



## Andra Elena Nica

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### EXPERIENȚA PROFESIONALĂ

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02/2022 – ÎN CURS București, România

**MEDIC SPECIALIST DIABET ZAHARAT, NUTRIȚIE ȘI BOLI METABOLICE SPITALUL CLINIC "NICOLAE MALAXA"**

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02/2020 – ÎN CURS Bucharest, România

**ASISTENT UNIVERSITAR UMF "CAROL DAVILA"**

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01/01/2017 – 31/12/2021 București, România

**MEDIC REZIDENT DIABET, NUTRIȚIE ȘI BOLI METABOLICE SPITALUL CLINIC "NICOLAE MALAXA"**

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31/08/2015 – 11/09/2015 Stuttgart, Germania

**INTERNSHIP CHIRURGIE CENTRUM DR. T. FRITZ**

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Anesthesia

03/08/2015 – 14/08/2015 Murriz, Germania

**INTERNSHIP MEDICLIN**

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General Surgery

20/07/2014 – 20/08/2014 Bucharest, România

**INTERNSHIP "SAINT PANTELIMON" CLINICAL HOSPITAL**

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General Surgery

### EDUCAȚIE ȘI FORMARE PROFESIONALĂ

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01/10/2018 – ÎN CURS Bucharest, România

**PHD "Carol Davila" University of Medicine and Pharmacy**

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Evaluation of sudomotor function in correlation with anthropometric, metabolic and biochemical parameters as a screening method for chronic complications in patients with T2DM

01/09/2010 – 15/09/2016 Bucharest, România

**MD "Carol Davila" University of Medicine and Pharmacy**

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01/10/2009 – 01/09/2012 Bucharest, România

**ECONOMIST Titu Maiorescu University**

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Business Administration

15/09/2005 – 15/06/2009 Buzau, România

**HIGHSCHOOL GRADUATION** National College Mihai Eminescu

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## COMPETENȚE LINGVISTICE

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Limbă(i) maternă(e): **ROMÂNĂ**

Altă limbă (Alte limbi):

|                 | COMPREHENSIUNE       |       | VORBIT           |             | SCRIS |
|-----------------|----------------------|-------|------------------|-------------|-------|
|                 | Comprehenșiune orală | Citit | Exprimare scrisă | Conversație |       |
| <b>GERMANĂ</b>  | A2                   | A2    | A2               | A2          | A2    |
| <b>ENGLEZĂ</b>  | C1                   | C1    | C1               | C1          | C1    |
| <b>SPANIOLĂ</b> | B2                   | B2    | B2               | B2          | B2    |

Niveluri: A1 și A2 Utilizator de bază B1 și B2 Utilizator independent C1 și C2 Utilizator experimentat

## PUBLICAȚII

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2024

[The Relationship between the Ewing Test, Sudoscan Cardiovascular Autonomic Neuropathy Score and Cardiovascular Risk Score Calculated with SCORE2-Diabetes](#)

Nica AE, Rusu E, Dobjanschi C, Rusu F, Sivu C, Parlițeanu OA, Sivu C, Radulian G.

2024

[Sudoscan's Effectiveness in Identifying Chronic Kidney Disease in Patients With Type 2 Diabetes](#)

Introduceți aici descrierea...

Nica AE, Rusu E, Dobjanschi CG, Rusu F, Parliteanu OA, Vinereanu I V., Sivu C, Radulian G

2024

[The Importance of Evaluating Sutomotor Function in the Diagnosis of Cardiac Autonomic Neuropathy](#)

Introduceți aici descrierea...

Nica AE, Rusu E, Dobjanschi CG, Rusu F, Parliteanu OA, Sivu C, Radulian G

2021

[Update of cardiovascular aUtonomic neuropathy in patients with diabetes](#)

Ro Med J. 2021;68(2)

2021

[Romanian Diabetes Melitus Guidelines](#)

Diabetic Neuropathy pg. 117-130

2019

[Microvascular Complications in patients with a long evolution of diabetes](#)

Authors: Oana-Andreea Parliteanu, Ionut Voicu, Andra-Elena Nica, Claudia Topea, Gianina Baraghin, Vlad Vinereanu, Gabriela Radulian, Carmen Dobjanschi, Diabetes Mellitus in internal medicine, Ed. Niculescu, 2019, pag. 317

## **DISTINȚII ONORIFICE ȘI PREMII**

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15/11/2022

**National Award for Science and Research – Romanian Medical Association**

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### **The Neurodiab Award 2017 – Neurodiab**

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TheDiabetic Foot - update regarding the multidisciplinary approach  
Summer School Neurodiab  
July 20-23, Sinaia, Romania

## **CONFERINȚE ȘI SEMINARE**

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27/08/2021 – 30/08/2021 Thessaloniki, Greece

### **Neurodiab**

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31st Annual meeting of the diabetic neuropathy study group of the EASD

### **Conferences**

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EASD 2019, 2020  
European Association for the study of Diabetes  
16-20 September 2019  
Barcelona, Spain

### **Conferences**

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iDiabet - Diabetes Mellitus - Cardio-Reno-Metabolic disease  
18-20 April 2018  
Bucharest, Romania

### **Conferences**

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Management of adherence to treatment  
6 April 2019, Bucharest

### **Conferences**

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National Conference Interdisciplinary Management of Diabetes and its Complications (INTERDIAB), 7-9  
March 2019 Bucharest

### **Conferences**

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EASD 2018  
European Association for the study of Diabetes  
02-05 October 2018  
Berlin, Germany

### **Conferences**

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iDiabet - Smart Diabetes - News in diabetes  
18-20 April 2018  
Bucharest, Romania

### **Conferences**

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Present and future in diabetic neuropathy  
11 October 2017  
Bucharest

### **Conferences**

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EASD 2017  
European Association for the study of Diabetes

12-15 September 2017  
Lisbon, Portugal

## Conferences

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iDiabet - Smart Diabetes - Multidisciplinary approach to diabetes  
20-21 April 2017  
Bucharest

## Conferences

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The Podiatry Association Multidisciplinary symposium - Modern diabetic foot management, Cluj- Napoca, 2  
May 2017

## Conferences

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National Conference Interdisciplinary Management of Diabetes and its Complications (INTERDIAB),  
Bucharest, 2-4 March 2017

## Conferences

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Conference of a Beautiful Breast Cancer Surgery, Breast Surgery Society, 8-10 October 2015, Bucharest,  
Romania

## Conferences

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Actualities in the diagnosis and treatment of breast cancer, 10-11 October 2014, Bucharest

15/09/2022 - 18/09/2022 Bergen, Norway

## Neurodiab

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32nd Annual Meeting Diabetic Neuropathy Study Group

## PRESENTATIONS

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15/09/2022 - 18/09/2022

### **Influence of body composition on cardiovascular autonomic neuropathy in patients with Type 2 Diabetes Mellitus**

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Neurodiab, Bergen, Norway

27/08/2021 - 30/08/2021

### **Cardiovascular autonomic neuropathy in context of other complications of T2DM**

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31st Annual Meeting of the Diabetic Neuropathy Study Group of the EASD  
Thessaloniki, Greece

10/05/2021 - 13/05/2021

### **The impact of obesity in patients with SARS-CoV-2 infection**

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[Andra Elena Nica](#)<sup>1</sup>, [Emilia Rusu](#)<sup>1</sup>, [Carmen Gabriela Dobjanschi](#)<sup>2</sup>, [Gabriela Radulian](#)<sup>1</sup>

<sup>1</sup>Department of Diabetes, nutrition and metabolic diseases, "Carol Davila" University of medicine and pharmacy, Bucharest, Romania

<sup>2</sup>Department of Diabetes, Nutrition and metabolic diseases, "Nicolae Malaxa" Clinical Hospital, Bucharest, Romania

### **28<sup>th</sup> European Congress on Obesity, ECO Online 2021**

17/05/2020 - 20/05/2020

### **The correlation between weight status and cardiovascular autonomic neuropathy in a type 2 diabetes mellitus population**

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*Andra Elena Nica, Claudia Sivu, Emilia Rusu, Carmen Gabriela Dobjanschi, Gabriela Radulian*  
**European and International Congress on Obesity**

02/12/2019 – 06/12/2019

## **THE CORRELATION BETWEEN WEIGHT STATUS AND UKPDS ESTIMATED CARDIOVASCULAR RISK IN A ROMANIAN TYPE 2 DIABETES POPULATION**

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**Autori: Andra - Elena Nica**, Oana Andreea Parliteanu, Claudia Topea, Gianina Baraghin, Vlad Ion Vinereanu, Andreea Bojoga, Carmen Gabriela Dobjanschi, Gabriela Radulian - **IDF Congress 2019** Busan, Korea  
<https://doi.org/10.26226/morressier.5d9b6232ea541d6ca84941af>

13/11/2019 – 15/11/2019

## **DIABETES MELLITUS ASSOCIATED WITH EVANS SYNDROME**

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**Andra-Elena Nica**, Claudia Topea, Oana Parliteanu, Gianina Baraghin, Bianca Fasui, Emilia Rusu, Gabriela Radulian, Carmen Dobjanschi -FRDNBM, Bucharest

10/10/2019 – 12/10/2019

## **UPDATE ON DIAGNOSIS AND MANAGEMENT OF CARDIOVASCULAR AUTONOMIC NEUROPATHY IN DIABETES**

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**Autori: Andra-Elena Nica**, Gabriela Radulian – NEURODIAB 2019, 7<sup>TH</sup> NATIONAL CONGRESS OF DIABETIC NEUROPATHY AND DIABETIC FOOT WITH INTERNATIONAL PARTICIPATION

10/2019 – 10/2019

## **THE IMPACT OF WEIGHT AND MICROVASCULAR COMPLICATIONS ON THE LIFE QUALITY OF TYPE 2 DIABETES PATIENTS**

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**Autori: Andra-Elena Nica**, Ana Maria Dumitrescu, Gabriela Radulian, Carmen Dobjanschi - Congresul Universității de Medicină și Farmacie CAROL DAVILA, București, ediția a 7-a (10-12 octombrie 2019), Maedica – a Journal of Clinical Medicine, Volume 14, Supplement, 2019 , pag. 88

22/05/2019 – 25/05/2019

## **Presentations**

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- QUALITY OF LIFE IN PATIENTS WITH DIFFERENT FORMS OF PERIPHERAL POLINEUROPATHY

**Authors: Nica Andra-Elena**, Topea Claudia, Fasui Bianca, Cosoreanu Andrada, Baraghin Gianina, Rusu Emilia, Radulian Gabriela, Dobjanschi Carmen - THE 45th NATIONAL CONGRESS OF THE ROMANIAN SOCIETY OF DIABETES NUTRITION AND METABOLIC DISEASES - WITH INTERNATIONAL PARTICIPATION SIBIU, 22-25 MAY 2019

- HETEROGENICITY OF DIABETES IN YOUNG PEOPLE

**Authors: Fasui Bianca**, Nica Andra Elena, Vlad Vinerianu, Rusu Emilia, Radulian Gabriela, Dobjanschi Carmen - THE 45th NATIONAL CONGRESS OF THE ROMANIAN SOCIETY OF DIABETES NUTRITION AND METABOLIC DISEASES - WITH INTERNATIONAL PARTICIPATION SIBIU, 22-25 MAY 2019

- PARTICULARITIES OF CLINICAL MANIFESTATIONS IN PATIENTS WITH DIABETIC NEUROPATHY

**Authors: Cosoreanu Andrada**, Fasui Bianca, Juravle Adriana, Nica Andra, Rusu Emilia, Radulian Gabriela, Dobjanschi Carmen - THE 45th NATIONAL CONGRESS OF THE ROMANIAN SOCIETY OF DIABETES NUTRITION AND METABOLIC DISEASES - WITH INTERNATIONAL PARTICIPATIONSIBIU, 22-25 MAY 2019

07/11/2018 – 09/11/2018

## **Presentations**

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- CLINICAL AND BIOLOGICAL PARTICULARITIES OF PATIENTS WITH T2DM AND ACUTE MIOCARDIAL INFARCTION IN ANTECEDENTS

**Authors: Andra Nica**, Topea Claudia, Baraghin Gianina, Oana Parliteanu, Garofita Nicolae, Vlad Vinereanu, Carmen Dobjanschi, Gabriela Radulian (16th Congress of the Romanian Federation of Diabetes, Nutrition and Metabolic Diseases Cluj-Napoca 07-09 November 2018) , p. 267.

- DEVELOPMENT OF A DIABETES CASE AND MIXTED-TYPE ULCERATIONS TREATED WITH THE NEGATIVE PRESSURE

Authors: Topea Claudia, Nica Andra-Elena, Baraghin Gianina, Parlițeanu Oana, Andrei Septimiu Bogdan, Voicu Ionut, Velicu Ana, Tofan Sasa, Dobjanschi Carmen, Radulian Gabriela (16th Congress of the Romanian Federation of Diabetes, Nutrition and Metabolic Diseases Cluj-Napoca 07-09 November 2018, page 21)

25/10/2018 - 27/10/2018

### Presentations

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IDF Diabetes Complications Congress 2018 25-27 October, Hyderabad, India

- Clinical and biological particularities of type 2 diabetic patients diagnosed with polyneuropathy

Authors: A.E. Nica<sup>1</sup>, G. Baraghin<sup>1</sup>, C. Topea<sup>1</sup>, I.V. Vinereanu<sup>2</sup>, O.A. Parlițeanu<sup>1</sup>, C. Dobjanschi<sup>1</sup>, G. Radulian<sup>3</sup>

<sup>1</sup>Clinical Hospital Nicolae Malaxa, Diabetes, Bucharest, Romania

<sup>2</sup>University of Medicine and Pharmacy Carol Davila, Nephrology, Bucharest, Romania <sup>3</sup>University of

Medicine and Pharmacy Carol Davila, Diabetes, Bucharest, Romania

- Phenotype differences between type 1 and type 2 diabetes in patients with a long evolution of the disease

Authors: O.A. Parlițeanu<sup>1</sup>, I.R. Voicu<sup>1</sup>, A.E. Nica<sup>1</sup>, C. Topea<sup>1</sup>, G. Baraghin<sup>1</sup>, C. Dobjanschi<sup>1</sup>, G.

Radulian<sup>1</sup> "Nicolae Malaxa" Clinical Hospital, Diabetes, Bucharest, Romania

18/10/2018 - 20/10/2018

### Risk factors in Peripheral Diabetic Neuropathy

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Authors: Andra Elena Nica, Gabriela Radulian

6<sup>TH</sup>NATIONAL CONGRESS OF DIABETIC NEUROPATHY AND DIABETIC FOOT WITH INTERNATIONAL PARTICIPATION, pag. 47

18-20 October 2018, Bucharest, Romania

12/07/2018 - 14/07/2018

### Presentations

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Clinical Case - Diabetes complicated with polyneuropathy

Young Diab 2018 - Future in diabetes and associated diseases

12-14 July 2018, Cluj, Romania

05/2018 - 05/2018

### Presentations

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- THE THERAPEUTIC TARGETS IN DIABETES PATIENTS IN PRACTICE (2018)

Authors: Nica Andra Elena, Topea Claudia, Baraghin Gianina, Vinereanu Ion-Vlad, Dobjanschi Carmen,

Radulian Gabriela (National Congress of Diabetes - 2018, Acta diabetologica, Vol. 44, pages 166-167)

- CLINICAL AND BIOLOGICAL PARTICULARITIES OF DIAGNOSTIC PATIENTS WITH T2DM AND POLYNEUROPATHY

Authors: Baraghin Gianina, Nica Andra-Elena, José Claudia, Vinereanu Ion Vlad, Parlițeanu Oana, Voicu

Ionuț, Velicu Ana, Tofan Sasha, Dobjanschi Carmen, Radulian Gabriela (National Diabetes Congress - 2018, Acta diabetologica, Vol. 90-91)

- UPDATES IN THE EPIDEMIOLOGY OF DIABETES RETINOPATHY

Authors: Zopea Claudia, Nica Andra-Elena, Baraghin Gianina, Vinereanu Ion-Vlad, Parlițeanu Oana, Voicu

Ionut, Velicu Ana, Tofan Sasha, Dobjanschi Carmen, Radulian Gabriela (National Congress of Diabetes - 2018, Acta Diabetologica, pages 192-193)

08/11/2017 – 11/11/2017

## **Presentations**

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- Therapeutic targets in patients with diabetes in practice (2017)

Authors: Nica Andra Elena, Topea Claudia, Baraghin Gianina, Vinereanu Ion-Vlad, Dobjanschi Carmen, Radulian Gabriela (15th Congress of the Romanian Diabetes Federation, Nutrition and Metabolic Diseases Hotel Ramada, Sibiu 08-11 November 2017)

- EVOLUTION CASE WITH T2DM AND THROMBOCYTOPENIC PURPURA IN A PATIENT WITH LIVER TRANSPLANTATION DUE TO WILSON DISEASE

Authors: Topea Claudia, Nica Andra, Baraghin Gianina, Parliteanu Oana, Vinereanu Ion-Vlad, Carmen Dobjanschi, Gabriela Radulian (15th Congress of the Romanian Federation of Diabetes, Nutrition and Metabolic Diseases Sibiu 08-11 November 2017, page 15)

24/05/2017 – 27/05/2017

## **Diabetic neuropathy and cardiovascular risk factors**

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Andra-Elena Nica, Sivu Claudia, Gianina Baraghin, Elena-Mihaela Mihu, Liana Kobylinska, Garofita Nicolae, Carmen Dobjanschi, The national congress of the Romanian society of diabetes, nutrition and metabolic diseases, Brasov , 24-27 May 2017

20/05/2014 – 23/05/2014

## **Presentations**

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1) Surgical attitude of metastasis in rectal tumors

Andra Elena Nica, AlexandraGherase, Denis Sabrina Elena Petcu, M. Marincas

2) Colon cancer advanced locally - clinical case

Alexandra Ioana Gherase, Andra Elena Nica, Denis Sabrina Petcu, A. Coman, M. Marincas

National Congress of Surgery, 20-23 May 2014, Sinaia, Romania

## **COURSES**

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17/02/2021 – 25/02/2021

### **Practical Course of Insulinotherapy**

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16/09/2020 – 20/09/2020

### **Training of health professionals to improve pediatric care for patients with type 1 diabetes**

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PEDIDIAB 2020

05/03/2020 – 05/03/2020

### **How to write a quality medical article**

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17/02/2020 – 18/02/2020

### **Practical Course of Insulin Therapy**

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13/05/2019 – 14/05/2019

### **Continuous glucose monitor and systems of continuous administration subcutaneous of insulin**

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Bucharest, Romania

21/04/2017 – 22/04/2017

### **Communication and relationship with the patient**

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Inspires, Sinaia

24/03/2017 – 25/03/2017

### **Time Management**

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Inspires, Sinaia

05/2014 - 05/2014

**Multi-modal treatment of breast cancer**

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- Reconstruction of postmastectomy breast
- May 2014, Sinaia, Romania

10/03/2014 - 15/03/2014

**Basic Surgical Skills**

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- Romanian Society of Surgery, Bucharest, Romania

11. 06. 2024