

**Europass
Curriculum Vitae**



Personal information

First name(s) / Surname(s) **Ioana Grigoras**

Actual position **Professor of Anesthesia and Intensive Care,
School of Medicine, Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania**

Work experience

Managerial activity
 2012- 2022 Head of Anesthesia and Intensive Care Department, Regional Institute of Oncology Iasi, Romania
 2007-2012 Head of Anesthesia and Intensive Care Department, University Hospital "Sf. Spiridon Iasi, Romania

Medical Activity
 2012-2022 Consultant in Anesthesia and Intensive Care, Regional Institute of Oncology Iasi, Romania
 1997-2012 Consultant in Anesthesia and Intensive Care, University Hospital "Sf. Spiridon Iasi, Romania
 1992-1997 Specialist in Anesthesia and Intensive Care, University Hospital "Sf. Spiridon Iasi, Romania

Teaching activity
 Since 2014 Professor Anesthesia and Intensive Care,
 Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania
 2007-2014 Associate Professor, Anesthesia and Intensive Care,
 Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania
 2005-2007 Lecturer, Anesthesia and Intensive Care,
 Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania
 1994-2005 University assistant, Anesthesia and Intensive Care,
 Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania

Education and training

2000 Ph.D "Postoperative respiratory complications in major extrathoracic surgery"
 1999 visiting doctor University Hospital and Middleheim Hospital Anvers, Belgium
 1992 visiting doctor Institute fur Anesthesiologie und Intensive Behandlung Bern, Switzerland
 1997 Consultant in Anesthesia and Intensive Care
 1992 Specialist physician in Anesthesia and Intensive Care
 1988-1991 training in Anesthesia and Intensive Care, Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania
 1981 diploma of physician
 1975-1981 student School of Medicine, Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania

Personal skills and competences

Mother tongue(s) Romanian

Other language(s) English, German, French

Understanding				Speaking				Writing	
Listening		Reading		Spoken interaction		Spoken production			
C1	English	C2	English	C1	English	C1	English	C1	English
B1	German	B2	German	B1	German	B1	German	B1	German
A2	French	B1	French	A1	French	A1	French		

Position in Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania	2016-2021 president of the Senate 2016 president of the Ethics Committee 2008-2016 member of Board of School of Medicine 2008-2016 member of Committee for Scientific Research 2007-2021 Coordinator of the Training Program in Anesthesia and Intensive Care
Positions in relation with Ministry of Health, Romania	2020-2022 coordinator of the Eastern Area, member of the Committee for zonal coordination of COVID-19 critically ill patients (ordin 74526/19.03.2020 Ministry of Internal Affairs) Since 2018 secretary – Comisia mixtă de recunoaștere a titlurilor de medic specialist în specialitatea Anestezie-Terapie Intensivă 2010-2014, 2017 member – Comisia de specialitate Anestezie-Terapie Intensivă, Ministry of Health Romania 2006-2012 regional coordinator for the Management of brain death donors Program 2006-2010 member of the Scientific Committee of the National Agency for Organ Transplantation
Other positions	Since 2006 elected Member of the Discipline Commission of College of Physicians Iasi, Romania Since 2012 member of the Anesthesia and Intensive Care Committee, National College of Physicians, Romania Since 2017 member - Comisia de Monitorizare și Competență Profesională pentru Cazurile de Malpraxis, Direcția de Sănătate Publică Iași Expert for the College of Physicians, Romania and Institute of Forensic Medicine, Iasi, Romania
Positions in Scientific/ Professional Societies	Since 2011 member of European Board of Anesthesiology,(EBA), European Union of Medical Specialists (UEMS)(national delegate) Since 2017 Chair of the Workforce, Working Conditions and Welfare Standing Committee, European Board of Anesthesiology (EBA) Since 2013 reviewer of the European Accreditation Council for Continuous Medical Education (EBA) Since 2013 visiting officer for Hospital Visiting and Training Accreditation Program (EBA/ESA) 2014-2019 elected member of HVTAP Committee 2013-2022 examiner for European Diploma in Anesthesiology and Intensive Care part II (ESA) Since 2006 member of Board of Romanian Society of Anesthesia and Intensive Care Since 2007 president of the Anesthesia and Intensive Care Section, Society of Physicians and Naturalists Iasi, Romania 2016-2019 elected member of Council of the European Society of Intensive Care Medicine (national delegate)

