



Tudor Stroie

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Date of birth: 1 Sep 1991 **Nationality**: Romanian

WORK EXPERIENCE

[1 Jan 2022 – Current]

Gastroenterologist

Fundeni Clinical Institute

City: Bucharest

Country: Romania

[1 Mar 2021 – 1 Dec 2023]

Assistant Professor

Carol Davila University of Medicine and Pharmacy

City: Bucharest

Country: Romania

EDUCATION AND TRAINING

PhD

Carol Davila University of Medicine and Pharmacy

City: Bucharest

Country: Romania

[Oct 2010 – Sep 2016]

Medical Doctor

Victor Babes University of Medicine and Pharmacy

City: Timisoara

Country: Romania

[Jan 2017 – Dec 2021]

Residency in Gastroenterology

Fundeni Clinical Institute

City: Bucharest

Country: Romania

[Nov 2017 – May 2018]

Faisant Fonction d'Intern (Internship)

Hôpital Saint Louis - Sorbonne Université

City: Paris

Country: France

LANGUAGE SKILLS

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C2 READING C2 WRITING C2

SPOKEN PRODUCTION C2 SPOKEN INTERACTION C2

French

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

German

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

POSTGRADUATE TRAINING

The 4th German–Romanian Symposium on Gastroenterology. Stuttgart, 31.03-01.04.2017

4th Update on Hepatology, Bucharest 6-7.04.2017

Al 37-lea Congres Național de Gastroenterologie, Hepatologie și Endoscopie Digestiva. Bucharest, 22-24.06.2017

Pancreatic fest 2017. Bucharest, 09.2017

9th National Symposium on Inflammatory Bowel Diseases. Bucharest, 28-30.09.2017

Oncodigest 2017. The 6th Franco-Romanina Symposium in Digestive Oncology. Bucharest 26-28.10.2017

Journées Francophones d'Hépatogastroentérologie & d'Oncologie Digestive. Paris, 22-25.03.2018

Al XVIII-lea Simpozion Național de Nutriție Clinică. Bucharest, 3-5.11.2018

Bucharest Live Endoscopy. Bucharest, 4-5.05.2018

UEG Summer School. Prague, 24-27.05.2018

Școala Națională de Vară de Gastroenterologie și Hepatologie, editia a XIV-a. 5-7.07.2018

Bucharest Pancreatic Fest - Course for Pancreatic diseases, EUS Workshop for Pancreatic Pathology. Bucharest, 21-22.09.2018

RCCC Congress | 10th Annual Symposium on Inflammatory Bowel Diseases. Bucharest, 27-29.09.2018

The Franco-Romanian Symposium in Digestive Oncology. 8-10.11.2018

Al 38-lea Congres Național de Gastroenterologie, Hepatologie și Endoscopie Digestiva. Timișoara, 06-08.06.2019

18th IBD Intensive Advanced Course. Vienna, 12.02.2020

RCCC – 12th National Symposium on Inflammatory Bowel Diseases. Bucharest, 24-26.09.2020

UEG Week Virtual, 11-13.10.2020

Oncodigest 2020. The 9th Franco-Romanian Symposium in Digestive Oncology, 29-31.10.2020

Journées Francophones d'Hépatogastroentérologie & d'Oncologie Digestive. Paris, 18-21.03.2021

RCCC – 13th National Symposium on Inflammatory Bowel Diseases. The 4th Franco-Romanian Meeting on IBD. Bucharest 16-18.09.2021

Oncodigest 2021. The 10th Franco-Romanian Symposium on Digestive Oncology. 18-20.11.2021

Journées Francophones d'Hépatogastroentérologie & d'Oncologie Digestive. Paris 17-20.03.2022

Al 40-lea Congres Național de Gastroenterologie, Hepatologie și Endoscopie Digestivă. Bucharest 20.06-02.07.2022

