București, (1985-1989)
2. Liceul teoretic „C.A.Rosetti”, secția fizică-chimie, București, (1989-1993), Diplomă bacalaureat nr.246/1993.
3. Facultatea de Fiziokinetoterapie a UMF „Carol Davila”, București(1996-2001), diploma de licență a Facultății de Medicină-Specializarea Fiziokinetoterapie nr.797/2002
4. Facultatea de Medicină generală, Universitatea „Ovidius”, Constanța (2001-2004), diploma de doctor medic nr.119/2005
5. Masterat științe morfologice, Diploma de masterat nr.152/2004, Universitatea „Ovidius”, Constanța
6. Medic stagiar chirurgie digestivă superioară, SUUB, București-România(2004-2005)
7. Masterat Institutul Diplomatic Român, Certificat absolvire nr.207/2005
8. Medic rezident igienă, UMF „Carol Davila”, București –România(2009-2014), certificat medic specialist nr.1590/2009
9. Medic primar igienă UMF „Carol Davila”, București –România(2014-prezent), certificat de medic primar nr.1124/2014
10. Medic specialist diabet nutriție și boli metabolice, UMF „Carol Davila”, București, - România(2014-prezent), certificat prin Ordin MS nr.1133/2014
11. Studii Doctorat Universitatea „Ovidius” Constanța, UMF „Carol Davila” București, (2004-20014), diploma de doctor în medicină nr.570/2015.
12. Master sănătate publică, certificat de absolvirea a Managementului serviciilor de sănătate, nr.A/000822/2015
13. Competență în ecografie generală, certificat nr.233/2018

## Competențe și abilități sociale

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- foarte bune abilități de comunicare, obținute în urma absolvirii masterului de diplomatie
- excelente capacități de interacțiune cu studenții și medicii rezidenți
- excelente abilități de comunicare cu mass-media
- excelente abilități de comunicare cu parteneri internaționali
- bune capacități de mediere și negociere

## Competențe și aptitudini organizatorice

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- leadership-coordonare de echipe mai mari în cadrul mai multor proiecte
- bună capacitate organizatorică, fiind membru în comitete de organizare congrese, evenimente
- foarte bune capacități de implementare și negociere/mediere strategii și politici de sănătate
- bună capacitate de lucru în echipă , cu studenții și cadrele universitare

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## **Anexa 1 Lista completa a cursurilor absolvite**

1. Aplicarea sistemului de control in puncte critice HACCP in unitatile cu profil alimentar, UMF CAROL DAVILA, Bucuresti, 2006
2. Curs de mezoterapie si ateliere de formare, CMR, Bucharest, Romania, 2008
3. European Masters in Aesthetic and Anti-Aging Medicine, EMAA, Paris, France 2008
4. Advanced Course –Global Anti-Aging Medicine , EMAA, Paris, France 2008
5. Advance course Mesotherapy and carboxytherapy, EMAA , Paris, France 2008
6. Toxina botulinica in Medicina Estetica, CMR ROMANIA, BUCHAREST, 2008
7. Cefaleea la copii si adolescenti Epidemiologie si algoritm de diagnostic, Universitatea de Studii Padova, Bucharest, 2008
8. Cefaleea la copii si adolescenti Tratamentul farmacologic, Universitatea de Studii Padova, Bucharest, 2008
9. Training course for the use Restylane , Q-Med, Sweden, 2009
10. Restylane-substante de umplere in medicina estetica, CMR, Bucharest, 2009
11. Laser-Tratamente combinate in medicina estetica, CMR, Bucharest, 2009
12. Skin Tech products and tehniques, International Plastic Aesthetic Residence, IPAR COURSE, 2010
13. Terapii bazate pe lumina inteligenta, Societatea Romana de Dermatologie, Bucharest, 2010
14. Peeling-urilee chimice in medicina estetica, Asociatia de medicina anti-aging, Bucharest, 2010
15. Restylane curs avansati, Asociatia pentru Mezoterapie, CMR, Bucharest, 2010
16. IAL-SISTEM AND SCULPURA-Skin aging.Minimally invasive combined techniques, Phitogen Holding, Bucharest, 2011
17. Regenyal Idea-More than just filler.Regenyal Laboratories, Bucharest, 2011
18. Curs Endocrinopediatrie, Societatea Romana de Endocrinologie, Bucharest, 2011
19. EASD POSTGRADUATE COURSE,Current concepts in the treatment of diabetes and its complications, Berlgrade, Serbia, 2011
20. Scleroterapia si tratamentele cu laser in patologia vasculara, Asociatia pentru Mezoterapie, Bucharest 2011
21. Emotional Intelligence Workshop, MTW Romania, Bucharestn 2011
22. Nivelurile Vit D , complicatile microvasculare si mortalitatea in diabetul zaharat tip 1, Cluj-Napoca, 2012
23. Imbunatatirea estimarii dozei de insulina cu actiune rapida la adultii cu diabet tip 1, studiul NIDDA, Cluj-Napoca, 2012
24. Rolul modelului parental in obtinerea controlului metabolic la adolescentii cu DZ tip 1, Cluj-Napoca, 2012
25. Dieta mediteraneana si riscul de DZ tip 2 in studiul EPIC, Nivelurile Vit D , complicatile microvasculare si mortalitatea in diabetul zaharat tip 1, Cluj-Napoca, 2012
26. Valorile inregistrate ale HbA1 c si probabilitatea internarii in spital a persoanelor cu dz tip 1, Cluj-Napoca, 2012
27. Ofera controlul glicemic beneficii similare in randul pacientilor cu DZ in diverse regiuni ale lumii?, Cluj-Napoca, 2012
28. Abordari speciale in remodelajul cu acid hialuronic , UMF CAROL DAVILA, CMR, BUCHAREST, 2013
29. EU-CDA 2013-Management of Diabetes in Patients with Cardiovascular Disease, UMF CAROL DAVILA, SOCIETATEA ROMANA DE CARDIOLOGIE, Bucharest, 2013
30. Actualitati si controverse in diabetul zaharat, SRDNBM, Bucharest,2013
31. Indicatiile PRP-ului in chirurgia plastica si estetica, CMB, Bucharest, 2013
32. Radiesse expert course, Mertz Aesthetic,Bucharest 2013

