

# "CAROL DAVILA" UNIVERSITY OF MEDICINE AND PHARMACY BUCHAREST





#### **DISCIPLINE GRID**

# 1. Programme:

1.1.	CAROL DAVILA UNIVERSITY OF MEDICINE AND PHARMACY BUCHAREST
1.2.	FACULTY OF DENTISTRY / 2 <sup>nd</sup> DEPARTMENT
1.3.	DIVISION: HISTOLOGY
1.4.	STUDY DOMAIN: Health, sectoral regulated within European Union
1.5.	STUDY LEVEL: LICENCE
1.6.	STUDY PROGRAMME: <b>DENTAL MEDICINE IN ENGLISH</b>

# 2. Discipline:

2.1.	DISCIPLINE NAME: Histology							
2.2.	LOCATION: Faculty of Medicine, Eroilor Sanitari Blvd., 1st Floor							
2.3.	Lectures tenure:							
	Assoc	.Prof.	Mihnea-Ioan	NICC	LESCU (MD,	DMD, PhD)		
2.4.	Practical classes tenure:							
	Assoc. Prof. Mihnea-Ioan NICOLESCU (MD, DMD, PhD)							
	Assistant Prof. Iulia ROATEȘI (DMD, PhD)							
	Assistant Prof. David REMBAS (MD, PhD student)							
2.5.		T	2.6.	II	2.7.	Written/Oral	<b>2.8.</b> Type of	CD / FD
Study	year	1	Semester	11	Evaluation	Examination	discipline	CD/FD

# 3. Estimated total time (hours/semester)

No. hours/week	4	out of which	Lectures: 2	Laboratory session: 2
Total hours out of learning schedule	56	out of which	Lectures: 28	Laboratory sessions: 28

Time distribution	hours
Textbook study, lecture support, bibliography and notes	28
Supplementary documentation activity in the library, on online platforms	6
Practical activity support material, homework, portfolio and essays	6
Tutorial activity	1
Examinations	2
Other activities	1
Total hours of individual study	44
Total hours per semester	100
Credits	4

# 4. Preconditions

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4.1. curriculum	- basic notions of biology (the composition and fundamental functions of the human					
	body)					
	- knowledge of the microscopic organization of the cell, as a component of the tissues					
	and organ systems of the human body.					
4.2. proficiencies	- notions of cellular, molecular biology and cytology (knowledge about the structure					
	and functions of different cells in the human body)					
	- the ability to correctly use the optical microscope for examining permanent					
	microscopic preparations					

# 5. Conditions

5.1. for	Amphitheater (capacity: minimum 75 seats), with audio-video system (microphone,						
lecture	amplification station, speakers, video projector with laptop connection possibility, projection						
activity	screen) and internet access (WiFi, secured)						
5.2. for	- Laboratory of histological technology for obtaining permanent microscopic preparations,						
laboratory	equipped with specific apparatus for fixing, dehydrating, including, sectioning, staining,						
activity	mounting, labelling and accessories, including but not limited to: microscopes with various						
	objective lenses, histological processing unit, staining battery of histological preparations,						
	microtome for paraffin, temperature-adjustable thermostat, refrigerator-freezer, histolog						
	collection, instruments, reagents, glassware and necessary consumables						
	- Microscopy rooms with light microscopes with 4x, 10x, 20x, 40x, 100x objectives						
	(capacity: minimum 20 workstations/room, recommended 50 workstations/room), capture						
	and broadcast system from the light microscope, video projection system (video projector						
	with laptop connection possibility, projection screen) and internet access (WiFi, secured)						
	- Atlases, didactic microscopy slides, electron micrographs						
	- Multimedia interactive platform						
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# 6. Accumulated skills