Organisational experience	<p>Organizer of 1 international postgraduate course (under the auspices of Obstetric Anesthetists Association, London UK and of the European Society of Anesthesiology), director of 1 international course (Istanbul, Turkey) and of 45 Romanian Postgraduate Courses.</p> <p>Member of the Organizing Committee/Scientific Committee of 42 congresses of Romanian Scientific Societies.</p>
Research	<p>ISI Thomson Web of Science h-index=23, Google Academic i10-index=35 h-index=22, Research gate Research Interest Score=1,862.</p> <p>Member of the research team -3 national projects awarded by competition. - CEEEX 122/2006, CNCIS 839/2005, UEFISCDI 167/2017.</p> <p>Grant director: Early dynamics of leptin plasma level in surgical critically ill patients. A prospective comparative study (Grigore T. Popa University of Medicine and Pharmacy, Iasi, Romania, 11164/2010, by competition)</p> <p>Member of the research team – 2 research grants awarded by competition (Grigore T. Popa University of Medicine and Pharmacy, Iasi, Romania, 30335/2017, 30333/2017)</p> <p>National coordinator - 2 International multicentre trials (EUSOS, ISOS)</p> <p>Principal investigator - 18 International multicentre trials</p> <ul style="list-style-type: none"> • EUROBACT II - Epidemiology And Determinants Of Outcomes Of Hospital Acquired Blood Stream Infections In The Intensive Care – A Multinational Cohort Study (ESICM) (2019) • OPTIMISE II - Optimisation of Perioperative Cardiovascular Management to Improve Surgical Outcomes II (QUEEN MARY UNIVERSITY OF LONDON, 2017) • DIANA - Determinants of Antimicrobial use and de-escalation in critical care (ESICM)(2017) • PNEUMOINSPIRE - International Study on Nosocomial Pneumonia in Intensive Care (ESICM)(2016) • ABSES - The Abdominal Sepsis Study: Epidemiology of Etiology and Outcome (ESICM) (2016) • POPULAR - Postanaesthesia Pulmonary Complications After the use of Relaxants in Europe (ESA) (2015) • IROI - Prospective observational Multicenter Study of Incidence, Risk factors and outcome in Intra-abdominal Hypertension (WSACS) (2014) • ISOS – International Surgical Outcomes Study (ESICM/ESA) (2014) • Nutrition Day in European Hospitals (2006, 2007, 2008, 2009, 2010, 2013) • EUSOS – European Surgical Outcome Study (ESICM/ESA) (2010) • GIF – Gastro-intestinal failure (ESICM/WSACS) (2009) • ICE STUDY –Open-label, non-comparative study of intravenous anidulafungin followed optionally by oral voriconazole or fluconazole therapy for treatment of documented candidemia/invasive candidiasis in intensive care unit patient population (study no. A8851019) (2008) • EPIC II -The Extended Study of Prevalence of Infection in Intensive Care (ESICM) (2007)

Invited speaker at international scientific meetings

2024 5th Mena Anesthesia & Pain Congress organized by the Pan Arab Federation of Societies of Anesthesia, Intensive Care and Pain Management, 24 - 25 February 2024, Dubai

2024 CEEA Course Heart and Circulation, organized by the Society of Anaesthesiology and Reanimatology of the Republic of Moldova, June 20 - 22, 2024, Chisinau, Republik of Moldova

2023 14th Pan Arab Congress in Anesthesia, Intensive Care and Pain Management, the 13th National and 7th International Congress of the Jordanian Society of Anesthesia, Intensive Care and Pain Management, 21st-23rd of September 2023 Amman, Jordan

