

EXPERIENȚA
PROFESIONALĂ

-
- 2021 Asistent Universitar UMF Carol Davila Bucuresti- Departamentul Endocrinologie si Diabet, Nutritie si Boli Metabolice
- Activitate didactica
- 2017-prezent Medic Specialist Diabet, Nutritie si Boli Metabolice, Sectia Endocrinologie si Diabet, Spitalul Universitar de Urgenta Elias, Bucuresti
- Asistenta medicala de specialitate pentru pacienti spitalizati si in sistem ambulator
 - Activitate de cercetare stiintifica si clinica
 - Activitate didactica
- 2015-2021 Colaborator UMF Carol Davila Bucuresti- Departamentul Endocrinologie
- Activitate didactica
- 2013- 2017 Medic Rezydent Diabet, Nutritie si Boli metabolice Spitalul Universitar de Urgenta Elias, Bucuresti
- Activitate clinica, activitate didactica
 - Participare la cursuri de specialitate
 - Activitate de cercetare in cadrul Departamentului de Endocrinologie, Diabet

EDUCAȚIE ȘI FORMARE

- 2017 Certificat Medic Specialist Diabet, Nutritie si Boli Metabolice
- 2015-prezent Student Doctorand
Universitatea de Medicina si Farmacie „Carol Davila”,
Bucuresti
Student-Doctorand admis pe baza de concurs
- 2013- 2017 Rezidentiat Diabet, Nutritie si Boli Metabolice
Spitalul Universitar de Urgenta Elias
- 2006 – 2012 Diploma de Licenta, titlul Doctor- Medic
Universitatea de Medicina si Farmacie „ Carol Davila”- Facultatea de
Medicina Generala, Bucuresti
- 2002 – 2006 Diploma de Bacalaureat
Colegiul National „Spiru Haret”, Bucuresti

Limba(i) maternă(e) Romana

Alte limbi străine cunoscute

	INTELEGERE		VORBIRE		SCRIERE
	Ascultare	Citire	Participare la conversație	Discurs oral	
Engleza	C1	C1	B2	B2	C1
Germana	A1	A2	A1	A1	A1

Niveluri: A1/2: Utilizator elementar - B1/2: Utilizator independent - C1/2: Utilizator experimentat

Cadrul european comun de referință pentru limbi străine

Competențe informatice Nivel avansat in utilizarea pachetului Office (Word, Excel, Power Point)
Experienta in utilizarea programului de statistica SPSS
Programare: Atestat (seria si numarul B0099931/2006) competenta nivel mediu de programare

Alte competente Certificat „Good Clinical Practices” NIDA Clinical Trials Network

Voluntariat Campania „Doneaza sange! Fii erou!” noiembrie 2010

Permis de conducere ■Categoria B

Afiliere Societatea Romana de Diabet, Nutritie si Boli Metabolice
Colegiul Medicilor din Municipiul Bucuresti, European Society of
Endocrinology, European Association for the Study of Diabetes

Premii:

1. Premiul pentru lucrarea originala „*Is serum calcium level an independent predictor for left ventricular hypertrophy in obese patients with metabolic syndrome?*”, autori Elisabeta Sava, Iulia Soare, Anca Sirbu, Bianca Leca, Suzana Florea, Simona Fica; 3rd International Conference of Interdisciplinary Management of Diabetes Mellitus and its Complications (INTERDIAB)-Diabetes Mellitus in Internal Medicine, 2-4 Martie 2017, Bucuresti.
2. Premiul UEFSCDI acordat pentru articol (indicativul premiului este: PN-III-P1-1.1-PRECISI-2018-27852 din data de 10.10.2018 ora 14:06) : loacara S, **Sava E**, Georgescu O, Sirbu A, Fica S Recent diabetes-related mortality trends in Romania. Acta Diabetol. 2018 May 17. doi: 10.1007/s00592-018-1156-5. [Epub ahead of print] **Impact factor 3.34**
3. Premiul UEFSCDI acordat pentru articol (indicativul premiului este: PN-III-P1-1.1- PRECISI-2021- 65895 din data de 2021-10-22 19:30:18, Malinici, E., Sirbu, A., Popa, M. *et al.* Bone Mineral Density Trends During the First Year After Laparoscopic Sleeve Gastrectomy—a Cohort Study on 241 Patients. *OBES SURG* 31, 4885–4892 (2021). <https://doi.org/10.1007/s11695-021-05661-x>), **Impact Factor=4.1**

Participari la cursuri si congrese:

Selectie cursuri de perfectionare:

1. 31st ESE Postgraduate Training Course in Clinical Endocrinology, Diabetes and Metabolism 2023, online
2. Curs perfectionare obezitate si boli de nutritie, Modul III, Obezitatea copilului, 07.11.2022-11.11.2022
3. Curs ISCD “Osteoporosis essentials: Densitometry, Diagnosis and Management/ Essential despre osteoporoza: Densitometrie, diagnostic si management” 4-6 martie 2021
4. 25th EASD Scientist Training Course, Steno Diabetes Center Copenhagen, 17-23 November 2019, Copenhagen, Denmark
5. Impact Outcome Based Learning. T1 Diabetes Centre of Reference Copenhagen 2019. 5-6 September 2019
6. EASO “Training the Trainers in the Prevention and Management of Obesity” Summer School 30 June-3 July 2018, Annecy, France
7. Obezitate si boli de nutritie. Modul IV. Particularitatile obezitatii varstnicului, 07.05.2018-11.05.2018, Spitalul Universitar de Urgenta Elias, Bucuresti, Romania.
8. Obezitate si boli de nutritie. Modul II. Tratamentul Obezitatii- curs de perfectionare postuniversitar, 08.05.2017-12.05.2017, Spitalul Universitar de Urgenta Elias, Bucuresti, Romania.
9. Obezitate si boli de nutritie. Modul I. Etiopatologia, diagnosticul si complicatiile obezitatii- curs de perfectionare postuniversitar, 7-11 noiembrie 2016, Spitalul Universitar de Urgenta Elias,

Bucuresti, Romania

10. 6th EASD N.C. Paulescu Postgraduate Course on Clinical Diabetes and its Complications, 3-5 Noiembrie 2016, Bucuresti, Romania
11. Curs- Osteoporosis: Essential of densitometry, diagnosis and management, 18-19 Martie 2016, Bucuresti, Romania
12. Obezitatea la copil- curs de perfectionare postuniversitar Modulul 3, 2-6 noiembrie 2015, Spitalul Universitar de Urgenta Elias, Bucuresti, Romania
13. "Actualitati in diabetul pediatric" modul 2- Buzias, Romania, 22-25 Aprilie 2015
14. XVth ESE Postgraduate Course organized by the de European Society of Endocrinology, Cluj, Romania, Noiembrie 2014
15. Summer School "Diabetic Neuropathy and Diabetic Foot" from theory to practical approach, Sinaia, Romania, 17-20 July 2014
16. "Actualitati in diabetul pediatric" modul 1- Buzias, Romania, 7-10 Aprilie 2014
17. 7th EUGOGO Graves Orbitopathy teaching course– Timisoara, Romania, September 2013
18. Cursul National al ARSO si al OMFT-EASO cu participare internationala: Diagnosis and Treatment of Obesity- Cluj-Napoca, Romania, Octombrie 2013

Articole ISI:

1. **Malinici, E**, Sirbu, A, Popa, M, Andrei M., Ioacara S, Copaescu C, Fica S. *Bone Mineral Density Trends During the First Year After Laparoscopic Sleeve Gastrectomy - a Cohort Study on 241 Patients. OBES SURG* 31, 4885–4892 (2021). <https://doi.org/10.1007/s11695-021-05661-x>, IF=4.1
2. **Malinici, Elisabeta**; Sirbu, Anca; Popa, Miruna; and Fica, Simona (2021) "*Linking the brain and bone through fat*," *Journal of Mind and Medical Sciences*: Vol. 8: Iss. 1, Article 4. DOI: <https://doi.org/10.22543/7674.81.P1726>
3. Ioacara S, **Sava E**, Barosan A, Cojocar F, Gutan A, Fica S. To diet or not to diet in neonatal diabetes responding to sulfonylurea treatment. *Journal of Pediatric Endocrinology and Metabolism*. 2018 Jul 17. doi:10.1515/jpem-2017-0155 [Epub ahead of print]. **Impact factor 1.08**
4. Ioacara S, Tiu C, Panea C, Nicolae H, **Sava E**, Martin S, Fica S. Stroke Mortality Rates and Trends in Romania, 1994-2017. *J Stroke Cerebrovasc Dis*. 2019 Dec;28(12):1044-31. doi: 10.1016/j.jstrokecerebrovasdis.2019.104431. Epub 2019 Oct 14. PMID: 31624036. **Impact factor 1.78**
5. Ioacara S, **Sava E**, Georgescu O, Sirbu A, Fica S Recent diabetes-related mortality trends in Romania. *Acta Diabetol*. 2018 May 17. doi: 10.1007/s00592-018-1156-5. [Epub ahead of print] **Impact factor 3.34**

Articole tip Proceeding:

1. **Sava E**, Sirbu A, Leca B, Mittrache M, Smeu B, Copaescu C, Fica S. Association of body composition with bone mineral density in obese patients- The 4th International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complication 2018 ISSN 2393-3488, 308-317
2. **Sava E**, Soare I, Sirbu A, Leca B, Florea S, Fica S *Is serum calcium level an independent predictor for left ventricular hypertrophy in obese patients with metabolic syndrome?* 3rd International Conference on Interdisciplinary Management of diabetes Mellitus and its Complications 2017: 262-270, ISSN: 2393-3488

Selecție publicații și comunicări orale:

1. Anca Sirbu, **Elisabeta Malinici**, Miruna Popa, Iulia Soare, Sorina Martin, Carmen Barbu, Bogdan Smeu, Catalin Copaescu, Simona Fica. *Different impact of gynoid and android adiposity on adiponectin levels, in patients with severe obesity*. ECO 2023
2. **Malinici, E.**; Sirbu, A.; Popa, M.; Mustata, T.; Martin, S.; Smeu, B.; Copaescu, C.; Fica, S., *Correlation between lean mass and bone mineral density before and after bariatric surgery*. *Obes Facts* 2022;15(suppl 1):1–240, Doi:10.1159/000524469
3. Sirbu, A ; **Malinici, E.**; Popa, M.; Soare, I.; Martin, S.; Barbu, C.; Copaescu, C.; Fica, S. *Lean to fat mass ratio is an independent determinant of trabecular bone score in overweight and obese individuals*, *Obes Facts* 2022;15(suppl 1):1–240, Doi:10.1159/000524469
4. **EA Malinici**, A Sirbu, R Pascu, M Popa, I Soare, B Smeu, C Copaescu, S Fica. Relationship between BMI, Fat Mass and Metabolic Parameters in obese patients after sleeve gastrectomy. European and International Congress on Obesity ECOICO2020, Dublin, 01-04 Sep 2020, *Obesity Reviews* 2020, Volume 21, Issue S1, <https://doi.org/10.1111/obr.13118>
5. A Sirbu, **E Malinici**, M Popa, R Pascu, S Martin, S Fica. Vitamin D status and its relationship with metabolic and bone parameters in obese women. European and International Congress on Obesity ECOICO2020, Dublin, 01-04 Sep 2020, *Obesity Reviews* 2020, Volume 21, Issue S1, <https://doi.org/10.1111/obr.13118>
6. S Fica, **E Malinici**, I Soare, M Popa, C Copaescu, A Sirbu. Anthropometric and body composition parameters associated with improvement of obesity-related complications after laparoscopic sleeve gastrectomy. European and International Congress on Obesity ECOICO2020, Dublin, 01-04 Sep 2020, *Obesity Reviews* 2020, Volume 21, Issue S1, <https://doi.org/10.1111/obr.13118>
7. SG Duta, I Bojoga, IR Calapod, A Marin, **E Malinici**, S Ioacara, S Fica. Real-time continuous glucose monitoring impact on the metabolic control over the summer in children with type 1 diabetes. *Endocrine Abstracts* (2020) **70** AEP446 | DOI: 10.1530/endoabs.70.AEP446
8. A Sirbu, MM Popa, S Martin, A Albu, C Barbu, **E Sava**, S Fica. Relationship between serum levels of 25-OH vitamin D and parameters of bone mineralization (BMD) and bone quality (TBS) in clinical practice. Poster presentation at the 21st European Congress of Endocrinology, Lyon, May 2019, *Endocrine Abstracts* (2019), vol. 63, pag. 479, DOI: 10.1530/endoabs.63.P479;
9. **Sava E**, Sirbu A, Leca B, Mitache M, Smeu B, Copaescu C, Fica S. Association of body composition with bone mineral density in obese patients- The 4th International Conference on Interdisciplinary Management of Diabetes Mellitus and its Complication 2018 ISSN 2393-3488, 308-317
10. Sirbu A, **Sava E**, Soare I, Martin S, Barbu C, Smeu B, Copaescu C, Fica S *Early improvement in liver parameters after laparoscopic sleeve gastrectomy for morbid obesity* The 25th European Congress of Obesity, Vienna, Austria, 23-26 mai 2018, *Obesity Facts* 2018; 11(suppl 1):245. Doi:10.1159/000489691
11. **Sava E**, Sirbu A, Leca B, Mitache M, Martin S, Copaescu C, Fica S *Relationship between bone mineral density and body mass composition in morbidly obese patients* The 25th European Congress of Obesity, Vienna, Austria, 23-26 mai 2018, *Obesity Facts* 2018; 11(suppl 1):294. Doi:10.1159/000489691
12. A Sirbu, **E Sava**, C Martin, B Smeu, C Copaescu, S Fica. The relationship between IGF-1 status and early outcome of bariatric surgery in severely obese patients, 6th Romanian Congress of Neuroendocrinology, *Acta Endocrinologica*, vol XIV, no 3, July-september 2018, pg 434.

13. S loacara, **E Sava**, S Fica- Implantable continuous glucose monitoring systems, 6th Romanian Congress of Neuroendocrinology, Acta Endocrinologica, vol XIV, no 3, July-september 2018, ISSN (online): 1843-066x; ISSN (print): 1841-0987.
14. **Sava E**, Sirbu A, Martin S, Leca B, Arbanas T, Copaescu C, Fica S *The role of sleeve gastrectomy in the evolution of nonalcoholic fatty liver disease and metabolic parameters* The 24th European Congress of Obesity, Porto, Portugal, 17-10 May 2017 *Obes Facts* 2017;10(suppl 1):214 Doi:10.1159/000468958
15. Leca B, Soare I, **Sava E**, Vezeteu R, Sirbu A, Fica S *Impact of weight loss on thyroid function after bariatric surgery* 25th Congress of the Romanian Society of Endocrinology, Cluj Napoca, Romania, 21-24 June 2017, Acta Endo vol XIII, Supplement 1 pg 59
16. Leca B, **Sava E**, Soare I, Poterasu M, Sirbu A, Fica S *Pregnancy outcome in obese women after laparoscopic sleeve gastrectomy* 25th Congress of the Romanian Society of Endocrinology, Cluj Napoca, Romania, 21-24 June 2017, Wcta Endo vol XIII, Supplement 1 pg 218S
17. Soare I, Serbanescu C, Leca B, **Sava E**, Sirbu A, Florea S, Fica S Neutrophile to lymphocyte ration (NLR) – Good indicator of inflammatory state in patients with obesity and metabolic syndrome? 25th Congress of the Romanian Society of Endocrinology, Cluj Napoca, Romania, 21-24 June 2017, Acta Endo vol XIII, Supplement 1 pg 222
18. Leca B, **Sava E**, Soare I, Martin S, Smeu B, Copaescu C, Sirbu A, Fica S *The effect of laparoscopic sleeve gastrectomy on kidney function* 20th European Congress Of Endocrinology 2018, Barcelona, Endocrine Abstracts (2018) vol 56 DOI: 10.1530/endoabs.56.P575
19. **Sava E**, Leca B, Sirbu A, Soare I, Martin S, Smeu B, Copaescu C, Fica S *Weight loss and metabolic parameters after laparoscopic sleeve gastrectomy* 20th European Congress Of Endocrinology 2018, Barcelona, Endocrine Abstracts (2018) vol 56 DOI: 10.1530/endoabs.56.P577
20. **Sava E**, Leca B, Sirbu A, Georgescu O, Cima L, Flores S, Fica S *A case of pituitary apoplexy in a patient with Cushing's disease due to corticotroph macroadenoma*, 19th European Congress of Endocrinology 2017, Lisbon. Endocrine Abstracts (2017) Vol 49 DOI: 10.1530/endoabs.49.EP855.
21. Bianca Leca, Anca Sirbu, **Elisabeta Sava**, Iulia Soare, Liliana Topor, Liudmila Minea, Suzana Florea, Simona Fica. Impact of psychological factors on weight loss after bariatric surgery- - Common Congress of the Romanian Society of Endocrinology and Romanian Psychoneuroendocrine Society, Brasov, Romania, Acta Endocrinologica, Vol. XII Supplement 1, June 2016, P65, p135-136, ISSN 1841-0987 (print)
22. Iulia Soare, Anca Sirbu, Bianca Leca, **Elisabeta Sava**, Suzana Florea, Simona Fica. Influence of family and personal history on the outcome of weight loss response to bariatric surgery. Common Congress of the Romanian Society of Endocrinology and Romanian Psychoneuroendocrine Society, Brasov, Romania, Acta Endocrinologica, Vol. XII Supplement 1, June 2016, P69, p139-140, ISSN 1841-0987 (print)
23. Aura Reghina, **Elisabeta Sava**, Suzana Florea, Simona Fica; Microangiopathic complications in latent autoimmune diabetes in adults: relationship with thyroid autoimmunity ; 17th European Congress of Endocrinology; Dublin, Ireland, 16-20 May 2015; Endocrine Abstracts (2015) 37 EP431 | DOI:10.1530/endoabs.37.EP431.
24. Severe Obesity in a Man with Underlying Cushing Disease –case report-- Mihaela Epure, Catalin Ionut Nica, **Elisabeta Sava**, Ivona Gheorghe Fronea, Sorina Martin, Anca Elena Sirbu, Simona Fica, European Society of Endocrinology (ESE) 15th Postgraduate Training Course on Endocrinology, Diabetes and Metabolism Cluj, Romania, Abstract Book, p125, ISBN 978-973-53-1429-3.

01.06.2023