33. Aesthetic dermal products and tehniques, IPAR COURSE, Bucharest, 2013
34. Consumul unor cantitati moderate de fructoza altereaza insulinosensibilitatea la barbatii tineri sanatosi, Cluj-Napoca, 2013
35. Hipoglicemia si diabetul zaharat, Cluj-Napoca, 2013
36. Beneficiile controlului precoce al hipertensiinii arteriale la pacientii cu diabet zaharat, Cluj-Napoca, 2013
37. Utilitatea diagnostica si prognostica a unei strategii selective de screening pentru diabetul gestational, Cluj-Napoca, 2013
38. Managementul personalizat al hiperglicemiei in DZ tip 2, Cluj-Napoca, 2013
39. Administrarea insulinei in regim bazal in sisttem inchis timp de 36 ore la adolescentii cu dz tip 1, Cluj-Napoca, 2013
40. Acuratetea prognosticului markerilor imunologici si metabolici pentru diabetul zaharat tip 1 Cluj-Napoca, 2013
41. Schimbarea comportamentului de activitate fizica in diabetul tip 2, Cluj-Napoca, 2013
42. Rata si determinantii asocierii dintre retinopatie avansata si BCR la pacientii cu DZ tip 2, Cluj-Napoca, 2013
43. Diabet, sindrom metabolic si alte boli legate de nutritie-Diamond curs, Bucharest, 2014
44. Determinantii cresterii in greutate, Cluj-Napoca, 2014
45. Pedagogie medicala , UMF Carol Davila, Bucuresti 2014
46. Excercitii medicale si calitatea vietii la persoanele cu diabet zaharat tip 2, Cluj-Napoca, 2014
47. Mortalitatea de orice cauza la pacientii cu/fara diabet zaharat, Cluj-Napoca, 2014
48. HbA1C si riscul de hipoglicemie severa in diabetul zaharat tip 2, Cluj-Napoca, 2014
49. Automonitorizarea glicemica structurata, intensiva, si controlul glicemic la persoanele cu diabet zaharat tip 2, Cluj-Napoca, 2014
50. Complicatiile pe termen lung si mortalitatea la tinerii cu diabet, Cluj-Napoca, 2014
51. Retinopatia diabetica si alte rezultate oculare in studiul DCCT/EDIC, Cluj-Napoca, 2014
52. Relatia dintre episoadele hipoglicemice si aritmiile ventriculare, Cluj-Napoca, 2014
53. Efectele randomizarii catre controlul intensiv al glucozei in cazul efectelor adverse , bolile cardiovasculare si rata de mortalitate in cazul persoanelor in varsta, Cluj-Napoca, 2014
54. Program de dezvoltare personala pentru medici, IPODD, Sinaia 2015
55. Inteligenta Emotionala, Worwag Pharma, Sinaia, 2015
56. Time management, Worwag Pharma, Sinaia, 2015
57. Speaker Impact, Worwag Pharma, Sinaia, 2015
58. Actualitati in managementul diabetului zaharat si a complicatiilor sale, SRDNBM, Bucharest, 2015
59. Excesul de risc de mortalitate de cauza infectioasa in diabetul zaharat tip 1 si 2, Cluj-Napoca, 2015
60. Un trial clinic randomizat despre administrarea de corectii cu insulina, Cluj-Napoca, 2015
61. Durata de somn si riscul de diabet tip 2 o meta analiza a studiilor viitoare, Cluj-Napoca, 2015
62. Un studiu controlat randomizat care compara controlul telemedical cu monitorizarea standard in ambulatoriu a ulcerului piciorului diabetic, Cluj-Napoca, 2015
63. 6<sup>th</sup> EASD N.C.Paulescu postgraduate course on Clinical Diabetes and its Complications, Bucharest, Nobember 2016
64. Global Diabetes Policy Forum Early Action in Diabetes, Making early action a political priority, Berlin, December, 2016

65. Master Class , Forumul National de preventie, Brasov 2016
66. Master Class , Forumul National de preventie, Bucharest, 2016
67. Hipnoza, Societatea Romana de Stomatologie, Bucharest, 2016
68. Impactul hipoglicemiilor nocturne asupra somnului la pacientii cu Dz 2, Cluj-Napoca, 2016
69. Uleiul de masline extravirgin reduce raspunsul glicemic la alimentele cu index glicemic mare la pacientii cu diabet zaharat tip 1;un studiu randomizat si controlat, Cluj-Napoca, 2016
70. Efectul analogilor de insulina cu durata lunga de actiune asupra riscului pentru cancer.O analiza sistematica a studiilor observationale, Cluj-Napoca, 2016
71. Obiective entru factorii de risc cardiovasculari si evenimentele cardiovasculare in diabet: un proiect de unificare a datelor din Atherosclerosis risk in communities study, Multi ethnic study of atherosclerosis si Jackson Heart Study, Cluj-Napoca, 2016
72. Studiul GI Bagy 3-un studiu randomizat , controlat care a investigat efectele dietei cu indice glicemic scazut asupra rezultatelor gestationale la femeile cu risc crescut de diabet gestational, Cluj-Napoca, 2016
73. Markerii ai insuficientei celulelor beta prezic raspunsul slab la tratamentul cu agonisti GLP-1 in diabetul zaharat tip 2, Cluj-Napoca, 2016
74. Simptomele depresiei la tinerii cu diabet zaharat tip 1 sau tip 2, rezultatele screening-ului pentru evaluarea depresiei in studiul consortiului pentru diabetul pediatric, Cluj-Napoca, 2016
75. Curs SCII and SAP Therapy, Initiate Phase Training, Bucuresti, iunie 2018
76. Rising Stars Educational Program, Barcelona,septembrie 2019
77. Rising Stars Educational Program, SUA,septembrie 2020
78. Rising Stars Educational Program, SUA 2021

