



UNIVERSITATEA DE MEDICINĂ ȘI FARMACIE „CAROL DAVILA“ DIN BUCUREȘTI



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Memoriu de activitatea profesională și științifică

Dr. Prada Ana-Gabriela

I. STUDII

Instituția	Universitatea de Medicină și Farmacie „Carol Davila”, București, România	Universitatea de Medicină și Farmacie „Carol Davila”, București, România	Liceul teoretic „Nicolae Iorga” București, România
Perioada: de la - până la	2021 - 2025	Oct 2014 - Sep 2020	Sep 2010- Iun 2014
Grade sau diplome obținute	Student-doctorand	Diploma de doctor medic	Diploma de bacalaureat

Perioada: de la - până la	Ian 2021 - prezent	Feb 2021 - prezent	Noi 2023 - Mai 2024
Locul:	Bucuresti	Bucuresti	Clamart, Franta
Instituția:	Spitalul Clinic de Urgenta Bucuresti	U.M.F. „Carol Davila” București	Hopital Antoine-Becclere
Funcția:	Medic rezident Geriatric si Gerontologie	Asistent Universitar (februarie 2021 – prezent)	Medic rezident Geriatric Acuta
Descriere:	Stagii de pregatire conform curiculei Ministerului Sanatatii	Cadru didactic UMF prin concurs	Stagiu de pregatire in străinătate conform curiculei Ministerului Sanatatii

I. LOCUL ACTUAL DE MUNCA, FUNCTIA SI VECHIMEA

- Universitatea de Medicina si Farmacie "Carol Davila" Bucuresti, asistent universitar;
- Spitalul Clinic de Urgență Bucuresti, medic rezident Geriatrie si Gerontologie; unitatea indrumatoare – Spitalul de Boli Cronice si Geriatrie "Sf. Luca" Bucuresti – Sectia Clinica Geriatrie si Gerontologie;
Vechime la locul de muncă actual: 4 ani

II. ACTIVITATEA DE CERCETARE

II.1. LISTA DE LUCRARI PUBLICATE 2015-2025 (total: 36)

II.1.1. PUBLICATII PREMIATE IN CADRUL CONGRESELOR: 1

Prada AG, Stroic T, Diclescu MM - Serotonin for Diagnosing Neuroendocrine Tumors –
The 3rd Edition of the International Medical Students' Congress of Bucharest (IMSCB) –
Bucharest, Romania. 4th-8th December 2019 - Published in *International Journal of
Medical Students, European Geriatric Medicine Journal*, Volume 8, Supplement 1,
March 2020;p.S26 – ISSN 2076-6327

II.1.2. PUBLICATII - CĂRȚI ȘI CAPITOLE DIN CĂRȚI: 2

Kozma A, Prada GI, Nacu RM, Lungu EL, Prada AG, Herghelegiu AM – Technology and
Physical Activity in Active Ageing. In: Kozma A, Glavce C, Balaceanu-Stolnici C
(eds): Antropologie și Demografie (Anthropology and Demography). Editura
Academiei Romane, Bucuresti 2018, pp:368-373 - ISBN 978-973-27-2901-4
Prada AG, Mihalache R, Aurelian SM, Zamfirescu A, Capisizu A – Bolile Inflamatorii
Intestinale si Sarcopenia la Persoanele Varstnice (Inflammatory Bowel Diseases and
Sarcopenia in Older People). In: Kozma A, Glavce C, Balaceanu-Stolnici C (eds):
Antropologie și Geriatrie (Anthropology and Geriatrics). Editura Academiei Romane,
Bucuresti 2023, pp:140-146 - ISBN 978-973-27-3725-5

