

DOINA ISTRĂTESCU

- **PERSONAL INFORMATION**

Name before marriage: Proca

- **WORK EXPERIENCE**

2024 - Present Medical Doctor in Gastroenterology

Medical Expert Clinic

- **EDUCATION AND TRAINING**

Oct 2020 – Present PhD Student

Carol Davila University of Medicine and Pharmacy, Bucharest

Jan 2017 – June 2024 Residency in Gastroenterology

Fundeni Clinical Institute, Bucharest

May 2019 – Oct 2019 FFI - Faisant fonction d'interne

Hôpital Saint Louis - Sorbonne Université, Paris

- **LANGUAGE SKILLS**

Mother tongue(s): Romanian

Other language(s):

English

LISTENING C1 READING C1 WRITING C1

SPOKEN PRODUCTION C1 SPOKEN INTERACTION C1

French

LISTENING B2 READING B2 WRITING B2

SPOKEN PRODUCTION B2 SPOKEN INTERACTION B2

• SCIENTIFIC ACTIVITY

1. Real-world efficacy and safety of ombitasvir, paritaprevir/r+dasabuvir+ribavirin in genotype 1b patients with hepatitis C virus cirrhosis. Preda CM, Popescu CP, Baicus C, Voiosu TA, Manuc M, Pop CS, Gheorghe L, Sporea I, Trifan A, Tantau M, Tantau A, Ceausu E, Proca D, Constantinescu I, Ruta SM, Diclescu MM, Oproiu A. *Liver Int.* 2017 Aug 17.
2. A Comparative Study of Efficacy and Safety of Two Eradication Regimens for *Helicobacter pylori* Infection. Preda CM, Proca D, Sandra I, Fulger LE, Horeanga BC, Manuc M, Manuc T, Dutei CA, Barbu M, Tugui L, Andrei AC, Slavulete BI, Diclescu M. *Maedica (Buchar).* 2017 Sep.
3. New Epidemiologic Data Regarding Hepatitis C Virus Infection in Romania. Manuc M, Preda CM, Popescu CP, Baicus C, Voiosu T, Pop CS, Gheorghe L, Sporea I, Trifan A, Tanțău M, Tanțău A, Ceaușu E, Proca D, Constantinescu I, Ruta SM, Fulger LE, Diclescu M, Oproiu A. *J Gastrointest Liver Dis.* 2017 Dec.
4. Risk of hepatitis B virus reactivation in hepatitis B virus + hepatitis C virus-co-infected patients with compensated liver cirrhosis treated with ombitasvir, paritaprevir/r + dasabuvir + ribavirin. Preda CM, Popescu CP, Baicus C, Constantinescu I, Oproiu A, Voiosu T, Diclescu M, Negreanu L, Gheorghe L, Sporea I, Trifan A, Ceausu E, Proca D, Manuc M. *J Viral Hepat.* 2018 Feb 3.
5. Iron deficiency in a tertiary gastroenterology center in Romania: prevalence and significance. Preda CM, Proca D, Sandra I, Horeanga BC, Fulger LE, Manuc T, Bancila I, Balas OE, Manuc M, Diclescu M, Baicus C, Tieranu C, Constantinescu I. *J Med Life.* 2018 Jan-Mar;11(1):29-35.
6. Factors Associated With Rates of HBsAg Seroclearance in Adults With Chronic HBV Infection: A Systematic Review and Meta-analysis. Yeo YH, Ho HJ, Yang HI, Tseng TC, Hosaka T, Trinh HN, Kwak MS, Park YM, Yue Fung JY, Buti M, Rodriguez M, Treeprasertsuk S, Preda CM, Ungtrakul T, Charatcharoenwitthaya P, Li X, Li J, Zhang J, Le MH, Wei B, Zou B, Le A, Jeong D, Chien N, Kam L, Lee CC, Riveiro-Barciela M, Istratescu D, Sriprayoon T, Chong Y, Tanwandee T, Kobayashi M, Suzuki F, Yuen MF, Lee HS, Kao JH, Lok AS, Wu CY, Nguyen MH. *Gastroenterology.* 2018 Oct 17. pii: S0016-5085(18)35158-8. doi: 10.1053/j.gastro.2018.10.027.
7. Recurrence Rate of Hepatocellular Carcinoma in Patients With Treated Hepatocellular Carcinoma and Hepatitis C Virus-Associated Cirrhosis After