## **Anexa 2 : Lista cărților și capitolelor de carte elaborate**

### 1. Monografie/alte cărți în edituri internaționale – coautor

- 1.1. Andra Iulia Suceveanu, Roxana Popoiag, Laura Mazilu, Irinel Raluca Parepa, Andreea Gheorghe, Anca Pantea Stoian, Felix Voinea, Claudia Voinea, Adrian Paul Suceveanu, Management of Ascites associated with severe hyponatremia, Chapter 2, Management of chronic liver disease-Recent advances,IntechOpen,2018, pp.17-30, <http://dx.doi.org/10.5772/intechopen.76376>, 2018
- 1.2. Andra-Iulia Suceveanu, Laura Mazilu, Andreea-Daniela Gheorghe, Anca Pantea Stoian, Felix Voinea and Adrian-Paul Suceveanu, Metabolic Risk Factors in Hepatocellular Carcinoma, IntechOpen, 2018, pp. 97-111, <http://dx.doi.org/10.5772/intechopen.80527>
- 1.3. Anca Pantea-Stoian, Roxana Adriana Stoica and Simona Diana Stefan (March 1st 2019). Insulin Therapy in Gestational Diabetes [Online First], IntechOpen, DOI: 10.5772/intechopen.84569. Available from: <https://www.intechopen.com/online-first/insulin-therapy-in-gestational-diabetes>
- 1.4 Anca Pantea Stoian, Manfredi Rizoo, Metformin, Intech Open , 2020DOI: 10.5772/intechopen.77824,ISBN: 978-1-83880-428-2
- 1.5 Stoian A.P., Suceveanu A.I., Suceveanu A.P., Mazilu L., Parepa I.R. (2020) Medical Nutrition Therapy in Liver Disease. In: Radu-Ionita F., Pyrsopoulos N., Jinga M., Tintoiu I., Sun Z., Bontas E. (eds) Liver Diseases. Springer, Cham. [https://doi.org/10.1007/978-3-030-24432-3\\_51](https://doi.org/10.1007/978-3-030-24432-3_51)

## 2. Monografie/alte cărți în edituri naționale – autor unic sau prim-autor

2.1 Pantea Stoian Anca Mihaela :Pancreatita cronică, diagnostic,tratament și intervenția medical nutrițională, ProUniversitaria,2017 , ISBN978-606-26-0862-0

2.2 Cristian Serafinceanu, Diabet zaharat, Nutritie si Boli Metabolice, ed Niculescu 2018, ISBN 978-973-748-898-5 (3 capitole)

2.3 Razvan Hainarosie, Cristian Dragos Stefanescu, Viorel Zainea(Coordonatori), Tehnologii Chirurgicale Moderne Aplicate La Nivelul Rinobazei, Editura Centrului Tehnic-Editorial al Armatei București, 2018, ISBN: 978-606-524-225-8, Cap. 10, Evaluarea Nutrițională În Chirurgia Orl ,ANCA PANTEA STOIAN, p. 107-115.

2.4 Razvan Hainarosie, Cristian Dragos Stefanescu, Viorel Zainea(Coordonatori), Elemente De Chirurgie Reconstructivă În Patologia Cervicală, Editura Centrului Tehnic-Editorial al Armatei București, 2018, ISBN: 978-606-524-222-7, Cap.2 Statusul Nutrițional Și Evaluarea Pacientului Oncologic , ANCA PANTEA STOIAN, ,p.20-40.

## 3. Monografie/alte cărți în edituri naționale – coautor

3.1 T.Patrascu, H.Doran,C.Serafinceanu, Anca Pantea Stoian, V.Elian, Particularități ale chirurgiei la diabetici-Abordarea terapeutică la pacienții diabetici cu afecțiuni chirurgicale,p133-146, ED.Niculescu, 2016 ( 1 capitol cu 3 autori)

3.2 Aurel Babes,Anca Pantea Stoian,Ileana Zambatu,Cristian Serafinceanu, Bogdan Mihai,Cristian Guja, Romulus Timar,Cornelia Bala,Gabriela Roman,Doina Catrinoiu,Viviana Elian, GHID ROMAN MEDICAL PENTRU INGRIJIREA PACIENTILOR CU DIABET ZAHARAT, [Monitorul Oficial nr. 179 din 10 martie](#) Societatea Romana de Diabet, 2016(11 autori)

3.3. Pancreatita cronică, diagnostic,tratament și intervenția medical nutrițională, ProUniversitaria,2017 , ISBN978-606-26-0862-0 (2 capitole cu 2 autori))

3.4. Cristian Serafinceanu, Diabet zaharat, Nutritie si Boli Metabolice, ed Niculescu 2018, ISBN 978-973-748-898-5 (2 capitole cu 2 autori)

3.5. Igiene, coordonator Conf.dr.Anca Maria Moldoveanu, ed.Universitara „Carol Davila”, Bucuresti, 2018, ISBN 978-606-011-023-1 (6 capitole: 3 capitole cu 2 autori si 3 capitole cu 3 autori)

## Anexa 3: Lista premiilor/distincțiilor obținute

### 3.1 PREMII/DISTINCȚII INTERNAȚIONALE

1. Diploma de Onoare pentru contributia la lucrarile stiintifice ale Conferintei Internationale Managementul Interdisciplinar al Diabetului Zaharat si Complicatiile sale –Interdiab , Editia a IV-a, martie 2018,Bucharest

2. Diploma de Onoare pentru contributia la lucrarile stiintifice ale Conferintei Internationale Managementul Interdisciplinar al Diabetului Zaharat si Complicatiile sale –Interdiab cu prezentarea „Low caloric sweeteners safety LCS” , Editia a IV-a, martie 2018,Bucharest

3. Diploma de Onoare pentru contributia la lucrarile stiintifice ale Conferintei Internationale Managementul Interdisciplinar al Diabetului Zaharat si Complicatiile sale –Interdiab cu prezentarea „Oxidativ stress and antioxidants used in the management of diabetes mellitus” , Editia a IV-a, martie 2018,Bucharest

4. 2016 INTERDIAB 3<sup>rd</sup> PRIZE for original paper: O.Steriade, A.Pantea-Stoian, O.Savu, A.Florentiu, G.Cioca, V.Purcarea, V.Elian ,Glycemic

variability in Type 2 diabetic patients with chronic kidney disease, Interdiab 2016

5. Diploma Onoare pentru sustinerea lucrarii „Diabetic retinopathy is a possible prognostic factor for chronic kidney disease progression?”, 2<sup>nd</sup> International Conference on Interdisciplinary Management of Diabetes Mellitus and its complications (INTERDIAB) 2016, Bucharest