II.1.3. ARTICOLE/ STUDII PUBLICATE IN VOLUMELE UNOR REVISTE COTATE ISI DIN TARA SI STRAINATATE – cu rezumat publicat: 3

Aurelian J, Zamfirescu A, Nedelescu M, Stoleru S, Gîdei MS, Giță CD, Prada AG,
Oancea C, Vladulescu-Trandafir AI, Aurelian SM – Vitamin D impact on stress and
cognitive decline in older Romanian adults. *Farmacia*. 2024, 72(6): 1290-1298;
<https://doi.org/10.31925/farmacia.2024.6.7>

Prada AG, Giță CD, Gîdei SM, Istratescu D, Stroic T, Aurelian SM, Prada GI,
Penes ON, Pop AL, Diclescu MM – The Importance of Nutriepigenetics in Older Adults
with Inflammatory Bowel Disease. *Nutrients* 2025, 17(4), 620. Indexat in PubMed, 2023
Factor de Impact 4.8, <https://www.mdpi.com/3173934>

Prada AG, Stroic T, Diclescu RI, Gogîrlă GC, Radu CD, Istratescu D, Prada GI, Diclescu

MM – Artificial Intelligence as a Tool in Diagnosing Inflammatory Bowel Disease in Older Adults. *Journal of Clinical Medicine*. 2025. 14. 4. 1360. Indexat in PubMed. 2023 Factor de Impact 3.0. <https://www.mdpi.com/3187802>

II.1.4. ARTICOLE/ STUDII PUBLICATE IN VOLUMELE UNOR REVISTE DIN TARA SI STRAINATATE (CU ISSN sau ISBN) – cu rezumat publicat: 1

Aurelian J. Zamfirescu A. Aurelian SM, Mihalache R, Gidei MS, Giță CD.

Prada AG. Constantin T, Nedelescu M, Oancea C – Impact of Physical Performance on Hemodynamic and Cognitive Status in Romanian Older Adults. *R. J. Mil. Med.* 2025. 128(1): 60-xx. <https://doi.org/10.55453/rjmm.2025.128.1.8>

II.1.5. PUBLICAȚII IN EXTENSO, APĂRUTE ÎN LUCRĂRI ALE PRINCIPALELOR CONFERINTE INTERNAȚIONALE DE SPECIALITATE SI REZUMATE ALE LUCRĂRILOR PREZENTATE LA CONFERINTE INTERNAȚIONALE DE SPECIALITATE, PUBLICATE ÎN REVISTE COTATE ISI sau BDI

II.1.5.1. PUBLICAȚII IN EXTENSO, APĂRUTE ÎN LUCRĂRI ALE PRINCIPALELOR CONFERINTE INTERNAȚIONALE DE SPECIALITATE PUBLICATE ÎN REVISTE COTATE ISI (ISI PROCEEDINGS): 1

Kozma A, Herghelegiu AM, Nacu RM, Lungu LE, **Prada AG**, Ilie AC, Alexa ID, Prada GI – Impact of neurosensorial disorders in older people. In: Cristian Vasile (ed.): *Mental Health. Actual views in psychology, medicine and anthropology*. Editura Universitara, Bucuresti, 2016, pp. 75-79 - ISBN 978-606-28-0513-5

II.1.5.2. REZUMATE ALE LUCRĂRILOR PREZENTATE LA CONFERINTE INTERNAȚIONALE DE SPECIALITATE, PUBLICATE ÎN REVISTE COTATE ISI: 16

Prada GI, Nacu RM, **Prada AG**, Ilie AC, Pislaru AI, Kozma A, Alexa ID, Stefanii R, Nuta CR, Bajenaru OL – Ischemic heart disease and health-related quality of life in older adults – 15th International Congress of the European Geriatric Medicine Society: "Evidenced Based Medicine in Geriatrics" – Krakow, Poland, 25 - 27 Septembrie 2019 – *European Geriatric Medicine*; September 2019; Vol. 10, Suppl. 1: p.S242 – ISSN - 1878-7649; Impact Factor (2018): 1.233