2023 Conferința Studenților, Rezidenților și Tinerilor Cercetători în Anesteziologie și Terapie Intensivă „In Memoriam, Profesor Valeriu Ghereg”, ediția nr. XVIII, 25 februarie 2023, Chisinau, Republica Moldova

2022 Euroanesthesia 2022, The Congress of the European Society of Anaesthesiology and Intensive Care, Milan, Italy

2021 The 11th Jordanian-Romanian Medical Conference and the 9th International Congress of Romanian Medical Universities Graduates, on-line, Amman, 28-30.10.2021

2021 The 28th Symposium of Jordanian Society of Anesthesia, Intensive Care and Pain Management in Cooperation with Department of Anesthesia and Intensive Care At Jordan University Hospital - The University of Jordan (4th Symposium) – Online Amman – Jordan; 2nd and 3rd April 2021

2021 World Congress of Anesthesiology September, Prague, Czeck Republik

2019 European Congress of Anesthesiology June, Viena, Austria

2019 The International Congress of the German Society of Anesthesiology, September, Berlin, Germany

2019 The International Congress of the Italian Society of Anesthesiology and Intensive Care October, Rome, Italy

2018 Simpozionul „In memoriam V. Ghereg”, 29 martie 2018, Chișinău, Republica Moldova

2018 Cursul Internațional de Ghiduri și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență, 27-29 septembrie 2018, Chișinău, Republica Moldova

2018 Patient Blood Management Symposium, European Board of Anesthesiology Iași, Romania

2014, 2015, 2016, 2018, 2022, 2023 CEEA Course (Committee for European Education in Anaesthesiology)– Chișinau, Republica Moldova

2013 The First International Symposium In Anesthesiology and Related Fields, Batumi, Georgia

2013 European Society of Anesthesiology Autumn Meeting, Timișoara

2010 First Southeast European Conference of Chemotherapy and Infection, Varna, Bulgaria

2009, 2013, 2015, 2018, 2023 The International Congress of the Society of Anesthesiology and Reanimatology of the Republic of Moldova, Chișinău

2009 Fresenius Kabi Advanced Course on Transfusion Alternatives FRACTA 2009, Baveno, Italia

2007 1st International Gastroenterology Meeting of the Romanian, Turkish, and Greek Societies of Gastroenterology, Atena, Grecia