### 3.2 PREMII/DISTINCȚII NAȚIONALE

1. Premiul Special al Societatii Romane de Diabet, Congresul National al Societatii Romane de Diabet, Nutritie si Boli metabolice, 2019, Brasov
2. Diploma de onoare -,Advisory Board Novo Nordisk, Multi-Stakeholder Advisory Board , 12 ianuarie 2019, Bucuresti
3. Diploma de onoare pentru contributia stiintifica adusa la cursul „ Nutritia si Interventia Nutritionala la pacientii cu boala cronica de rinichi”, iulie 2018, ASRMN
4. Certificat de apreciere pentru contributia stiintifica adusa la „Al 12-lea Congres anual al Asociatiei Medicale Romane, august 2018,Bucuresti
5. Diploma de Onoare pentru deosebita contributie stiintifica la Congresul National al Societatii Romane de Diabet, Nutritie si Boli metabolice, 2018, Brasov
6. Diploma de onoare - Diabetul zaharat in Romania-intre povara si datorie,Advisory Board Novo Nordisk, Multi-Stakeholder Advisory Board in vederea cresterii importantei diabetului pe agenda publica, 13 aprilie 2018, Bucuresti
7. The 44<sup>th</sup> National Congress of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases, May 2018 2<sup>rd</sup> PRIZE for original paper „Corelatia dintre nivelul feritinei serice si al 25-OH vitamina D la pacientii supraponderali si obezi”-poster.
8. Premiul Special al Societatii Romane de Diabet, Nutritie si Boli Metabolice pentru activitatea stiintifica si medicala, The 43<sup>th</sup> National Congress of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases, May 2017
9. Diploma de Onoare pentru deosebita contributie stiintifica la Congresul National al Societatii Romane de Diabet, Nutritie si Boli metabolice, 2017, Brasov
10. Diploma Onorifica pentru prezentarea stiintifica „Abordarea multidisciplinara a bolilor cronice –directii si perspective”, Conferinta medicala interdisciplinara MEDDEX, iulie 2016, Bucuresti
11. Diploma Onorifica pentru prezentarea stiintifica „Abordarea multidisciplinara a bolilor cronice –directii si perspective-Boala cronica de rinichi diabetica”, Conferinta medicala interdisciplinara MEDDEX, septembrie 2016, Iasi
12. The 42<sup>th</sup> National Congress of the Romanian Society of Diabetes, Nutrition and Metabolic Diseases, May 2016 2<sup>rd</sup> PRIZE for original paper „Quality of life in chronic kidney disease and diabetes patients” ,A.Pantea Stoian, G.Ditu, C.Serafinceanu, V.Elian
13. 2<sup>nd</sup> International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications, INTERDIAB 2016, for original paper ”Glicemic Variability in type 2 Diabetic patients with chronic kidney disease”, 2016
14. Diploma de merit pentru activitatea exceptionala in slujba pacientilor, Ministerul Sanatatii, 2023



#### **Anexa 4:Lista afliilor**

- membru al Uniunii Medicale Balcanice (2003-prezent)
- membru Colegiul Medicilor Romania(2004-prezent)
- membru al Societății Romane de Diabet, Nutriție și Boli Metabolice (2010-prezent)
- membru al ASRMN (2015-prezent)
- membru EASD -Asociația Europeană pentru Studiul Diabetului(2016-prezent)
- membru ADA-American Association for Diabetes (2018-prezent)
- membru CEDA-Central European Association of Diabetes (2020-prezent)
- 

#### **Anexa 5: Lista comitetelor organizatorice-membru**

##### **5.1 MEMBRU IN CONDUCEREA UNOR COMITETE DE ORGANIZARE MANIFESTARI STIINTIFICE INTERNATIONALE**

1. Membru RISE 2019
2. Membru Cardiometabolic Academy 2019
3. Membru in Comitetul INTERDIAB 2021, <https://interdiab.mediamed.ro/>
4. Membru in Comitetul INTERDIAB 2020, <https://www.mediamed.ro/portfolio/interdiab-2020/>
5. Membru in Comitetul INTERDIAB 2019, <http://interdiab.ro/committees/>
6. Membru in Comitetul INTERDIAB 2018, <http://interdiab.ro/2018/committees/>
7. Membru in Comitetul INTERDIAB 2017, <http://interdiab.ro/2017/committees/>
8. Membru Board CEDA <https://ceda-diabetes.eu/about-us/board-members/>

##### **5.2 MEMBRU IN CONDUCEREA UNOR COMITETE DE ORGANIZARE MANIFESTARI STIINTIFICE NATIONALE**

1. Membru in Comitetul de Organizare al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice,2020
2. Membru in Comitetul de Organizare al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice,2019
3. Membru in Comitetul de Organizare al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice, 2018
4. Membru in Comitetul de Organizare al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice, 2017
5. Membru in Comitetul de Organizare al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice, 2016

## **Anexa 6: Lista Societăților profesionale membru**

### **6.1 MEMBRU IN CONDUCEREA UNOR STRUCTURI PROFESIONAL STIINTIFICE INTERNATIONALE**

1. Vicepresedinte ales CEDA (2022-prezent)
2. Membru board International Atherosclerosis Society (IAS) (2022-pezent)
3. Membru Board International Lipid Expert Panel (ILEP) (2022-prezent)
4. Membru in Comitetul Stiintific al INTERDIAB 2023
5. Membru in Comitetul Stiintific al INTERDIAB 2022
6. Membru in Comitetul Stiintific al INTERDIAB 2021
7. Membru in Comitetul Stiintific al INTERDIAB 2020
8. Membru in Comitetul Stiintific al INTERDIAB 2019, <http://interdiab.ro/committees>