6.1. Proficiencies	I. Knowledge (cognitive dimension)				
(knowledge	- Notions of general histology (fundamental <u>knowledge</u> regarding the microscopic structure				
and abilities)	and the functions of tissues, organs and systems in the human body)				
	- Notions of special histology (knowledge on the relationship between microscopic				
	structure and cell functions at the level of light microscopy in specific tissues and organs).				
	- In-depth knowledge of cytology and oral histology (knowledge of the microscopic				
	structure of organs and content of the oral cavity, necessary for the subsequent				
	understanding of their pathological changes)				
	II. Abilities (functional dimension)				
	Ability to use the light microscope correctly for the examination of slides with smears or				
	permanent microscopic preparations				
	- Ability to recognize and distinguish the fundamental characteristics of cells by examining				
	preparations under light microscopy				
	- Ability to identify structurally and ultrastructurally the tissues of the oral and maxillo-				
	facial areas				
6.2. Transversal	III. Role skills				
skills	- Development of the capacity to analyse, synthesize and use appropriately and coherently				
(role,	the acquired knowledge				
professional	- Critical analysis and communication in specific medical language of some concepts,				
and personal	hypotheses or scientific results				
development)	- Development of evaluation and self-evaluation capacity				
	IV. Professional and personal development skills				
	- Awareness of the need for continuing education through translational education				
	- Training students to learn to work in teams to solve problems				
	- Development of students' ability to identify valid bibliographic sources and the formation				
	of skills for their correct and efficient use in carrying out scientific papers (poster, article,				
	presentation)				
	- Training students' research skills				

# 7. Objectives (based on the grid of acquired specific skills)

7.1. General	- Knowledge of the microscopic organization of the cell, tissues, organs and systems of the				
Objective	human body.				
	<ul> <li>Students' understanding of the molecular basis and the relationship between the structure and ultrastructure of cells and their function in tissues and organs, as a basic element for the approach and subsequent understanding of organ pathology.</li> <li>Highlighting the correlation between microscopic structure and cell functions as components of tissues and organs.</li> <li>Highlighting the cellular substrate of the tissues in the oral cavity and the maxillofacial</li> </ul>				
7.2 5	territory.				
7.2. Specific	- Development of practical examination skills under the light microscope, proper				
Objectives	understanding of use of instruments and equipment specific to the histology laboratory and				
	familiarization of students with modern technologies for tissue processing and examination				
	electron microscopy, cell cultures, immunohistochemistry etc.				
	- Development of students' ability to recognize the fundamental characteristics of cells,				
	tissues and organs by examination under a light microscope.				
	- Training the ability to use specialized terminology appropriately.				
	- Establishing correlations with future clinical activities in the dental practice.				

# 8. Content

8.1	. Lectures	No. hrs/topic	Teaching method	Obs.
1.	Epithelial tissue.	•		
	Surface epithelium: simple and stratified; transitional	2		
	epithelium. Glandular epithelium.			
2.	Connective tissue.	1		
	Connective cells, fibers; varieties of connective tissues.	1		
3.	Cartilaginous tissue.			
	Cartilaginous cells. Cartilaginous matrix. Perichondrium.			
	Varieties of cartilaginous tissue (hyaline, elastic, fibrous).	1		
	Bone tissue. Bone cells. Bone matrix. Ossification.			
	Correlations of bone remodeling in dentistry.			
4.	Muscle tissue.			
	Skeletal, cardiac, and smooth muscles. The mechanism of	1		
	contraction.		Interactive	
5.	Nerve tissue.	1	presentations	
	Neurons, glial cells, synapses.	1	according to the	
6.	The circulatory system.	2	syllabus, using	-
	Blood and Haematopoiesis. Arterial vessels, veins, capillaries.		multimedia and	
7.	The lymphoid organs.		instructional videos	
	Thymus, lymph node, spleen, lymphoid tissue attached to the	2		
	digestive tract: tonsils, Peyer's patches, ileocecal appendix.			
8.	Endocrine glands.			
	Pituitary. Epiphysis. Thyroid. Parathyroid. Adrenal.	2		
	Endocrine pancreas.			
9.	Respiratory system.	2		
	Trachea, bronchi, bronchioles, lung, alveolar structure.			
10.	Urinary system.			
	Kidneys (nephrons, the juxtaglomerular apparatus,	2		
	mesangium and renal interstitium). Urinary tract: renal pelvis,	2		
	calyx, ureter, bladder and urethra.			
11.	The female reproductive system.	1		
	Ovaries, fallopian tubes, uterus, vagina, mammary glands.	-		