Awards	<p>9 awarded scientific communications at National Congresses</p> <p>2010 – SRATI Congress Best Oral communication I „Analiza deceselor în gripa AH₁N₁” Gavrilut, I. Grigoras, N. Florea, A. Ciuranghel, M. Tarasi, D. Pulbere, O. Apopei</p> <p>2012 – SRATI Congress „Serban Marinescu” Award for Best oral Communication „Dinamica precoce a nivelului plasmatic al leptinei la pacientii cu sepsis intraabdominal si corelatia cu supravietuirea” I Grigoras, I Risrescu, D Ungureanu, D Rusu, D Branisteanu</p> <p>2015 – SRATI Congress Best Oral Communication Nurses „Când e periclitată siguranța pacienților? Percepția asistenților medicali” L Popeanu, R Postolică, I Grigoraș</p> <p>2016 – SRATI Congress Best Oral Communication III „Endocardita asociată îngrijirilor medicale la pacientul oncologic. Experiența Clinicii ATI - IRO Iași” A Gata, AM Vranescu, I Grigoras</p> <p>2017 – SRATI Congress Best Oral Communication II „Valoarea metodelor de diagnostic în aspergiloza invaziva” A Blejuca, T Monoran, M Herciu, I Jitaru, I Florescu, I Grigoras</p> <p>2018 – SRATI Congress Best ePoster „Evoluția postoperatorie precoce a pacientului oncologic poate fi prezisă de scorul Apgar chirurgical” S Tănase, I Buzincu, C Puf, I Grigoraș</p> <p>2019 – SRATI Congress Best Oral Communication III „Sevofluranul și proliferarea tumorală în cancerul de sân uman. Studiu experimental” E Pătrășcanu, C Tiron, A Tiron, P Postu, E Carasevici, I Ristescu, I Grigoraș</p> <p>2020 – SRATI Congress „Serban Marinescu” Award for Best Oral Communication „Infecția cu hemoculturi pozitive la pacienții oncologici critici: cancere solide versus cancere hematologice” A Carp, O Stângă, Al Șoiman, E Serdaru, D Avârvanii, I Grigoraș</p> <p>2020 – SRATI Congress Best Oral Communication II „Impactul malnutriției asupra calității vieții pacientului oncologic” I Buzincu, R Postolică, D Țibucanu, C Maga, I Mantale, A Roznoveanu, M Lucan, A Serdaru, C Bălăucă, I Grigoraș</p> <p>3 awarded scientific communications – the International Symposium „Valeriu Ghereg” on Anesthesia and Intensive Care, Chișinău, Republik of Moldova (2017, 2018, 2019)</p> <p>„Profesor Bologna” Title awarded by the National Alliance of the Student Organizations in Romania (2009)</p> <p>„Cel mai tare profesor” Award by the Association of Medical Students, Romania University of Medicine and Pharmacy Iasi, Romania (2011,2012)</p> <p>„De profesie medic în Romania” Award, the Romanian College of Physicians, Gala Medica, 2014.</p> <p>Ordinul Meritul Sanitar - 1988</p> <p>Honorary member – awarded by Asociația de Algeziologie din Romania (2017)</p> <p>Honorary member – awarded by Societatea Română de Chirurgie (2018)</p> <p>Honorary member – awarded by the Romanian Society of Anaesthesiology and Intensive Care (2022)</p> <p>„Diplomă de gratitudine” – awarded by Ministerul Sănătății, Muncii și Protecției Sociale, Republica Moldova (2018)</p> <p>Diplomă – awarded by Guvernul Republicii Moldova, Ministerul Sănătății, Muncii și Protecției Sociale (2018)</p> <p>The title „Profesor asociat” awarded by the Senate of „Nicolae Testemitanu” University of Medicine and Pharmacy Chișinău, Republica Moldova</p> <p>Premiul pentru Performanță în Activitatea Didactică, Gala Elitelor Medicale, ediția a-IV-a, 24 octombrie 2019, Târgu Mureș (2019)</p> <p>Decoratie Presedentia Romaniei – Ordinul meritul sanitar in grad de cavaler, decembrie 2020</p> <p>Award of excellence - Regional Institute of Oncology Iasi, Romania November 2022</p> <p>Professor emeritus award - Grigore T. Popa University of Medicine and Pharmacy Iasi, Romania, December 2022</p> <p>Diploma de excelenta - Gala”Medic Pentru Romania 2023” Colegiul Medicilor Din Romania, Bucuresti, Martie 2023</p> <p>Doctor Honoris Causa – awarded by Nicolae Testemitanu University of Medicine and Pharmacy Chisinau, Republik of Moldova</p>
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SELECTED LIST OF PUBLICATIONS

I. Books and book chapters

1. **Ioana Grigoraș**. Tehnica anestezică VIMA - Volatile induction and maintenance of anaesthesia. Editura „Gr. T. Popa” UMF Iași, format CD; 2013, ISBN 978-606-544-190-3.
2. **Ioana Grigoraș**. Anestezie și terapie intensivă. Principii de bază. Editura Institutul European, Iași; 2007, 526 pagini, ISBN 978-973-611-479-3.
3. **Ioana Grigoraș** Casexia neoplazica, Nutritia clinica a pacientului oncologic. Ghid de buna practica. Editori Ioana Marina Grintescu, Ioana Grigoras, Liliana Mirea, Dan Longrois, Raluca Ungureanu. Editura Pior Bucuresti 2020, ISBN978-606-9666-16-6.
4. **Ioana Grigoraș**, Irina Ristescu: „Nutritional care for patients with esophageal diseases”, Surgery of the Esophagus, editori Ioan Cordoș, Constantin Ciuce, Viorel Scripcariu, Editura Academiei Române, 2019, pag. 146-157, ISBN 978-973-27-3093-5.
5. **Ioana Grigoraș**, Irina Ristescu, Emilia Pătrășcanu: „Intensive care for patients with esophageal diseases”, Surgery of the Esophagus, editori Ioan Cordoș, Constantin Ciuce, Viorel Scripcariu, Editura Academiei Române, 2019, pag158-176, ISBN 978-973-27-3093-5.
6. Cristina Honorato-Cia, Stefan De Hert, Edoardo De Robertis, **Ioana Grigoras**. Who will take care of me? The Future of Human Resources in Anaesthesiology, Critical Care, and Emergency Medicine in Europe, Gender Equity in the Medical Profession, Editors M. I. Bellini, V.E. papalois, IGI Global USA (Publishing House), 2019, pag. 167-182, ISSN: 2475-6601, EISSN: 2475-661X.
7. **Ioana Grigoraș**, Irina Ristescu, Emilia Pătrășcanu. Durerea în traumă. Terapia durerii, ediția a IV-a, revizuită și adăugită. Editori Marin A, coordonatori științifici Mungiu O, Săndesc D. Editura „Gr. T. Popa”, UMF Iași; 2019. pag 89-111, ISBN 978-606-544-635-9.
8. **Ioana Grigoraș**, Irina Ristescu, Emilia Pătrășcanu. Durerea în traumă. Terapia durerii, ediția a II-a, revizuită și adăugită. Editori Marin A, coordonatori științifici Mungiu O, Săndesc D. Editura „Gr. T. Popa”, UMF Iași, Editura ETNA Bucuresti; 2017. pag 89-111, ISBN 978-973-1985-22-0, ISBN- 978-606-544-490-4.
9. **Ioana Grigoraș**, Irina Ristescu, Emilia Pătrășcanu. Durerea în traumă. Terapia durerii. Coordonator editorial Marin A, coordonatori științifici Mungiu O, Săndesc D. Viața Medicală, editura ETNA, București; 2017. pag 48-56, ISBN 978-606-94161-3-6.
10. **Ioana Grigoraș**, Irina Ristescu, Emilia Pătrășcanu. Durerea în traumă. Terapia durerii, ediția a II-a, revizuită și adăugită. Editori Marin A, coordonatori științifici Mungiu O, Săndesc D. Editura ETNA, București; 2017. pag 89-116, ISBN 978-606-94161-3-6.
11. **Ioana Grigoraș**, Irina Ristescu. Nutriția pacientului cu patologie esofagiană. Tratat de patologie și chirurgie esofagiană. Editori Cordoș I, Ciuce C, Scripcariu V. Editura Academiei Române, București; 2017. pag 146-156, ISBN 978-973-27-2782-9.
12. **Ioana Grigoraș**, Irina Ristescu, Emilia Pătrășcanu. Terapia intensivă a pacientului cu patologie esofagiană. Tratat de patologie și chirurgie esofagiană. Editori Cordoș I, Ciuce C, Scripcariu V. Editura Academiei Române, București; 2017. pag 157-174, ISBN 978-973-27-2782-9.
13. Dan Corneci, Dana Tomescu, Simona Mărgărit, **Ioana Grigoraș**, Ovidiu Bedreag. Actualități în anestezie și terapie intensivă. Editura Mirton, Timișoara; 2015, ISBN 978-973-52-1536-1.
14. **Ioana Grigoraș**, Irina Ristescu. Anestezia in chirurgia bariatrică. Anestezie clinică. Ediția a 3- a. Editor Acalovschi I. Editura Clusium, Cluj-Napoca; 2015. pag 687-699, ISBN 978-973-555-614-3.

15. **Ioana Grigoraș**. Pneumonia asociată ventilației mecanice. Noi definiții?. Actualități în anestezie și terapie intensivă. Editori Corneci D, Tomescu D, Mărgărit S, Grigoraș I, Bedreag O. Editura Mitron, Timișoara; 2015. pag 131-138, ISBN 978-973-52-1536-1.
16. **Ioana Grigoraș**, Irina Ristescu, Daniel Rusu, Emilia Pătrășcanu. Fiziologia și patologia glicocalixului. Actualități în anestezie și terapie intensivă. Sistemul cardio-vascular. Editori Copotiu SM, Azamfirei L. Editura University Press, Târgu-Mureș; 2013. pag 121-126, ISBN 978-973-169-246-3.
17. Irina Ristescu, **Ioana Grigoraș**. Venous access. Surgical instruments and basic surgical skills for students. Editori Dimofte G, Luncă S. Editura "Gr. T. Popa" UMF Iași; 2013. pag 163-177, ISBN 978-606-544-183-5.
18. Dan Corneci, **Ioana Grigoraș**, Cristina Corneci, Daniela Ionescu, Silviu Negoită, Rely Manolescu, Mădălina Duțu, Adrian Streinu-Cercel. Terapia antiinfecțioasă inhalatorie la pacientul critic. Recomandări și protocoale în anestezie, terapie intensivă și medicină de urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2012. pag 243-257, ISBN 978-973-52-1269.
19. **Ioana Grigoraș**. Patologia iatrogenă în anestezie și terapie intensivă. Actualități în geriatrie. Editor Alexa I D. Editura "Gr. T.Popa" UMF Iași; 2011. pag 425-437, ISBN 978-606-544-077-7.
20. **Ioana Grigoraș**. Principii generale de farmacologie. Noțiuni de farmacocinetică. Aplicații clinice la farmacocinetica și farmacodinamia anestezicelor intravenoase. Actualități în Anestezie și Terapie Intensivă. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2010. pag 9-21, ISBN 978-973-52-0848-6.
21. **Ioana Grigoraș**. Noțiuni de comunicare. Noțiuni de anestezie și terapie intensivă pentru asistenți medicali licențiați și moașe. Editor Ionescu D. Editura Casa Cărții de Știință, Cluj Napoca; 2010. pag 19-32, ISBN 978-973-133-793-7.
22. **Ioana Grigoraș**. Principii generale de nursing în terapie intensivă. Noțiuni de anestezie și terapie intensivă pentru asistenți medicali licențiați și moașe. Editor Ionescu D. Editura Casa Cărții de Știință, Cluj Napoca; 2010. pag 181-196, ISBN 978-973-133-793-7.
23. **Ioana Grigoraș**, Oana Apopii, Maria Tarași, Alina Gavriluț, Adi Ciuranghel, Dorin Pulbere. Strategii de management a pacienților cu gripa AH1N1 și ALI/ARDS. Conferințe în Medicină de Urgență. Autori Cimpoiesu D, Petriș A. Editura Pim, Iași; 2010. pag 83-84, ISBN 978-606-520-857-5.
24. **Ioana Grigoraș**, Anca Isloi, Dorel Săndesc, Daniela Filipescu, Daniela Ionescu. Recomandările SRATI privind supravegherea postanestezică. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 123-134, ISBN 978-973-52-0736-6.
25. **Ioana Grigoraș**, Dorel Săndesc, Ioana Grințescu, Mihai Grigoraș, Bogdan Țuțuianu, Dan Corneci. Anestezia în imagistica prin rezonanță magnetică. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 257-279, ISBN 978-973-52-0736-6.
26. Dan Corneci, Șerban Marinescu, Dorel Săndesc, Leonard Azamfirei, **Ioana Grigoraș**, Daniela Ionescu, Dana Tomescu, Cristina Corneci, Georgeta Rely Manolescu. Sindromul hepato-renal – recomandări de diagnostic și tratament. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 149-172, ISBN 978-973-52-0736-6.
27. Ioana Grințescu, Raluca Ungureanu, Liliana Mirea, **Ioana Grigoraș**, Florin Iordache. Recomandări în diagnosticul și tratamentul hipertensiunii intraabdominale și sindromul de compartiment abdominal. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 321-336, ISBN 978-973-52-0736-6.
28. Dorel Săndesc, Petru Deutsch, **Ioana Grigoraș**, Cristina Brînzeu, Raluca Alda Duma, Gabriela Droc, Dan Corneci, Sanda Copotiu. Ghiduri de profilaxie antibiotică perioperatorie. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Dorel Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 361-365, ISBN 978-973-52-0736-6.
29. Constantin Bodolea, Natalia Hagău, Leonard Azamfirei, **Ioana Grigoraș**, Dorel Săndesc. Recomandări SRATI de abordare a hipertermiei maligne. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 507-516, ISBN 978-973-52-0736-6.
30. Daniela Ionescu, Dorel Săndesc, Dan Corneci, **Ioana Grigoraș**, A. Roucaci. Recomandări SRATI 2009 privind managementul grețurilor și vărsăturilor postoperatorii (PONV). Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 523-539, ISBN 978-973-52-0736-6.
31. Daniela Filipescu, Dana Tomescu, Gabriela Droc, **Ioana Grigoraș**, Natalia Hagău, Dan Tulbure. Recomandări pentru monitorizarea hemodinamică în șoc. Recomandări și Protocoale în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O, Păpurică M. Editura Mitron, Timișoara; 2009. pag 541-570, ISBN 978-973-52-0736-6.
32. **Ioana Grigoraș**. Nutriția în pancreatita acută severă", Actualități în Anestezie și Terapie Intensivă. Terapie Intensivă, Medicină de Urgență, Hemobiologie. Sub redacția Copotiu SM, Azamfirei L. Editura University Press, Târgu-Mureș; 2008. pag 156-169, ISBN 978-973-7665-92-8.