### **6.2 MEMBRU IN CONDUCEREA UNOR STRUCTURI PROFESIONAL STIINTIFICE NATIONALE**

1. Membru in Comitetul Stiintific al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice 2020
2. Membru in Comitetul Stiintific al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice, 2019
3. Membru in Comitetul Stiintific al Congresului Societatii Romane de Diabet, Nutritie si Boli Metabolice, 2018
4. Membru in Comitetul Stintific al Congresului Asociatiei Medicale Romane 2018, <https://www.asociatiamedicalaromana.ro/congres-anual-2018/#comitetul-stiintific-si-de-organizare>
5. Presedinte Comisia Nationala de Diabet, Nutritie si Boli metabolice, [http://www.ms.ro/wp-content/uploads/2018/02/OMS-148\\_2018-privind-aprobarea-componen%C8%9Bei-nominale-a-Comisiei-de-diabet-zaharat-nutri%C5%A3ie-%C5%9Fi-bol.pdf](http://www.ms.ro/wp-content/uploads/2018/02/OMS-148_2018-privind-aprobarea-componen%C8%9Bei-nominale-a-Comisiei-de-diabet-zaharat-nutri%C5%A3ie-%C5%9Fi-bol.pdf)
6. Membru in Subcomisia de Diabet, Nutritie si Boli metabolice a Ministerului Sanatatii, <http://www.ms.ro/organizare/#tab-id-3>
7. Coordonator National al Programului National de Diabet
8. Coordonator grup experti Diabet responsabili cu elaborarea punctelor de vedere tehnice asupra documentelor aflate în dezbateri la nivel comunitar și asigurarea reprezentării la reuniunile structurilor de lucru ale instituțiilor Uniunii Europene, București, Ordin nr. 383, 31 mai 2018, [http://www.dsclex.ro/legislatie/2018/iunie2018/mo2018\\_466.htm](http://www.dsclex.ro/legislatie/2018/iunie2018/mo2018_466.htm)
9. Membru comitet stiintific Proiect „5 in 5” al ARED in parteneriat cu Astra Zeneca.

## **Anexa 7: Lista jurnalelor/revistelor –recenzor**

- 1.Revista Farmacia
- 2.Romanian biotechnological letters, <https://www.rombio.eu/editorial%20board.pdf>
- 3.Revista romana de Paliatie: <http://www.paliatia.eu/new/about/editorial-board/?lang=ro>
- 4.Journal of mind and medical sciences,assistant editor,  
<http://www.romaniansleepjournal.ro/consiliul-editorial.htm>
- 5.International research journal of medicine and medical sciences
- 6.Behavioral neuroscience
- 7.Journal of clinical and investigative surgery
8. Romanian journal of diabetes, nutrition and metabolic diseases
- 9.Revista romana de medicina de familie
- 10.Revista Somnologie pediatria
11. Archives of the Balkan Medical Union, <https://umbalk.org>
12. Revista Medical image database,  
<http://www.medicalimage.ro/index.php/MID/about/editorialTeam>
13. Journal of Surgery, Operative Techniques and Anaesthesia  
<https://www.kosmospublishers.com/board-members-journal-of-surgery-operative-techniques-and-anesthesia>
14. The International Journal of Lower Extremity Wounds
15. Antioxidants-MDPI
16. International Journal of Environmental Research and Public Health-MDPI
18. Expert Review of Endocrinology and Metabolism -Taylor and Francis
19. Biology-MDPI
20. Archives of Endocrinology and Metabolism
21. Metabolites-MDPI
22. Cardiovascular Diabetology-Springer Nature
23. Journal of International Medical Research
24. International Journal of Molecular Sciences-MDPI
25. Nutrients-MDPI
26. Disease Markers-HINDAWI
- 27.Medicina-MDPI
28. International Research Journal of Medicine and Medical Sciences-MDPI
- 29.Risk management and healthcare policy-Dove Press
- 30.Diabetes, Metabolic Syndrome and Obesity Targets and Therapy-Dove Press
- 31.Experimental and Therapeutic Medicine-Spandidos
32. Journal of Diabetes and its Complications, Elsevier.
33. Plos One
- 34.Frontiers

## **Anexa 8: Lista jurnalelor/revistelor – membru în comitete editoriale**

1. Revista romana de Paliatie, <http://www.paliatia.eu/new/about/editorial-board/?lang=ro>
2. Revista romana de medicina de familie
3. Romanian biotechnological letters, <https://www.rombio.eu/editorial%20board.pdf> Journal of mind and medical sciences, <https://scholar.valpo.edu/jmms/editorialboard.html>
4. 5. Editor asociat al Journal of Diabetes and its Complications
5. Editor Frontiers in Clinical Diabetes and Healthcare
6. Journal of clinical and investigative surgery, <https://www.proscholar.org/jcis/editorial-board>
7. 6. Revista de somnologie pediatria, <http://www.romaniansleepjournal.ro/consiliul-editorial.htm>
8. 7. Editor Asociat Plos One, <https://journals.plos.org/plosone/static/editorial-board>
9. International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complications (INTERDIAB) 2019, <http://interdiab.ro/committees>
10. Revista Medical image database, <http://www.medicalimage.ro/index.php/MID/about/editorialTeam>
11. Journal of Surgery, Operative Techniques and Anesthesia, <https://www.kosmospublishers.com/board-members-journal-of-surgery-operative-techniques-and-anesthesia>
12. Clinical Research in Diabetes and Endocrinology, <https://asclepiusopen.com/clinical-research-in-diabetes-and-endocrinology/editorial-board>
13. Specialty Chief Editor in [Diabetes Health Services and Health Economics](#) Frontiers
14. Guest Associate Editor in Frontiers [Nutrition and Metabolism](#)
- 15.

## **Anexa 9: Lista articolelor publicate**

### **9.1 ARTICOLE PUBLICATE IN EXTENSO IN JURNALE RECUNOSCUTE ISI cu FACTOR DE IMPACT**

1. Rosta L, Menyhart A, Mahmeed WA, Al-Rasadi K, Al-Alawi K, Banach M, Banerjee Y, Ceriello A, Cesur M, Cosentino F, Firenze A, Galia M, Goh SY, Janez A, Kalra S, Kapoor N, Lessan N, Lotufo P, Papanas N, Rizvi AA, Sahebkar A, Santos RD, Stoian AP, Toth PP, Viswanathan V, Kempler P, Rizzo M. Telemedicine for diabetes management during COVID-19: what we have learnt, what and how to implement. *Front Endocrinol (Lausanne)*. 2023 May 17;14:1129793. doi: 10.3389/fendo.2023.1129793. PMID: 37265696; PMCID: PMC10231679. IF5,2 Q1
2. GBD 2021 Diabetes Collaborators. Global, regional, and national burden of diabetes from 1990 to 2021, with projections of prevalence to 2050: a systematic analysis for the Global Burden of Disease Study 2021. *Lancet*. 2023 Jul 15;402(10397):203-234. doi: 10.1016/S0140-6736(23)01301-6. Epub 2023 Jun 22. PMID: 37356446. IF168,9 Q1
3. Salmen T, Serbanoiu L-I, Bica I-C, Serafinceanu C, Muzurović E, Janez A, Busnatu S, Banach M, Rizvi AA, Rizzo M, et al. A Critical View over the Newest Antidiabetic Molecules in Light of Efficacy—A Systematic Review and Meta-

- Analysis. *International Journal of Molecular Sciences*. 2023; 24(11):9760. <https://doi.org/10.3390/ijms24119760> IF 5,6 Q1
4. Salmen B-M, Pietrosel V-A, Durdu C-E, Salmen T, Diaconu CT, Bica I-C, Potcovaru CG, Gherghiceanu F, Stoica R-A, Pantea Stoian A. Evaluating the Adipose Tissue Depth as a Predictor Factor for Gestational Diabetes in Later Pregnancy—A Systematic Review. *Biomedicines*. 2023; 11(5):1492. <https://doi.org/10.3390/biomedicines11051492> IF4,7 Q2
  5. Cicero AFG, Fogacci F, Stoian AP, Toth PP. Red Yeast Rice for the Improvement of Lipid Profiles in Mild-to-Moderate Hypercholesterolemia: A Narrative Review. *Nutrients*. 2023; 15(10):2288. <https://doi.org/10.3390/nu15102288> IF5,9 Q1
  6. Bica I-C, Pietrosel V-A, Salmen T, Diaconu C-T, Fierbinteanu Braticevici C, Stoica R-A, Suceveanu AI, Pantea Stoian A. The Effects of Cardioprotective Antidiabetic Therapy on Microbiota in Patients with Type 2 Diabetes Mellitus—A Systematic Review. *International Journal of Molecular Sciences*. 2023; 24(8):7184. <https://doi.org/10.3390/ijms24087184> IF 5,6 Q1
  7. Serban D, Dascalu AM, Arsene AL, Tribus LC, Vancea G, Pantea Stoian A, Costea DO, Tudosie MS, Stana D, Cristea BM, et al. Gut Microbiota Dysbiosis in Diabetic Retinopathy—Current Knowledge and Future Therapeutic Targets. *Life*. 2023; 13(4):968. <https://doi.org/10.3390/life13040968> IF 3.2 Q2
  8. Vekic J, Stoian AP, Rizzo M. Lipoprotein subclasses and early kidney dysfunction in young type 1 diabetes mellitus patients. *J Diabetes Complications*. 2023 Mar;37(3):108412. doi: 10.1016/j.jdiacomp.2023.108412. Epub 2023 Feb 6. PMID: 36764229. IF3 Q3
  9. Giglio RV, Patti AM, Rizvi AA, **Stoian AP**, Ciaccio M, Papanas N, Janez A, Sonmez A, Banach M, Sahebkar A, et al. Advances in the Pharmacological Management of Diabetic Nephropathy: A 2022 International Update. *Biomedicines*. 2023; 11(2):291 <https://doi.org/10.3390/biomedicines11020291>. IF 4.7, Q2
  10. Mainas G, Nibali L, Ide M, Mahmeed WA, Al-Rasadi K, Al-Alawi K, Banach M, Banerjee Y, Ceriello A, Cesur M, et al. Associations between Periodontitis, COVID-19, and Cardiometabolic Complications: Molecular Mechanisms and Clinical Evidence. *Metabolites*. 2023; 13(1):40. <https://doi.org/10.3390/metabo13010040> IF 4.1, Q2
  11. Busnatu ȘS, Andronic O, Pană MA, Stoian AP, Scafa-Udriște A, Păun N, Stanciu S. Oral Arginine Supplementation in Healthy Individuals Performing Regular Resistance Training. *Healthcare (Basel)*. 2023 Jan 6;11(2):182. doi: 10.3390/healthcare11020182. PMID: 36673550; PMCID: PMC9891176. IF 3,16 Q2
  12. Vekic J, Vujcic S, Bufan B, Bojanin D, Al-Hashmi K, Al-Rasadi K, Stoian AP, Zeljkovic A, Rizzo M. The Role of Advanced Glycation End Products on

Dyslipidemia. *Metabolites*. 2023 Jan 3;13(1):77. doi: 10.3390/metabo13010077. PMID: 36677002; PMCID: PMC9862879. IF 5,581 Q2

13. Popovic DS, Stoian AP, Papanas N. Glucagon-like peptide-1 receptor agonists for improving cardiorenal outcomes in type 1 diabetes mellitus? *Endocrine*. 2023 Apr;80(1):232-233. doi: 10.1007/s12020-022-03294-3. Epub 2023 Jan 6. PMID: 36607508. IF 3,925 Q3
14. Gradisteanu Pircalabioru G, Rizzo M, Pantea Stoian A, Chifiriuc MC. Editorial: Diet-microbe-host interactions in metabolic syndrome. *Front Nutr*. 2023 Jan 18;10:1129200. doi: 10.3389/fnut.2023.1129200. PMID: 36742428; PMCID: PMC9890158. IF 6,59 Q1
15. Giglio, R.V.; Patti, A.M.; Rizvi, A.A.; Stoian, A.P.; Ciaccio, M.; Papanas, N.; Janez, A.; Sonmez, A.; Banach, M.; Sahebkar, A.; Rizzo, M. Advances in the Pharmacological Management of Diabetic Nephropathy: A 2022 International Update. *Biomedicines* **2023**, *11*, 291. <https://doi.org/10.3390/biomedicines11020291> IF 4,757 Q2
16. Păunică, I.; Giurgiu, M.; Dumitriu, A.S.; Păunică, S.; Pantea Stoian, A.M.; Martu, M.-A.; Serafinceanu, C. The Bidirectional Relationship between Periodontal Disease and Diabetes Mellitus—A Review. *Diagnostics* **2023**, *13*, 681. <https://doi.org/10.3390/diagnostics13040681> IF 3,992 Q2
17. Salmen, T.; Bobirca, F.-T.; Bica, I.-C.; Mihai, D.-A.; Pop, C.; Stoian, A.P. The Safety Profile of Sodium-Glucose Cotransporter-2 Inhibitors and Glucagon-like Peptide 1 Receptor Agonists in the Standard of Care Treatment of Type 2 Diabetes Mellitus. *Life* **2023**, *13*, 839. <https://doi.org/10.3390/life13030839> IF 3,253 Q2
18. Patti, A.M.; Giglio, R.V.; Allotta, A.; Bruno, A.; Di Bella, T.; Pantea Stoian, A.; Ciaccio, M.; Rizzo, M. Effect of Semaglutide on Subclinical Atherosclerosis and Cardiometabolic Compensation: A Real-World Study in Patients with Type 2 Diabetes. *Biomedicines* 2023, *11*, 1362. <https://doi.org/10.3390/biomedicines11051362> IF 4,757
19. Popovic, Djordje & Papanas, Nikolaos & Koufakis, Theocharis & Kotsa, Kalliopi & Almahmeed, Wael & Al Rasadi, Khalid & Al-Alawi, Kamila & Banach, Maciej & Banerjee, Yajnavalka & Ceriello, Antonio & Cesur, Mustafa & Cosentino, Francesco & Firenze, Alberto & Galia, Massimo & Goh, Su-yen & Janez, Andrej & Kalra, Sanjay & Kempler, Peter & Kapoor, Nitin & Rizzo, Manfredi. (2023). Glucometabolic perturbations in type 2 diabetes mellitus and coronavirus disease 2019: causes, consequences, and how to counter them using novel antidiabetic drugs. *Experimental and Clinical Endocrinology & Diabetes*. 10.1055/a-2019-1111. IF 1,8 Q4
20. Jensterle, M.; Herman, R.; Janež, A.; Mahmeed, W.A.; Al-Rasadi, K.; Al-Alawi, K.; Banach, M.; Banerjee, Y.; Ceriello, A.; Cesur, M.; Cosentino, F.; Galia, M.; Goh, S.-Y.; Kalra, S.; Kempler, P.; Lessan, N.; Lotufo, P.; Papanas, N.; Rizvi, A.A.; Santos,

- R.D.; Stoian, A.P.; Toth, P.P.; Viswanathan, V.; Rizzo, M. The Relationship between COVID-19 and Hypothalamic–Pituitary–Adrenal Axis: A Large Spectrum from Glucocorticoid Insufficiency to Excess—The CAPISCO International Expert Panel. *Int. J. Mol. Sci.* 2022, 23, 7326. <https://doi.org/10.3390/ijms23137326> IF 6.208
21. Bobirca, F.; Smarandache, C.G.; Bobirca, A.; Alexandru, C.; Dumitrescu, D.; Stoian, A.P.; Bica, C.; Brinduse, L.A.; Musetescu, A.; Gheoca-Mutu, D.-E.; Isac, S.; Ancuta, I. The Outcome of Surgical Treatment for the Neuropathic Diabetic Foot Lesions—A Single-Center Study. *Life* 2022, 12, 1156. <https://doi.org/10.3390/life12081156> IF 3.251
  22. Calapod, O.P.; Marin, A.M.; Pantea Stoian, A.; Fierbinteanu-Braticevici, C. Clinical Model for the Prediction of Severe Liver Fibrosis in Adult Patients with Type II Diabetes Mellitus. *Diagnostics* 2022, 12, 1829. <https://doi.org/10.3390/diagnostics12081829> IF 3.992
  23. Sivani, B.M.; Azzeh, M.; Patnaik, R.; Stoian, A.P.; Rizzo, M.; Banerjee, Y. Reconnoitering the Therapeutic Role of Curcumin in Disease Prevention and Treatment: Lessons Learnt and Future Directions. *Metabolites* 2022, 12, 639. <https://doi.org/10.3390/metabo12070639> IF 5,581
  24. Giorgino F, Bhana S, Czupryniak L, Dagdelen S, Galstyan GR, Janež A, Lalić N, Nouri N, Rahelić D, Stoian AP, Raz I. Management of patients with diabetes and obesity in the COVID-19 era: Experiences and learnings from South and East Europe, the Middle East, and Africa. *Diabetes Res Clin Pract.* 2021 Feb;172:108617. doi: 10.1016/j.diabres.2020.108617. Epub 2020 Dec 10. PMID: 33310175; PMCID: PMC7728417.
  25. AP Stoian, M Rizzo, T Salmen, P Kempler, T Stulnig, N Papanas, D Popovic, C Herder, D Serban, Post COVID-19 syndrome related to diabetes-a brief review, *Diabetes, Stoffwechsel und Herz*, Band 31:126-130, 2/2022. IF 0.262
  26. Vekic, J.; Zeljkovic, A.; Cicero, A.F.G.; Janez, A.; Stoian, A.P.; Sonmez, A.; Rizzo, M. Atherosclerosis Development and Progression: The Role of Atherogenic Small, Dense LDL. *Medicina* 2022, 58, 299. <https://doi.org/10.3390/medicina58020299> IF 2,43
  27. Janić, M., Rizzo, M., Cosentino, F. et al. Effect of Oral Semaglutide on Cardiovascular Parameters and Their Mechanisms in Patients with Type 2 Diabetes: Rationale and Design of the Semaglutide Anti-Atherosclerotic Mechanisms of Action Study (SAMAS). *Diabetes Ther* 13, 795–810 (2022). <https://doi.org/10.1007/s13300-022-01226-y> IF 2,945
  28. Vekic, J.; Zeljkovic, A.; Stefanovic, A.; Bogavac-Stanojevic, N.; Ilias, I.; Silva-Nunes, J.; Stoian, A.P.; Janez, A.; Rizzo, M. Novel Pharmaceutical and Nutraceutical-Based Approaches for Cardiovascular Diseases Prevention Targeting Atherogenic Small

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<https://doi.org/10.3390/metabo12010067>
30. Busnatu, S.S.; Serbanoiu, L.I.; Lacraru, A.E.; Andrei, C.L.; Jercalau, C.E.; Stoian, M.; Stoian, A. Effects of Exercise in Improving Cardiometabolic Risk Factors in Overweight Children: A Systematic Review and Meta-Analysis. *Healthcare* 2022, 10, 82. <https://doi.org/10.3390/healthcare10010082>
31. Dumitrescu, M., Iliescu, M. G., Mazilu, L., Micu, S. I., Suceveanu, A. P., Voinea, F., Voinea, C., Stoian, A. P., Suceveanu, A. "Benefits of crenotherapy in digestive tract pathology (Review)". *Experimental and Therapeutic Medicine* 23.2 (2022): 122.
32. Nikolic, D., Patti, A.M., Giglio, R.V. et al. Liraglutide Improved Cardiometabolic Parameters More in Obese than in Non-obese Patients with Type 2 Diabetes: A Real-World 18-Month Prospective Study. *Diabetes Ther* (2022).  
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34. Popoviciu, M.S.; Marin, V.N.; Vesa, C.M.; Stefan, S.D.; Stoica, R.A.; Serafinceanu, C.; Merlo, E.M.; Rizvi, A.A.; Rizzo, M.; Busnatu, S.; Stoian, A.P. Correlations between Diabetes Mellitus Self-Care Activities and Glycaemic Control in the Adult Population: A Cross-Sectional Study. *Healthcare* 2022, 10, 174.  
<https://doi.org/10.3390/healthcare10010174>
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36. Rizvi AA, Stoian AP, Janez A, Rizzo M. Lipoproteins and Cardiovascular Disease: An Update on the Clinical Significance of Atherogenic Small, Dense LDL and New Therapeutical Options. *Biomedicines*. 2021; 9(11):1579.  
<https://doi.org/10.3390/biomedicines9111579> IF=6.081 Q1
37. Serban D, Papanas N, Dascalu AM, Kempler P, Raz I, Rizvi AA, Rizzo M, Tudor C, Silviu Tudosie M, Tanasescu D, Pantea Stoian A, Gouveri E, Ovidiu Costea D. Significance of Neutrophil to Lymphocyte Ratio (NLR) and Platelet Lymphocyte



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## **Anexa 10: Lista studiilor, granturilor si proiectelor**

### **10.1 Participari granturi/proiecte Internationale**

1. Cost Action CA16112 –Personalized Nutrition in aging society: redox control of major age-related diseases (2017-2021)-membru.
2. Joint Action on CARdiovascular diseases and DIabetes-JACARDI (2023-prezent)Project no. 101126953, EU4H-2022-JA-IBA Topic: EU4H-2022-JA-03 Type of action: EU4H-PJG Service: HADEA/A/01-Responsabil Proiect Partener -INDBM N.C.Paulescu

### **10.2 Participari granturi/proiecte Nationale**

1. Project POSDRU nr. 63/3.2/5/20596- **Asistent manager si expert stiintific** (2012-2013) :Funding: ESF Research area: Priority 3.Project Title: "Training and Prevention for a Healthy Life" held in the Human Resources Development Operational Programme, Priority Axis 3 "Increasing adaptability of workers and enterprises" and runs for three years, 2009-2011.Authority:Romanian Ministry of Health.Project Manager: Prof.dr.Rodica Anghel, UMF Carol Davila Bucharest.
2. Proiect « Materiale inteligente pentru aplicatii medicale'», nr. 39PCCDI /2018, subproiectul nr.5 cu titlul « Biosenzori electrochimici utilizand nanoarhitecturi 1D »- **Membru** .Durata contractului este de 30 luni (02.03.2018 – 31.08.2020), Responsabil Proiect :Conf .dr.Teodor Nicolescu.

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2. A Randomized, Double-blind, Event-driven, Placebo-controlled, Multicenter Study of the Effects of Canagliflozin on Renal and Cardiovascular Outcomes in Subjects With Type 2 Diabetes Mellitus and Diabetic Nephropathy (CREDENCE) ,(subinvestigator) NCT02065791 2014-2015
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  5. Efficacy and safety of co-administered cagrilintide and semaglutide (CagriSema) s.c. in doses 2.4/2.4 mg and 1.0/1.0 mg once weekly versus semaglutide 2.4 mg and 1.0 mg, cagrilintide 2.4 mg and placebo in participants with type 2 diabetes inadequately controlled on metformin with or without a SGLT2i-Investigator Principal
  6. ZEUS - Ziltivekimab cardiovascular outcomes in patients with established atherosclerotic cardiovascular disease, chronic kidney disease and systemic inflammation-Investigator Principal

#### 10.4 Studii Clinice Nationale

1. Studiul clinic „Inflamasonul si diabetul zaharat” desfasurat in Institutul National de diabet, nutritie si boli metabolice „N.C.Paulescu”, 2018-2019, **investigator Anca Pantea Stoian**, aprobat comisie etica 12.12.2018
2. Studiul clinic „Investigarea disbiozei intestinale la indivizii cu diabet zaharat tip 2”desfasurat in Institutul National de diabet, nutritie si boli metabolice „N.C.Paulescu”, 2018-2019, **investigator Anca Pantea Stoian**,subinvestigator dr.Roxana Stoica, drd.Ariana Picu., drd.Laura Petcu, aprobat comisie etica 12.12.2018
3. Studiul clinic „Inflamasonul si diabetul zaharat” desfasurat in Institutul National de diabet, nutritie si boli metabolice „N.C.Paulescu”, 2018-2019, **investigator Anca Pantea Stoian**, subinvestigator :dr.Roxana Stoica, drd.Ariana Picu., drd.Laura Petcu aprobat comisie etica 12.12.2018
4. Studiul clinic „Aderenta pacientilor la managementul diabetului zaharat-diabetic self care management” desfasurat in Institutul National de diabet, nutritie si boli metabolice „N.C.Paulescu”, 2018-2019, **investigator Anca Pantea Stoian**,subinvestigator :dr.Simona Diana Stefan, dr.Roxana Stoica, aprobat comisie etica.
5. Studiul „Evaluarea statusului nutritional si relatia sa cu deficitul de vitamina D la pacientii cu suprapondere si obezitate”, desfasurat in Clinica Slim Medical Concept, intre 2011-2017, avizat de comisia de etica, **investigator : dr.Anca Pantea Stoian**, subinvestigator :dr.Georgiana Ditu

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