12. The male reproductive system.	
Testis, genital tract with accessory glands (seminal vesicle,	1
	1
prostate, bulbourethral glands).	
13. Skin.	
Epidermis (keratinocytes, melanocytes, Langerhans cells and	1
Merkel cells). Dermis. Accessory skin structures.	
14. Sensory organs.	1
Eye, ear, nose.	1
15. Digestive tract.	
Oesophagus, stomach, small intestine, large intestine, the	1
ileocecal appendix.	
16. Associated organs of the digestive tract.	1
Salivary glands, liver, gallbladder and exocrine pancreas.	1
17. Oral histology – hard oral tissues.	
Stages of tooth crown and root formation. Enamel. Pulp-	2
dentinal complex. Cementum. Alveolar bone.	2
Clinical correlations.	
18. Oral histology – soft oral tissues.	
Oral cavity mucosa. Gingiva. Jonctional epithelium.	2
Periodontal ligament. Tongue with taste buds.	2
Clinical correlations.	
19. Translational education.	
Current research directions regarding the structure /	2
ultrastructure of soft/hard oral tissues.	_
and ablactate of both hard of all tibbacs.	

8.2	<b>Laboratory Sessions</b>	No. hrs/topic	Teaching method	Obs.
1.	Surface epithelia. Simple squamous, simple cubic, simple cylindrical. Keratinized and non-keratinized squamous stratified epithelium. Cylindrical ciliated pseudostratified epithelium. Transitional epithelium.	1		
2.	Glandular epithelia. Unicellular exocrine glands (goblet cells). Serous, mucous and mixed acini.	1		
3.	Connective tissue. Connective cells and fibers. Varieties of connective tissue: loose connective tissue, dense connective tissue - irregular (dermis) and regular (tendon and aponeurosis). White and brown adipose tissue.	1	- interactive slide shows and	
4.	Cartilaginous tissue. (hyaline, elastic and fibrous).  Bone tissue. Compact bone and spongy bone. Ossification.	1	instructional videos - practical	
5.	Muscle tissue. Skeletal, cardiac, and smooth muscles	1	demonstrations - examination of cells	_
6.	Nerve tissue.  Neurons and glial cells. Spinal cord. Cerebellum. The cerebral cortex. Spinal and autonomic ganglia. Myelinated nerve fibers.	1	and tissues under light microscopy - exercises based on	
7.	The circulatory system.  Blood. Peripheral blood smear. Blood cells, platelets. MGG staining. Elastic artery, muscular artery, arterioles, venules, capillaries. Heart.	2	accumulated practical knowledge	
8.	Lymphoid organs. Thymus, lymph node, spleen, tonsil.	2		
	Endocrine glands. Pituitary, epiphysis, thyroid, parathyroid, adrenal, endocrine pancreas.	2		
10.	The respiratory system.  Trachea and extrapulmonary bronchi. Lung.	2		

