

## **CURRICULUM VITAE**

**ILEANA NIȚU, MD**

### **PERSONAL DATA:**

### **EDUCATION:**

**2007: High School Diploma**, “Gib Mihăescu” National College, Drăgășani, Romania.

**2013: MD Diploma**, University of Medicine and Pharmacy “Carol Davila”, Bucharest, Romania.

**2019: Specialist Certificate** of Completion of Training in Cardiology.

**2020: Vascular Ultrasound Competence**

**2023: Primary Care Physician**

### **CLINICAL EXPERIENCE:**

Training in Cardiology in University Hospital of Bucharest, Romania (01.01.2014-31.12.2018) - experience in non-invasive cardiology, both transthoracic and transeoesophageal echocardiography, stress echo studies, ECG stress tests, ambulatory monitoring

Management of patients with cardiovascular disease and endocrine pathology, especially thyroid and adrenal disorders, neuroendocrine tumours, diabetes mellitus, obesity (risk of heart disease)- National Institute of Endocrinology “C.I. Parhon” Bucharest

## **SCIENTIFIC ACTIVITY:**

### **1. Published articles**

**Ileana Nițu**, Ionela Baci, Simona Găloiu, Cristina Căpățână, Iulia Florentina Burcea, Daniela Greere, Cătălina Poiană: Clinical Value of NT-proBNP and Performance Myocardial Index as an Echocardiographic Predictor of Early Cardiac Involvement in Patients with Carcinoid Syndrome- Archives of Clinical and Biomedical Research 6 (2022): 756-763, ISSN: 2572-9292, DOI :10.26502/acbr.50170286 (impact Factor 3.1)

**Ileana Nițu**, Iulia Florentina Burcea, Daniela Greere, Adina Croitoru, Cătălina Poiană: Patient with Carcinoid Syndrome and Severe Cardiac Disease with Both Tricuspid and Pulmonary Lesions- Archives of Clinical and Medical Case Reports 6 (2022): 562-567, ISSN: 2575-9655, DOI 10.26502/acmcr.96550518 (impact Factor 3.1)

**Ileana Nițu**, Ionela Baci, Simona Găloiu, Iulia Burcea, Cătălina Poiană: Subclinical Echocardiographic Parameters and Biomarker Approach to Characterize the Pathophysiology of Carcinoid Syndrome- International Internal Medicine Journal Volume 2, Issue 3 (2024): 1-8, ISSN: 2837-4835, DOI.org/10.33140/IIMJ.02.03.04 (impact Factor 1.02)

### **2. Scientific presentations sustained at national and international conferences**

**Ileana Nițu**, Roxana Cristina Rimbaș, Livia Florentina Trașcă, Anca Andronic, Dragoș Vinereanu: New Prognostic Model of In-Hospital Mortality in Patients with Acute Heart Failure- 55-th- National Congress of Cardiology, 2016, September Sinaia,

**Ileana Nițu**: Echocardiographic Examination Value in Endocrine Pathology- Endocrine Echocardiography Course, 2023, May, UMF "Carol Davila" Bucharest

**Ileana Nițu**: Carcinoid Heart Disease- a Rare Cause of Acquired Right-Sided Valvular Dysfunction- 61-st National Congress of Cardiology, 2022, September, Sinaia

**Ileana Nițu**: Carcinoid Heart Disease- a Rare Cause of Acquired Right-Sided Valvular Dysfunction- From Concept to Multimodality Imaging Approach- 2022, May, Workshop, online

**Ileana Nițu**: Burden of Cardiac Dysfunction in Neuroendocrine Tumours- Endocrino-Cardiology Course, 2022, March, UMF "Carol Davila" Bucharest

**Ileana Nițu**: Carcinoid Heart Disease- a Rare Cause of Acquired Right-Sided Valvular Dysfunction- 60-th National Congress of Cardiology, 2021, September, online

**Ileana Nițu:** Cardiovascular risk in postmenopausal women- Woman's Health Forum, 2021, October, online

**Ileana Nițu:** - Burden of Cardiac Dysfunction in Neuroendocrine Tumours Tumours Neuroendocrine Workshop, 2021 April, online

**Ileana -Nițu:** Multidisciplinary approach of a complex case of right heart failure and carcinoid syndrome- Webinar, 2021 April, online

**Ileana Nițu:** Carcinoid heart disease- a subdiagnosed entity- 9- th Conference of College of Physicians Bucharest, 2021 April, online

**Ileana Nițu:** Carcinoid Heart Disease- a Rare Cause of Acquired Right-Sided Valvular Dysfunction- Endocrino-Cardiology Course, 2021 March, UMF "Carol Davila" Bucharest

Vlad George Rădulescu, Anda Dumitrașcu, **Ileana Nițu**, Daniela Alexandrescu, Corin Badiu: A case of relapse of Graves ophthalmopathy due to an ophthalmic herpes zoster infection in a thyroidectomized patient with multiple comorbidities- JCEM Case Reports, 2024, Jan; 2 (Suppl 1): luad146.062, DOI: 10.1210/jcemcr/luad146.062, PMID: PMC10784899

Raluca Trifănescu, Iustin-Daniel Toma, Maria-Alexandra Mohora, Ileana Popescu, **Ileana Nițu**, Cătălina Poiană: Unexpected cause of hypertension associated with hypokalemia- ECE 2023, Adrenal and Cardiovascular Endocrinology, Endocrine Abstracts 90 P554, DOI: 10.1530/endoabs.90.P554

Diandra Carmen Giuca, Cristina Constantin Vere, **Ileana Nițu**, Cristina Căpățână, Ionela Baciuc, Iulia Florentina Burcea, Nicoleta Baculescu, Șerban Radian, Simona Andreea Găloiu, Raluca Trifănescu, Cătălina Poiană: Echocardiographic features in patients with prolactinoma long-term treated with dopamine agonists- ECE (2023), Pituitary and Neuroendocrinology, Endocrine Abstracts (2023) 90EP851, DOI:10.1530/endoabs.90.EP851

Iustin-Daniel Toma, Raluca Trifănescu, Maria-Alexandra Mohora, Ionela Baciuc, Nicoleta Baculescu, Iulia Florentina Burcea, Cristina Căpățână, Roxana Dusceac, Simona Andreea Găloiu, Dan Alexandru Niculescu, **Ileana Nițu**, Șerban Radian, Cătălina Poiană: Vitamin D status and cardiovascular risk in a cohort of acromegalic patients- ECE2023, Pituitary and Neuroendocrinology, Endocrine Abstracts (2023) 90EP741, DOI: 10.1530/endoabs.90.EP741

Raluca Trifănescu, Iustin-Daniel Toma, Maria-Alexandra Mohora, Marioara Cristina Corneci, **Ileana Nițu**, Nicoleta Baloșeanu, Suzana Vlădoiu, Sorina Schipor, Anda Dumitrașcu, Cătălina Poiană: Concomitant Graves' disease with COVID-19 infection- ECE (2022), Thyroid, Endocrine Abstracts (2022) 81P743, DOI: 10.1530/endoabs.81.P743

Alexandru Morea, Diana Lambrinoc, **Ileana Nițu**, Ionela Florina Baciuc, Cătălina Poiană: Assessing quality of life and cardio-vascular risk in patients with acromegaly: A single tertiary center case series- ECE2021, Pituitary and Neuroendocrinology, Endocrine Abstracts (2021) 73 AEP539, DOI:10.1530/endoabs.73.AEP539

Mara Băetu, Cristina Olariu, **Ileana Nițu**, Gabriel Moldoveanu, Cristina Corneci, Corin Badiu: Side-effects of calcitonin stimulation tests with calcium gluconate- ECE (2021), Thyroid, Endocrine Abstracts (2021) 73AEP672, DOI:10.1530/endoabs.73.AEP672

Cătălina Poiană, **Ileana Nițu**, Ionela Baci: Severe Carcinoid Cardiac Disease In A Young Patient With Neuroendocrine Tumor Of Unknown Origin- European Congress of Endocrinology, Germany, 2016, ECE 2016, Neuroendocrinology, Endocrine Abstracts (2016) 41 EP748, DOI: 10.1530/endoabs.41.EP748

Livia Florentina Trașcă, Roxana Cristina Rimbaș, **Ileana Nițu**, Simona Ionela Călin, Andreea Velcea, Anca Andreea Andronic, Dragoș Vinereanu: The Impact of Glycemic Variability on Mortality in Patients with Diabetes Hospitalised with Acute Heart Failure- Circulation, 2016; 134: A13086

**Good Clinical Practice Certificate** (NIDA Clinical Trials Network)- course completion date: **29 August 2019**; CTN expiration date: **29 August 2022**

### **MEMBERSHIP:**

Member of the Romanian Society of Cardiology

Member of the European Society of Cardiology

### **FOREIGN LANGUAGES:**

English: listening- C1/C2, reading- C1/C2, speaking- C1/C2, writing- C1/C2 (Cambridge Certificate in Advanced English- 2006)

French: listening- B1/B2, reading- B1/B2, speaking- B1/B2, writing- B1/B2

### **PC Knowledge:**

The base knowledge of PC: Excel, Word, Outlook, PowerPoint

**Driving License category B**

Ileana Nițu

June 26 th, 2024