33. **Ioana Grigoraș**, Mihaela Blaj. Blocante ale canalelor de calciu. Anestezia și terapia intensivă la pacientul cu afecțiuni cardio-vasculare. Sub redacția Mitre C, Acalovschi I. Editura Clusium, Cluj-Napoca; 2007. pag 209-223, ISBN 978-973-555-534-4.
34. **Ioana Grigoraș**. Ghiduri de management al situațiilor de criză în anestezie. Hipotensiunea arterială. Actualități în Anestezie, Terapie Intensivă și Medicină de Urgență. Editori Săndesc D, Bedreag O. Editura Brumar, Timișoara; 2007. pag 155-166, ISBN 978-973-602-309-5.

ISI journals publications

1. Abramovich I, Matias B, Norte G, Zawadka M, Bilotta F, Buzincu I, Camilleri Podesta AM, De Hert S, **Grigoras I**, Pintilie G, Smallwood A, Trinks A, Redfern N. Fatigue amongst anaesthesiology and intensive care trainees in Europe. A matter of concern. *Eur J Anaesthesiol* 2023; 40:1–9. DOI: 10.1097/EJA.0000000000001849. IF= 4.183.
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5. Bubenek-Turconi, Șerban-Ion; Andrei, Stefan; Văleanu, Liana; Ștefan, Mihai-Gabriel; **Grigoraș, Ioana**; Copotoiu, Sanda; Bodolea, Constantin; Tomescu, Dana; Popescu, Mihai; Filipescu, Daniela; Moldovan, Horațiu; Rogobete, Alexandru-Florin; Bălan, Cosmin; Moroșanu, Bianca; Săndesc, Dorel; Arafat, Raed. Clinical characteristics and factors associated with ICU mortality during the first year of the SARS-Cov-2 pandemic in Romania A prospective, cohort, multicentre study of 9000 patients. *European Journal Of Anaesthesiology* 2022 doi: 10.1097/EJA.0000000000001776 . IF= 4.183
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