11. The urinary tract.			
Kidney, ureters, bladder.	2		
12. Female reproductive system.			
The ovary, fallopian tube, uterus, cervix, vagina, mammary	1		
gland. Placenta.	_		
13. Male reproductive system.			
Testis, epididymal canal, vas deferens, seminal vesicle,	1		
prostate.			
14. Skin.	1		
Finger skin, plantar skin. Skin appendages.	1		
15. Sense organs.	1		
The eyeball, the inner ear, the olfactory mucosa.	1		
16. Digestive tract.			
Oesophagus, stomach - fundic and pyloric region, duodenum,	1		
jejunum, ileum, colon, ileocecal appendix.			
17. Organs associated with the digestive tract.			
Large salivary glands: parotid, submandibular, sublingual.	1		
Accessory salivary glands. Liver, gallbladder, exocrine	1		
pancreas.			
18. Oral histology.			
Dry and ground tooth, decalcified tooth, developing tooth.	2		
Mucosa of the oral cavity. Lip in sagittal section, tongue	2		
(lingual papillae and taste buds)			
19. Review of practical notions.			
Comparative analysis of histological slides under light	2		
microscopy. Algorithms for assessing microscopy images.			
		Verification of	
20. Viva voce / Practical assessment		notions and skills	
20. Tra foce / Fractical assessment	2	accumulated in	
		practical work	

#### 8.3. Bibliography for lectures and laboratory/practical sessions

Fundamental notions:

- 1. Lectures and practical sessions explanations (digital versions available via e-learning platform)
- 2. Fehrenbach M & Popowics T. Illustrated Dental Embryology, Histology, and Anatomy. 5<sup>th</sup> ed.
- 3. Mescher AL. Junqueira's Basic Histology: Text and Atlas. 16<sup>th</sup> ed. McGraw-Hill, 2021.

#### Advanced notions:

- 4. Lowe JS et al. Stevens & Lowe's Human Histology. 5th ed. Elsevier, 2020
- **5.** Gartner L. **Textbook of Histology**. 5<sup>th</sup> ed. Elsevier, 2020
- 6. Pawlina W. Ross Histology: A Text and Atlas. 7th ed. Lippincott Williams & Wilkins, 2015. Oral histology:
  - 7. Berkovitz BKB et al. Oral Anatomy, Histology and Embryology. 5th edition. Elsevier, 2018
- 8. Chiego D. Essentials of Oral Histology and Embryology. 5th edition. Elsevier, 2018
- Scientific journals (supplemental):
  - 9. Journal of Dental Research (ISSN: 0022-0345)
  - **10.** Dentistry Journal (ISSN: 2304-6767)

### 9. Corroborating the contents of the discipline with the expectations of epistemic community representatives, professional associations and employers in the fields representative for the program

Professional training of students for future years of practice, acquiring the basic notions of structural and ultrastructural architecture of cells, tissues and organs. The use of scientific principles as tools for development of critical analytical thinking.

Translational education through the pedagogical interpretation of scientific results in areas of interest.

#### 10.Evaluation

Activity type	Evaluation Criteria	Methods of evaluation	% out of final grade
Lecture	A. Knowledge for mark 5: - basic knowledge of microscopical layout of tissues, as well as their functions B. Additional knowledge for mark 10 - in-depth knowledge of microscopical	Continuous assessment Student's activity during the semester (attendance, answers etc.)	10%
	layout of tissue and organs - presentation of morphological details, understanding the relationship between cells microscopic structure and organ/tissue functions	Final exam Theoretical exam consisting of a test with questions covering the entire semester syllabus.	70%
Laboratory Sessions	A. Knowledge for mark 5: - basic knowledge of microscopical layout of tissues, without morphological details		
	B. Additional knowledge for mark 10 - in-depth knowledge of microscopical layout of tissue and organs - presentation of morphological details, understanding the relationship between microscopic structure and organ/tissue functions	Viva voce / Practical assessment - direct examination of two histological slides under a light microscope to verify the practical knowledge acquired by the student, - discussions on the two preparations listed above to verify the acquired knowledge	20%

Elementary knowledge of the microscopic structure of tissues and organs; correct use of the light microscope; correct histological diagnosis of preparations under a light microscope.

Date: Chair of Histology Division / Lectures tenure: July 25, 2024 Assoc. Prof. Dr. Mihnea-Ioan Nicolescu

Department director,
Prof. Dr. Alexandru Bucur
Department Board: