



IONESCU Claudiu Gabriel

EXPERIENȚA PROFESIONALĂ

2022 - ÎN CURS Bucuresti, România

MEDIC SPECIALIST PSIHIATRIE (ORD. MS NR.1602/10.06.2022) SPITALUL CLINIC DE PSIHIATRIE „PROF. DR. ALEXANDRU OBREGIA”

2022 - ÎN CURS Bucuresti, România

ASISTENT UNIVERSITAR CATEDRA DE ETICA SI INTEGRITATE ACADEMICA, UNIVERSITATEA DE MEDICINA SI FARMACIE „CAROL DAVILA”

2019 - 2022 Bucharest, România

ASISTENT UNIVERSITAR CATEDRA DE PSIHOLOGIE MEDICALA, UNIVERSITATEA DE MEDICINA SI FARMACIE „CAROL DAVILA”

2018 - 2019 Bucuresti, România

ASISTENT UNIVERSTAR (COLABORATOR EXTERN) CATEDRA DE FIZIOLOGIE I, UNIVERSITATEA DE MEDICINA SI FARMACIE „CAROL DAVILA”

2017 - 2022 Bucuresti, România

MEDIC REZIDENT PSIHIATRIE SPITALUL CLINIC DE PSIHIATRIE „PROF. DR. ALEXANDRU OBREGIA”

EDUCAȚIE ȘI FORMARE PROFESIONALĂ

2017 - 2022 Bucuresti, România

DOCTOR IN STIINTE MEDICALE - SUMMA CUM LAUDAE Universitatea de Medicina si Farmacie „Carol Davila”

Domeniu de studiu Physiology | **Diplomă finală** Summa Cum Laudae (Ministry of Education no. 4185/04.07.2022) |

Lucrare de diplomă Correlation between sleep disorders and somatic complaints among patients with psychiatric illness

03/2023 - 04/2023 Napoli, Italia

OBSERVERSHIP IN DEPARTAMENTUL DE PATOLOGIE ORALA, PSIHOSOMATICA SI PSIHO-GERIATRIE Universitatea „Federico II”

2010 - 2016 Bucharest, România

DOCTOR-MEDIC Facultatea de Medicina Generala, Universitatea de Medicina si Farmacie „Carol Davila”

General Medicine
Scholarship-4 out of 6 years

Final Grade-9,33
Graduated Position- 93/890

Bucharest, România

TRAINER (MINISTRY OF WORK AND SOCIAL SOLIDARITY NR 40/5439/2023) Training Teaching Center

2006 – 2010

ELEV Colegiul National Liceal „Zinca Golescu”

Nature Sciences-Chemistry/Biology Class

Adresă Pitesti, Arges, Romania

COMPETENȚE LINGVISTICE

Limbă(i) maternă(e): **ROMÂNĂ**

Altă limbă (Alte limbi):

	COMPREHENSIVNE		VORBIT		SCRIS
	Comprehensivne orală	Citit	Exprimare scrisă	Conversație	
ENGLEZĂ	B2	B2	B2	B2	B2
FRANCEZĂ	B2	B2	B2	B2	B1
SPANIOLĂ	B2	B2	B1	B2	A2

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

INFORMAȚII SUPLIMENTARE

PUBLICAȚII

Articole

ISI-indexed articles

1. **Ionescu CG**, Licu M. Are TikTok Algorithms Influencing Users' Self-Perceived Identities and Personal Values? A Mini Review. *Social Sciences*. 2023; 12(8):465. <https://doi.org/10.3390/socsci12080465>
2. Licu, M.; **Ionescu, C.G.**; Paun, S. Quality of Life in Cancer Patients: The Modern Psycho-Oncologic Approach for Romania—A Review. *Curr. Oncol.* **2023**, *30*, 6964-6975. <https://doi.org/10.3390/curroncol30070504>
3. Licu, M.; **Ionescu, C.G.**; Suciu, M.; Paun, S. Self-esteem, Self-efficacy and Smoking Prevalence: A Cross-sectional study among Military and Civilian Medical Students, *Romanian Military Medicine Journal*.vol. CXXVI,no.4/**2023**,502-511,doi: [10.55453/rjmm.2023.126.4.22](https://doi.org/10.55453/rjmm.2023.126.4.22)
4. Onu, I., Buculei, I., **Ionescu, C. G.**, Stanca, D. N., Voicu, B., & Iordan, D.-A. (2023). The Endocannabinoid System a Turning Point in Optimizing Physiotherapy Procedures in Knee Osteoarthritis. *BRAIN. Broad Research in Artificial Intelligence and Neuroscience*, *14*(2), 303-320. <https://doi.org/10.18662/brain/14.2/456>
5. **Ionescu, C.G.**; Chendea, A.; Licu, M. Is Satisfaction with Online Learning Related to Depression, Anxiety, and Insomnia Symptoms? A Cross-Sectional Study on Medical Undergraduates in Romania. *Eur. J. Investig. Health Psychol. Educ.* **2023**, *13*, 580-594. <https://doi.org/10.3390/ejihpe13030045>
6. **Ionescu C.**, Popa-Velea O., Mihăilescu A., Tălășman A., Bădărău I., „Somatic Symptoms and Sleep Disorders: A Literature Review of Their Relationship, Comorbidities and Treatment”, *Healthcare*, *9*, 1128, **2021**, e-ISSN: 2227-9032, IF:2.64 <https://www.mdpi.com/journal/healthcare>
7. Popa-Velea O., **Ionescu C.**, Soare T., Zamfir A., Dobra A., Bobîrnac G., Spînu D., Gheorghe D., „Associations between intimate partner violence, dysfunctional attachment style and alexithymia at women displaying somatoform disorders”, *Romanian Journal of Legal Medicine*, *28*, 406-411, **2020**, e-ISSN 1844-8585, [Romanian Journal of Legal Medicine \(rjlm.ro\)](https://www.mdpi.com/journal/legalmedicine)
8. Popa-Velea O., Pristavu C., **Ionescu C.**, Mihăilescu A., Diaconescu L., „Teaching Style, Coping Strategies, Stress and Social Support: Associations to the Medical Students' Perception of Learning during the SARS-CoV-2 Pandemic”, *Education Sciences*, *11*, 414, **2021**, e-ISSN: 2227-7102, IF: 2.15 <https://www.mdpi.com/journal/education>

BDI-indexed articles

1. Licu M., **Ionescu C.**, Paun S., „Active learning and a good relationship with students-the foundations of facilitating learning”, *Euromentor*, vol.13, issue 4, p.45-57, 2022, https://euromentor.ucdc.ro/EUROMENTOR_DECEMBER_2022.pdf
 2. **Ionescu C.**, Talaşman A., „Somatization disorder and the issue of stigmatization among psychiatric patients”, *Romanian Journal of Psychiatry*, 2, p.99-102, 2019, e-ISSN: 2068-7176, <https://www.romjpsychiat.ro/>
 3. **Ionescu C.**, Talaşman A., Bădărău I., „Somatization and sleep quality on patients with commorbid anxiety/depression”, *Maedica-A Journal of Clinical Medicine*, (16) 2, p.11-19,2021, e-ISSN: 2069-6116, [MÆDICA - a Journal of Clinical Medicine - a Journal of Clinical Medicine \(maedica.ro\)](http://MÆDICA - a Journal of Clinical Medicine - a Journal of Clinical Medicine (maedica.ro))
 4. Talaşman A., **Ionescu C.**, Manea M., Tuţă S. „Somatic delusional disorder in a patient with idiopathic normal pressure hydrocephalus”, *Romanian Journal of Psychiatry*, 1, p.98-104, 2020, e-ISSN: 2068-7176 <https://www.romjpsychiat.ro/>
 5. Talaşman A., **Ionescu C.**, Tudose C., „Factorii psihopatologice si afectiunile dermatologice cronice. Perspectiva psihiatrului”, *Medica Academica*,5-8, Supliment Septembrie, 2019, e-ISSN: 2068-1747, <https://medicaacademica.ro/>
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Carti

1. Popa-Velea O., Diaconescu L., Mihăilescu A., Jidveian Popescu M., Truţescu C., **Ionescu C.**, Stan S., Pană M., Capitolul „Psychological correlations of pain”, *Health Psychology and Medical Communication*, Carol Davila University Press, Bucuresti, **2020**, ISBN: 978-606-011-158-0
 2. **Ionescu C.**, „Ce am când nu am nimic-scurt ghid al somatizărilor”, Editura Trialog, Piteşti, **2021**, ISBN: 978-973-0-35129-3
 3. Licu M., **Ionescu C.**, Paun S., „Etica si integritate academica-note de curs vol.1” Carol Davila University Press, Bucuresti, **2022**, ISBN: 978-626-011-148-3
 4. Licu M., Nitipir C., Stoica L., **Ionescu C.G.**, „Psiho-Oncologie-standard obligatoriu in abordarea cancerului”, Editura Universitara „Carol Davila”, **2023**, Bucuresti, ISBN: 978-606-011-252-5
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PREZENTARI

Oral Presentations and Posters

NATIONAL

1. **Ionescu C.** „Somatizarea si tulburarile hipnice”, Zilele Obregiei, **2023**, Bucharest, Romania
2. **Ionescu C.** „Somatizarea in BMS-primul studiu transversal din Romania”, Congresul National de Psihiatrie, **2023**, Bucharest, Romania
3. **Ionescu C.** „ Psychiatric approach in Psycho-Oncology patients”, Carol Davila University Annual Congress, **2022**, Bucharest, Romania
4. **Ionescu C.**, „Psychopharmacological approach of Psycho-Oncology patients”, Psycho-Oncology National Conference, **2022**, Cluj-Napoca, Romania
5. **Ionescu C.**, Psychopatological aspects and adaptation in somatization- Romanian Oral Pathology Society Annual Meeting, **2022**, Bucuresti, Romania
6. **Ionescu C.**, Talaşman A., „Somatization in the time of COVID-19- a review on its prevalence, diagnosis and approach”, v- *Congresul National de Psihiatrie*, **2021**, Cluj-Napoca, Romania
7. **Ionescu C.**, Talaşman A. „Impactul pandemiei COVID-19 asupra aparţinătorilor persoanelor cu demenţă Alzheimer”, v-*Congresul National Alzheimer*, **2021**, Bucureşti, Romania
8. **Ionescu C.**, Mihăilescu A., „Somatization disorder-a multidisciplinary approach”, *Zilele Educaţiei Medicale*, **2021**, Bucureşti, Romania
9. Talaşman A., **Ionescu C.**, „Simptomele somatice în tulburarea depresiva” *Zilele Spitalului de Psihiatrie „Prof. Dr. Alexandru Obregia”*, **2019**, Bucureşti, Romania
10. Tudose C., **Ionescu C.**, Talaşman A., „Abordarea tulburărilor epileptice în perspectiva psihiatrului.”, *Congresul de Neurologie Pediatrica*,**2019**, Bucureşti, Romania

INTERNATIONAL

1. **Ionescu C.** „Somatization in Burning Mouth Syndrome-a cross-sectional study in Romania”, oral presentation, European Association of Psychosomatic Medicine Conference, **2023**, Wroclaw, Poland
2. **Ionescu C.**, Licu M., Parlatescu I., Tovar S. „Burning Mouth Syndrome- a multidisciplinary approach”, poster, European Association of Psychosomatic Medicine Conference, **2023**, Wroclaw, Poland
3. Licu M., Suci M., **Ionescu C.** „Les etudiants en medicine ont il un probleme de tabagisme? Comment cela affecte-t-il leur performance academiques?”, Congress de l'Association Francophone de Psychologie de la Sante, **2023**, Montpellier, France

4. **Ionescu C.**, Spiller R.T., Popa-Velea O., „Understanding the psychological impact of e-learning during the COVID-19 pandemic among medical students”, European Association of Psychosomatic Medicine, **2022**, Wien, Austria
5. **Ionescu C.**, Popa-Velea O., „Sleep disorders and their correlation with psychiatric comorbidity in patients with somatic symptoms disorder: a cross-sectional study”, *International Congress of Behavioural Medicine*, **2021** ISI-indexed proceedings, Glasgow, United Kingdom

REȚELE ȘI AFILIERI

Membru

2017 – ÎN CURS

European Association of Psychosomatic Medicine

2018 – ÎN CURS

Romanian Association of Psychiatry and Psychotherapy

2019 – ÎN CURS USA

Neuroscience Education Institute

2022 – ÎN CURS

International Psycho-Oncology Society

CONFERINȚE ȘI SEMINARE

2022 – Bucharest, Romania

Seminar- „Psychiatric approach in Psycho-Oncology”- „Restart la viata” Oncologic Patients Association, Psycho-Oncology Course Certification for Psychologists

2022 – Bucharest, Romania

Workshop- „Psychiatric approach of Oncology patients- Oncology residents training programme”, „Restart la viata” Oncology patients association, Elias Emergency Hospital, 2022

2022 – Bucharest, Romania

Workshop- „Psychological approach of medical communication”- International Medical Students Congress, 2022

2022 – Bucharest, Romania

Workshop- „ Cognitive biases of doctors”- Zilele Educatiei Medicale, 2022

2021 – Bucharest, Romania

Workshop- „Somatization disorder- a multidisciplinary approach”- Zilele Educatiei Medicale, 2021

PROIECTE

2020 – 2022

Mentorat academic Official Mentor and Academic Tutor of First-year Medical Students in „Carol Davila” University of Medicine and Pharmacy, Faculty of Medicine-Seria nr.4 (2020-2021)

Official Mentor and Academic Tutor of First-year Medical Students in „Carol Davila” University of Medicine and Pharmacy, Faculty of Medicine-Seria nr.4 (2021-2022)

Protocele clinice si terapeutice „ Protocolul terapeutic si de abordare al bulimiei nervoase”, Ana A. Talasman, Laura Brezeanu, **Claudiu G. Ionescu**, Spitalul Alexandru Obregia, 2019, Bucharest

„ Protocolul terapeutic si de abordare al anorexiei nervoase”, Ana A. Talasman, Laura Brezeanu, **Claudiu G. Ionescu**, Spitalul Alexandru Obregia, 2019, Bucharest

DISTINȚII ONORIFICE ȘI PREMII

06/2023

EAPM Conference Award (Wroclaw, Polonia) – European Association of Psychosomatic Medicine

06/2023

Premiul III (Comunicari Orale) CNP 2023 – Asociatia Romana de Psihiatrie si Psihoterapie pentru lucrarea „Somatizarea in Burning mouth syndrome- primul studiu transversal din Romania”

27/02/2021

Cel mai bun e-Poster – Romanian Alzheimer Society

- e-Poster „Impactul pandemiei COVID-19 asupra aparținătorilor persoanelor cu demență Alzheimer”
Claudiu Gabriel Ionescu, Anca Talașman, v- CNAIz, 2021, Bucharest, Romania

CURSURI

Cursuri

1. „Depression. Practical aspects and therapeutic novelties”, Inomedia,
26.07.2019

1. Keeping up With the Clinical Advances: Schizophrenia, Neuroscience Education Institute, 27.08.2019

2. Burnout Syndrome, Inomedia, 11.05.2020

3. Masterclass-Diagnosis in Psychosomatic Medicine-Prof. Dr. Fiammetta Cosci-EAPM-2023

COMPETENȚE DE COMUNICARE ȘI INTERPERSONALE

Competențe de comunicare și interpersonale excellent communication skills

critical thinker with effective researching skills

flexible team player leadership skills developed through work experience

APTITUDINI LEGATE DE LOCUL DE MUNCA

Aptitudini legate de locul de munca

Specialist doctor-training in the field of Psychiatry and Psychotherapy, with special interests in psychosomatic disorders, cluster B personality disorder and suicidal prevention

PhD Student-preparing a scientific research project

Teaching assistant- teaching classes among English and Romanian 1st and 2nd year students Module in the field of Medical Psychology and Behavioural Sciences, Medical Ethics and Academic Integrity

PERMIS DE CONDUCERE

Permis de conducere: B

HOBBY-URI ȘI TEME DE INTERES

Ciclism

Fotografie

Lectura