Bucharest Pancreatic Fest 2022. 09-10.09.2022

RCCC – 14th National Symposium on Inflammatory Bowel Diseases. The 5th Franco-Romanian Meeting on IBD. Bucharest 15-17.09.2022

Oncodigest 2022. The 12th Franco-Romanian Symposium on Digestive Oncology. 27-29.10.2022

Journées Francophones d'Hépatogastroentérologie & d'Oncologie Digestive. Paris 16-19.03.2023

RCCC – 15th National Symposium on Inflammatory Bowel Diseases. The 5th Franco-Romanian Meeting on IBD. Bucharest 21-23.09.2023

United European Gastroenterology Week. Copenhagen 14-17.11.2023

Oncodigest 2023. The 13th Franco-Romanian Symposium on Digestive Oncology. Sinaia 9-11.11.2023

SCIENTIFIC ACTIVITY

ISI INDEXED ARTICLES (SCIE)

1. Vadan R, Iacob R, Costache R, Stroie T, Saizu IA, Iacob S, Gheorghe L, Diculescu M, Gheorghe C. Inflammatory Bowel Disease Management in a Romanian Tertiary Gastroenterology Center: Challenges of the COVID-19 Pandemic. *J Gastrointestin Liver Dis.* 2020 Dec 12;29(4):549-553. doi: 10.15403/jgld-3183.
2. Dumitrascu DL, Baban A, Bancila I, Barboi O, Bataga S, Chira A, Chirila I, Cijevschi Prelipcean C, Ciobanu L, Cozma-Petrut A, David L, Diculescu M, Dobru D, Dimitriu A, Dumitru E, Fadgyas-Stanculete M, Gheorghe C, Gilca-Blanariu GE, Goldis A, Grad S, Macarie M, Marica-Sabo C, Miere D, Nedelcu L, Negovan A, Pojoga C, Pop AV, Popa SL, Porr PJ, Rusu F, Seicean A, Sporea I, Stroie T, Blaga-Surdea T, Tocia C, Trifan A, Brisc C, Drug V. Romanian Guidelines for Nonpharmacological Therapy of IBS. *J Gastrointestin Liver Dis.* 2021 Jun 18;30(2):291-306. doi: 10.15403/jgld-3581.
3. Maruntelu I, Preda CM, Sandra I, Istratescu D, Chifulescu AE, Manuc M, Diculescu M, Talangescu A, Tugui L, Manuc T, Stroie T, Andrei AC, Tieranu C, Constantinescu I. HLA Genotyping in Romanian Adult Patients with Celiac Disease, their First-degree Relatives and Healthy Persons. *J Gastrointestin Liver Dis.* 2022 Jun 12;31(2):191-197. doi: 10.15403/jgld-4187.
4. Stroie T, Preda C, Meianu C, Croitoru A, Gheorghe L, Gheorghe C, Diculescu M. Health-Related Quality of Life in Patients with Inflammatory Bowel Disease in Clinical Remission: What Should We Look For? *Medicina (Kaunas).* 2022 Mar 27;58(4):486. doi: 10.3390/medicina58040486.
5. Gheorghe L, Preda C, Trifan A, Manuc M, Stanciu C, Istratescu D, Popescu CP, Diculescu MM, Tieranu CG, Manuc T, Stroie TG, Iacob SM, Iliescu L. Real World Efficacy and Safety of Sofosbuvir + Velpatasvir + Voxilaprevir in Romanian Patients with Genotype 1b HCV Infection Non-reponders to DAAs Therapy. *J Gastrointestin Liver Dis.* 2022 Dec 17;31(4):437-443. doi: 10.15403/jgld-4472.
6. Stroie T, Preda C, Meianu C, Istrătescu D, Manuc M, Croitoru A, Gheorghe L, Gheorghe C, Diculescu M. Fatigue Is Associated with Anxiety and Lower Health-Related Quality of Life in Patients with Inflammatory Bowel Disease in Remission. *Medicina (Kaunas).* 2023 Mar 9;59(3):532. doi: 10.3390/medicina59030532.
7. Nitescu M, Istratescu D, Preda CM, Manuc TE, Louis E, Manuc M, Stroie T, Catrinouiu M, Tieranu CG, Badea LE, Tugui L, Andrei A, Diculescu MM. Role of an Exclusion Diet (Reduced Disaccharides, Saturated Fats, Emulsifiers, Red and Ultraprocessed Meats) in Maintaining the Remission of Chronic Inflammatory Bowel Diseases in Adults. *Medicina (Kaunas).* 2023 Feb 9;59(2):329. doi: 10.3390/medicina59020329.
8. Stroie T, Preda C, Istratescu D, Ciora C, Croitoru A, Diculescu M. Anxiety and depression in patients with inactive inflammatory bowel disease: The role of fatigue and health-related quality of life. *Medicine (Baltimore).* 2023 May 12;102(19):e33713. doi: 10.1097/MD.00000000000033713.

BOOK CHAPTERS

1. M Diculescu, T Stroie. CHAPTER 10: The Quality of Life of Patients with Inflammatory Bowel Disease: A Continuous Challenge. p114-120. What is New in Gastroenterology and Hepatology? Bentham Science Publishers LTD. 2021. ISBN: 978-1-68108-788-7

ISI INDEXED ABSTRACTS

1. Tudor Stroie, Alexandru Lupu , Ioana Stefan , Maria Ciocirlan, Mihai Ciocirlan, Anca Hurduc, Larisa Fulger, Cristina Cijevschi, Catalina Mihai, Liana Gheorghe, Cristian Gheorghe, Alina Tantau, Adrian Goldis, Madalina Ilie, Razvan Iacob, Mircea Diculescu. Phenotypic and management tendencies in patients with IBD: a 12 year national multicentric study based on the IBD Prospect. J Gastrointestin Liver Dis, Suppl. 2/2017:26-27
2. Maria Ciocirlan, Mihai Ciocirlan, Andreea Cazan, Mihaela Barbu, Tudor Stroie, Ioana Stefan, Mircea Manuc, Mircea Diculescu. Tools for nutritional assessment in patients with liver cirrhosis. J Gastrointestin Liver Dis, Suppl. 2/2017:29-30
3. Carmen-Elena Plaisanu, Corina Meianu, Tudor Stroie, Mircea Diculescu, Cosmin Ciora, Gabriel Becheanu. Primary systemic amyloidosis – an unusual cause of diarrhea – Case report. J Gastrointestin Liver Dis, Vol. 28, Suppl. 2/2019:114
4. Tudor Stroie, Corina Meianu, Carmen Plăişanu, Ştefan Ioana, Alina Luţu, Gabriel Becheanu, Ioana Lupescu, Mircea Diculescu. Case report: isolated splenic vein thrombosis complicated with upper gastrointestinal bleeding due to gastric varices. J Gastrointestin Liver Dis, Vol. 28, Suppl. 2/2019:162-163
5. Corina Meianu, Gabriel Becheanu, Mona Dumbrava, Carmen Preda, Alexandra Naiden-Moise, Alexandru Petraru, Tudor Stroie, Carmen Plaisanu, Dan Pitigoi, Mircea Diculescu. Neuroendocrine cells density alterations in colonic mucosa of patients with inflammatory bowel disease. J Gastrointestin Liver Dis, Vol. 28, Suppl. 1/2019:33
6. Corina Meianu, Gabriel Becheanu, Mona Dumbrava, Carmen Preda, Alexandra Naiden-Moise, Alexandru Petraru, Tudor Stroie, Carmen Plaisanu, Dan Pitigoi, Mircea Diculescu. Outcome of anti-TNF discontinuation in patients with IBD: a prospective observational study on a series of cases. J Gastrointestin Liver Dis, Vol. 28, Suppl. 1/2019:33
7. Corina Meianu, Gabriel Becheanu, Mona Dumbrava, Carmen Preda, Alexandra Naiden-Moise, Alexandru Petraru, Tudor Stroie, Dan Pitigoi, Carmen Plaisanu, Mircea Diculescu. Alteration of serotonin expressing neuroendocrine cells in colonic mucosa of patients with inflammatory bowel disease. J Gastrointestin Liver Dis, Vol. 28, Suppl. 1/2019:34
8. Lutu Alina Florentina, Stefan Ioana Anca, Stroie Tudor Gheorghe, Olteanu Ovidiu Andrei, Meianu Corina, Plaisanu Carmen, Cosmin Ciora, Mircea Diculescu. Management of Patients with Esophageal Cancer. J Gastrointestin Liver Dis, Vol. 27, Suppl. 4/2018:5
9. Stefan Ioana Anca, Stroie Tudor Gheorghe, Lutu Alina Florentina, Meianu Corina, Olteanu Ovidiu Andrei, Diculescu Mircea Mihai. Clinic and Treatment Features at Patients with Gastric Cancer: A Single Center Retrospective Study. J Gastrointestin Liver Dis, Vol. 27, Suppl. 4/2018:6

10. Corina Meianu, Gabriel Becheanu, Mona Dumbrava, Carmen Preda, Tudor Stroie, Cosmin Ciora, Adina Croitoru, Mircea Diculescu. From Neuroendocrine Cells Hyperplasia to Neuroendocrine Neoplasms in Inflammatory Bowel Disease. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 4/2018:7
11. Stroie Tudor, Croitoru Adina, Becheanu Gabriel, Herlea Vlad, Lupescu Ioana, Croitoru Vlad, Buica Florina, Luca Ioana, Gramaticu Iulia, Vasilescu Catalin, Diculescu Mircea. Metastatic Gastric Neuroendocrine Tumor with Transition from G2 NET to Small Cell NEC. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 4/2018:9
12. Lutu Alina, Ioana Stefan, Carmen Preda, AlexandruLupu, Bogdan Slavulete, Cosmin Ciora, Corina Meianu, Tudor Stroie, Plaisanu Carmen, Mircea Diculescu. Fistulising Crohn's Disease Treatment – Real Life Data. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 3/2018:14
13. Corina Meianu, Carmen Preda, Ioana Stefan, Alina Lutu, Tudor Stroie, Mircea Diculescu. Outcome of anti-TNF discontinuation in patients with IBD: A prospective observational study on a series of cases. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 3/2018:15
14. Stefan Ioana Anca, Stroie Tudor Gheorghe, Lupu Alexandru, Lutu Alina, Meianu Corina, Olteanu Ovidiu Andrei, Stoica Bianca, Cijevschi Cristina, Mihai Catalina, Gheorghe Liana, Gheorghe Cristian, Tantau Alina, Goldis Adrian, Ilie Madalina, Iacob Razvan, Diculescu Mircea Mihai. Correlation between anemia and Crohn's disease activity: a national multicentric study based on IBDProspect. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 3/2018:21
15. Stroie Tudor Gheorghe, Ștefan Ioana Anca, Luțu Alina, Meianu Corina Gabriela, Olteanu Ovidiu Andrei, Diculescu Mihai Mircea. Efficacy of Adalimumab in patients with Crohn's Disease with loss of response to Infliximab therapy: a single center retrospective Romanian study. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 3/2018:21-22
16. Cristina Elena Toader, Razvan Iacob, Cristina Cijevschi Prelipcean, Liana Gheorghe, Cristian Gheorghe, Alina Tantau, Adrian Goldis, Daniela Dobru, Anca Trifan, Gabriel Constantinescu, Madalina Ilie, Tudor Stroie, Corina Meianu, Mircea Diculescu. Quality of life and anemia in patients with inflammatory bowel disease in the IBD Prospect database. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 3/2018:22-23
17. Carmen-Elena Plaisanu, Ioana Stefan, Corina Meianu, Tudor Stroie, Mircea Diculescu, Cosmin Ciora. Celiac disease – a rare cause of fertility disorder. *J Gastrointestin Liver Dis*, Vol. 27, Suppl. 2/2018:88.
18. Stroie T., Lupu A., Stefan Ioana, Hurduc Anca, Fulger Larisa, Cijevschi Cristina, Mihai Catalina, Gheorghe Liana, Gheorghe C., Tantau Alina, Goldis A., Ilie Madalina, Iacob R., Diculescu M. Prevalence of anemia in patients with IBD: a national multicentric study based on IBDProspect. . *J Gastrointestin Liver Dis*, Vol. 26, Suppl. 3/2017:6-7.
19. Stroie T, Preda C, Meianu C, Istrătescu D, Lucața R, Diculescu M. Quality of life in patients with inflammatory bowel disease: The influence of fatigue, anxiety and depression. *J Gastrointestin Liver Dis*, Vol. 32, Suppl. 1/2023:26-27.
20. Stroie T, Cutoiu A, Meianu C, Diculescu R, Diculescu M. Anxiety and depression in patients with inflammatory bowel disease in clinical remission: Correlation with health-related quality of life. *J Gastrointestin Liver Dis*, Vol. 30, Suppl. 1/2021:33-34.
21. Lucața R, Stroie T, Meianu C, Scutaru A, Istrătescu D, Coca N, Diculescu M. A comparative analysis of clinical and endoscopic remission after anti-TNF and immunosuppressive combination therapy versus anti-integrin antibodies therapy in patients with moderate to severely active

- ulcerative colitis. Real word data from a Romanian Tertiary Gastroenterology Center. *J Gastrointestin Liver Dis*, Vol. 32, Suppl. 1/2023:29.
22. Diculescu M, Stroie T. IBDPROSPECT RN, a National Database for IBD: Between Needs and Accomplishments. *J Gastrointestin Liver Dis*, Vol. 31, Suppl. 1/2022:13-14.
 23. Preda CM, Cerban R, Ester C, Istratescu D, Manuc M, Ciocarlan R, Marin RI, Marin AI, Popusoi A, Stroie TG, Tugui L, Manuc T, Andrei AC, Ciora CA, Diculescu M. A prospective, randomized head-to-head study of efficacy and safety of phospholipids versus sylimarin in non-alcoholic fatty liver disease (NAFLD). *J Gastrointestin Liver Dis*, Vol. 31, Suppl. 3/2022:16.
 24. Lucuta R, Stroie T, Meianu C, Scutaru A, Manuc M, Diculescu M. Correlation between alterations of gut-brain axis and prolonged post-infectious diarrheic syndrome in patients with systemic sclerosis. *J Gastrointestin Liver Dis*, Vol. 31, Suppl. 3/2022:40.
 25. Meianu C, Stroie T, Stanciulea O, Lucuta R, Scutaru A, Diculescu M. Tight disease control in IBD. Experience from a tertiary IBD center. *J Gastrointestin Liver Dis*, Vol. 31, Suppl. 3/2022:58-59.
 26. Maruntelu I, Preda CM, Sandra I, Istratescu D, Chifulescu AE, Manuc M, Diculescu M, Talangescu A, Tugui L, Manuc T, Stroie T, Andrei AC, Tieranu C, Constantinescu I. HLA genotyping in Romanian adult patients with celiac disease, their first degree relatives and healthy persons. *J Gastrointestin Liver Dis*, Vol. 31, Suppl. 3/2022:62.
 27. Lucuta R, Manuc T, Stroie T, Manuc M, Diculescu M. Pancreatic cancer and autoimmune connective tissue disease – two case reports. *J Gastrointestin Liver Dis*, Vol. 31, Suppl. 3/2022:71.
 28. Cutoiu A, Stroie T, Meianu C, Diculescu M. Biologic therapy in inflammatory bowel disease and psoriasis – benefits and side effects. *J Gastrointestin Liver Dis*, Vol. 30, Suppl. 1/2021:31-32.