Prada GI, Alexa ID, Nacu RM, Nuta C, Kozma A, **Prada AG**, Stefanii R, Sandu IA, Bajenaru OL, Ilie AC, Pislaru AI, Herghelegiu AM – Subclinical hypothyroidism and cardio-cerebro-vascular risk in older people – 14th International Congress of the European Union Geriatric Medicine Society: "Advancing Geriatric Medicine in a Modern World" – Berlin, Germania, 10 - 12 Octombrie 2018 – *European Geriatric Medicine*; October 2018; Vol. 9, Suppl. 1: p.S288 – ISSN - 1878-7649; Impact Factor (2018): 1.233

Prada GI, Nacu RM, Ilie AC, Pislaru AI, **Prada AG**, Alexa ID, Kozma A, Stefanii R, Sandu IA, Nuta C, Bajenaru OL, Herghelegiu AM – Patterns and complications of arterial hypotension in older people – 14th International Congress of the European Geriatric Medicine Society: "Advancing Geriatric Medicine in a Modern World" – Berlin, Germania, 10 - 12 Octombrie 2018 – *European Geriatric*

Medicine; October 2018; Vol.9, Suppl.1;p.S159-S160 – ISSN - 1878-7649;
Impact Factor (2018): 1.233

Prada GI, Alexa ID, Nacu RM, Ilie AC, Pislaru AI, **Prada AG**, Kozma A, Stefaniu R, Sandu IA, Nuta C, Bajenaru OL, Herghelegiu AM – Mood disorders and chronic pain in older people with gonarthrosis – 14th International Congress of the European Geriatric Medicine Society: "Advancing Geriatric Medicine in a Modern World" – Berlin, Germania, 10 - 12 Octombrie 2018 – *European Geriatric Medicine*; October 2018; Vol.9, Suppl.1;p.S159
ISSN - 1878-7649; Impact Factor (2018): 1.233

Prada GI, Nacu RM, **Prada AG**, Ilie AC, Alexa ID, Pislaru AI, Stefaniu R, Sandu IA, Nuta C, Bajenaru OL, Herghelegiu AM – Socioeconomic risk factors for neurocognitive disorders in older people – 14th International Congress of the European Geriatric Medicine Society: "Advancing Geriatric Medicine in a Modern World" – Berlin, Germania, 10 - 12 Octombrie 2018 – *European Geriatric Medicine*; October 2018; Vol.9, Suppl.1;p.S44
ISSN - 1878-7649; Impact Factor (2018): 1.233

Prada GI, Nacu RM, Alexa ID, **Prada AG**, Kozma A, Herghelegiu AM – Characteristic aspects of widespread pain in older adults – 13th International Congress of the European Union Geriatric Medicine Society: "Developing Preventive Actions in Geriatrics" – 20 to 22 Septembrie 2017, Nisa, Franta – *European Geriatric Medicine*; September 2017; Vol.8, Suppl.1;p.S177
ISSN - 1878-7649; Impact Factor (2017): 1.169

Prada GI, Nacu RM, Alexa ID, Kozma A, **Prada AG**, Herghelegiu AM – Risk factors and complications of arterial hypotension in older people – 13th International Congress of the European Union Geriatric Medicine Society: "Developing Preventive Actions in Geriatrics" – 20 to 22 Septembrie 2017, Nisa, Franta – *European Geriatric Medicine*; September 2016; Vol.8, Suppl.1;p.S70
ISSN - 1878-7649; Impact Factor (2017): 1.169

Prada GI, Nacu RM, Alexa ID, Kozma A, **Prada AG**, Herghelegiu AM – Non-pulmonary symptoms and comorbidities in older people with chronic obstructive pulmonary disease – 13th International Congress of the European Union Geriatric Medicine Society: "Developing Preventive Actions in Geriatrics" – 20 to 22 Septembrie 2017, Nisa, Franta – *European Geriatric Medicine*; September 2016; Vol.8, Suppl.1;p.S68 – ISSN - 1878-7649; Impact Factor (2017): 1.169

Prada GI, Nacu RM, Alexa ID, **Prada AG**, Kozma A, Herghelegiu AM – Characteristics of gastrointestinal symptoms in older people with diabetes mellitus – 13th International Congress of the European Union Geriatric Medicine Society: "Developing Preventive Actions in Geriatrics" – 20 to 22 Septembrie 2017, Nisa, Franta – *European Geriatric Medicine*; September 2016; Vol.8, Suppl.1;p.S61-62
ISSN - 1878-7649; Impact Factor (2017): 1.169

Prada GI, Nacu RM, Lungu LE, Cerchez G, **Prada AG**, Ilie AC, Pislaru AI, Alexa ID,

Herghelegiu AM – Risk factors and complications of arterial hypotension in older people – 12th International Congress of the European Union Geriatric Medicine Society – 5 to 7 October 2016, Lisbon, Portugal – *European Geriatric Medicine*, October 2016; Vol.7, Suppl.1: p. S166
ISSN - 1878-7649; Impact Factor (2016): 1.336

Prada GI, Markovits M, Nacu RM, Lungu LE, **Prada AG**, Ilie AC, Pislaru AI, Alexa ID, Herghelegiu AM – Non-pulmonary symptoms and comorbidities in older people with chronic obstructive pulmonary disease – 12th International Congress of the European Union Geriatric Medicine Society – 5 to 7 October 2016, Lisbon, Portugal – *European Geriatric Medicine*, October 2016; Vol.7, Suppl.1: p. S84
ISSN - 1878-7649; Impact Factor (2016): 1.336

Prada GI, Nacu RM, Lungu LE, Cerchez G, **Prada AG**, Ilie AC, Pislaru AI, Alexa ID, Herghelegiu AM – Patterns of sleep in older people with mood disorders – – 12th International Congress of the European Union Geriatric Medicine Society – 5 to 7 October 2016, Lisbon, Portugal – *European Geriatric Medicine*, October 2016; Vol.7, Suppl.1: p. S84
ISSN - 1878-7649; Impact Factor (2016): 1.336

Prada GI, Rijkkin G, Nacu RM, Fita IG, Ignat IA, Andruta DM, **Prada AG**, Alexa ID, Herghelegiu AM – Pre-malignant and malignant skin lesions in older people - 11th Congress of the EUGMS - "Geriatric Medicine for Future Europeans - Successful aging creates new challenges" - Oslo, Norway, 16-18 September 2015 - Published in *European Geriatric Medicine Journal*, Volume 6, Supplement 1, September 2015, S101-ISSN: 1878-7649 (Elsevier);
Impact Factor (2015): 0.733, 5-Year Impact Factor: 0.703

Prada GI, Fita IG, Nacu RM, Ignat IA, Andruta DM, **Prada AG**, Alexa ID, Herghelegiu AM – Health risk factors linked to retirement in older people - 11th Congress of the EUGMS - "Geriatric Medicine for Future Europeans - Successful aging creates new challenges" - Oslo, Norway, 16-18 September 2015 - Published in *European Geriatric Medicine Journal*, Volume 6, Supplement 1, September 2015, S63; ISSN: 1878-7649 (Elsevier); Impact Factor (2015): 0.733;
5-Year Impact Factor: 0.703

Prada GI, Popescu MB, Nacu RM, Fita IG, Ignat IA, Andruta DM, **Prada AG**, Alexa ID, Herghelegiu AM – Comorbidities in osteoarticular diseases in older people - 11th Congress of the EUGMS - "Geriatric Medicine for Future Europeans - Successful aging creates new challenges" - Oslo, Norway, 16-18 September 2015 - Published in *European Geriatric Medicine Journal*, Volume 6, Supplement 1, September 2015, S63 ISSN: 1878-7649 (Elsevier);
Impact Factor (2015): 0.733, 5-Year Impact Factor: 0.703

Prada GI, Stercu GA, Nacu RM, Fita IG, Ignat IA, Andruta DM, **Prada AG**, Alexa ID, Herghelegiu AM – Cognitive and functional status in older people with chronic bronchopulmonary disorders - 11th Congress of the EUGMS - "Geriatric Medicine for Future Europeans - Successful aging creates new challenges" -

Oslo, Norway, 16-18 September 2015 - Published in *European Geriatric Medicine Journal*, Volume 6, Supplement 1, September 2015, S53
ISSN: 1878-7649 (Elsevier); Impact Factor (2015): 0.733; 5-Year Impact Factor: 0.703

**II.1.6. ARTICOLE/ STUDII PUBLICATE IN VOLUMELE UNOR MANIFESTARI STIINTIFICE
RECUNOSCUTE DIN TARA SI STRAINATATE (cu ISSN sau ISBN) – cu rezumat publicat: 8**

- Prada GI, Nacu RM, Nuta C, Chelu G, Bajenaru OL, Danuta C, Stanciu A, Mihalcea S, Deliu CE, Ignat I, Blanariu I, Prada AG, Stoica AC, Stancu G, Kozma A, Herghelegiu AM – Quality of life improvement and reduction of recurrent hospital admissions by iron deficiency correction in older people – Al IX-lea Congres National de Geriatrie si Gerontologie cu participare internationala: Geriatria si Gerontologia in Romania - 65 de ani de prezenta nationala si internationala – Bucuresti, Romania, 19 Octombrie–22 Octombrie 2017, pp.80-81
-ISBN: 978-973-0-25660-4
- Prada GI, Nacu RM, Nuta C, Chelu G, Bajenaru OL, Danuta C, Stanciu A, Mihalcea S, Deliu CE, Ignat I, Blanariu I, Prada AG, Stoica AC, Stancu G, Kozma A, Herghelegiu AM – Risk factors for dizziness syndrome in older people – Al IX-lea Congres National de Geriatrie si Gerontologie cu participare internationala: Geriatria si Gerontologia in Romania - 65 de ani de prezenta nationala si internationala – Bucuresti, Romania, 19 Octombrie–22 Octombrie 2017, pp.79-80
-ISBN: 978-973-0-25660-4
- Prada GI, Nacu RM, Nuta C, Chelu G, Bajenaru OL, Danuta C, Stanciu A, Mihalcea S, Deliu CE, Ignat I, Blanariu I, Prada AG, Stoica AC, Stancu G, Kozma A, Herghelegiu AM – Risk factors and preventive strategies for falls in older people – Al IX-lea Congres National de Geriatrie si Gerontologie cu participare internationala: Geriatria si Gerontologia in Romania - 65 de ani de prezenta nationala si internationala – Bucuresti, Romania, 19 Octombrie–22 Octombrie 2017, pp.78-79 - ISBN: 978-973-0-25660-4
- Prada GI, Nacu RM, Nuta C, Chelu G, Bajenaru OL, Danuta C, Stanciu A, Mihalcea S, Deliu CE, Ignat I, Blanariu I, Prada AG, Stoica AC, Stancu G, Kozma A, Herghelegiu AM – Therapeutic alternatives in diabetic neuropathy in older people – Al IX-lea Congres National de Geriatrie si Gerontologie cu participare internationala: Geriatria si Gerontologia in Romania - 65 de ani de prezenta nationala si internationala – Bucuresti, Romania, 19 Octombrie- 22 Octombrie 2017, pp.77-78 - ISBN: 978-973-0-25660-4
- Prada G, Nacu R, Lungu L, Prada A, Ilie A, Alexa I, Herghelegiu A – Impact of neurosensorial disorders on mood in older people – 21st International Association of Gerontology and Geriatrics World Congress, San Francisco, USA, 23-27 iulie 2017: "Global Aging and Health: Bridging Science Policy and Practice" – Innovation in Aging: Vol.1, No. S1, 2017, p.1067
ISSN 2399-5300 - online
- Prada G, Nacu R, Lungu L, Ilie A, Prada A, Alexa I, Herghelegiu A – Sleep patterns in

older people with mood disorders – 21st International Association of Gerontology and Geriatrics World Congress, San Francisco, USA, 23-27 iulie 2017; "Global Aging and Health: Bridging Science Policy and Practice" – Innovation in Aging: Vol. I, No. S1, 2017; p.798
ISSN 2399-5300 - online

Prada G, Nacu R, Lungu L, **Prada A**, Ilie A, Alexa I, Herghelegiu A – Sleep disorders in older depressive people – 21st International Association of Gerontology and Geriatrics World Congress, San Francisco, USA, 23-27 iulie 2017; "Global Aging and Health: Bridging Science Policy and Practice" – Innovation in Aging: Vol. I, No. S1, 2017; p.323
ISSN 2399-5300 - online

Prada G, Nacu R, Lungu L, Ilie A, Alexa I, **Prada A**, Herghelegiu A – Cardio-cerebrovascular complications in older diabetics with arterial hypertension – 21st International Association of Gerontology and Geriatrics World Congress, San Francisco, USA, 23-27 iulie 2017; "Global Aging and Health: Bridging Science Policy and Practice" – Innovation in Aging: Vol. I, No. S1, 2017; pp.148-149
ISSN 2399-5300 - online

II.1.7. ARTICOLE/ STUDII PUBLICATE IN VOLUMELE UNOR MANIFESTARI STIINTIFICE DIN TARA SI STRAINATATE, FARA ISSN sau ISBN – cu rezumat publicat: 3

Herghelegiu AM, Prada GI, Nacu RM, Lungu EL, **Prada AG**, Kozma A – Afecțiuni coronariene la vârstnicii cu depresie (Coronary Artery Disease in Older People with Depression) - Al 10-lea Congres Anual al Asociației Medicale Române, București, România, 25-27 Aprilie 2016

Kozma A, Prada GI, Nacu RM, Lungu EL, **Prada AG**, Herghelegiu AM – Factori de risc pentru apariția complicațiilor diabetului zaharat tip 2 la vârstnici (Risk Factors for Complications of Type 2 Diabetes Mellitus in Older People) - Al 10-lea Congres Anual al Asociației Medicale Române, București, România, 25-27 Aprilie 2016

Prada G, Fita I, Nacu R, Amolionai I, Andruța D, Alexa I, **Prada A**, Herghelegiu A – Risk factors associated with diabetes mellitus in older people – 10th IAGG – Asia/Oceania Congress of Gerontology and Geriatrics: Healthy Aging Beyond Frontiers, Chiang Mai, Thailand, 19-22 October 2015, IAGG-1180.

II.2. Cercetare internațională

II.2.1. Burse de studii:

- Bursa pentru participarea la al XV-lea curs avansat postuniversitar în Geriatrie – EAMA, acordată de Societatea Europeană de Geriatrie (EuGMS). Durata cursului : 2 ani.

III. Cursuri postuniversitare

- al XV-lea curs avansat postuniversitar în Geriatrie – EAMA, acordată de Societatea Europeană de Geriatrie (EuGMS). Durata cursului : 2 ani.

IV. Recenzor reviste (Peer-review):

- International Journal of Molecular Sciences (MDPI)
- Journal of Clinical Medicine (MDPI)
- Biomedicines (MDPI)
- Biology (MDPI)
- Aging Clinical and Experimental Research (Springer Nature)
- BMC Geriatrics (Springer Nature)

V. Membru Asociații Profesionale:

- Societatea Română de Gerontologie și Geriatrie
- Societatea Română Alzheimer
- Asociația Tinerilor Medici Geriatri
- Societatea de Age Management
- Asociația de genetică și medicină personalizată

VII. Limbi străine cunoscute:

Engleză, Franceză – fluent

Spaniolă, Italiană, Portugheză, Daneză – nivel conversational

Declar pe propria răspundere că datele prezentate sunt în conformitate cu realitatea

21 Mai 2025