ombitasvir/paritaprevir/ritonavir+dasabuvir+ribavirin Therapy. Preda CM, Baicus C, Sandra I, Oproiu A, Manuc T, Constantinescu I, Gavrilă D, Dicuțescu M, Dumitru R, Vasilescu C, Tieranu C, Istratescu D, Voiosu T, Manuc M. *United European Gastroenterol J*. 2019 Jun;7(5):699-708. doi: 10.1177/2050640619841254. Epub 2019 Mar 29.

8. P047 Neuroendocrine cells densities alterations in colonic mucosa of patients with inflammatory bowel disease. Meianu C, Becheanu G, Preda CM, Istratescu D, Ciora CA, Manuc M, Tugui L, Andrei AC, Dicuțescu M. *Journal of Crohn's and Colitis*, Volume 13, Issue Supplement_1, March 2019, Page S110, <https://doi.org/10.1093/ecco-jcc/jjy222.171>.

9. Environmental Factors in Romanian and Belgian Patients With Inflammatory Bowel Disease - A Retrospective Comparative Study. Preda CM, Manuc T, Istratescu D, Louis E, Baicus C, Sandra I, Dicuțescu M, Reenaers C, van Kemseke C, Nitescu M, Tieranu C, Sandu CG, Oprea-Calin G, Tugui L, Viziru S, Ciora CA, Gheorghe LS, Manuc M. *Maedica (Buchar)* 2019 Sep;14(3):233-239. doi: 10.26574/maedica.2019.14.3.233.

10. Lymphocytic Esophagitis Successfully Treated by Esophageal Balloon Dilation and Topical Budesonide. Becheanu G, Istratescu D, Preda CM, Manuc M, Dicuțescu MM, Gheorghe C. *J Gastrointestin Liver Dis*. 2019 Dec 9;28(4):379. doi: 10.15403/jgld-217.

11. P026 The impact of different dietary factors in the etiopathogenesis of inflammatory bowel disease: a retrospective case-control study. Preda CM, Manuc T, Chifulescu AE, Istratescu D, Louis E, Dicuțescu M, Tieranu C, Gheorghe LS, Manuc M. *Journal of Crohn's and Colitis*, Volume 14, Issue Supplement_1, January 2020, Page S144, <https://doi.org/10.1093/ecco-jcc/jjz203.155>.

12. Diet as an Environmental Trigger in Inflammatory Bowel Disease: A Retrospective Comparative Study in Two European Cohorts. Preda CM, Manuc T, Chifulescu A, Istratescu D, Louis E, Baicus C, Sandra I, Dicuțescu MM, Reenaers C, van Kemseke C, Nitescu M, Tieranu C, Popescu M, Tugui L, Andrei A, Ciora CA, Gheorghe LS, Manuc M. *Rev Esp Enferm Dig*. 2020 Jun;112(6):440-447. doi: 10.17235/reed.2020.6552/2019.

13. Efficacy and Safety of Ledispavir/Sofosbuvir with or without Ribavirin in patients with Decompensated Liver Cirrhosis and Hepatitis C Infection: a Cohort Study. Gheorghe LS, Preda C, Iliescu L, Istratescu D, Chifulescu AE, Pop CS, Trifan A, Stanciu C, Dicuțescu M, Voiosu T, Baicus C, Tugui L, Iacob S, Tieranu C, Meianu C, Manuc M. *J Gastrointestin Liver Dis*. 2020 Sep 9;29(3):385-390. doi: 10.15403/jgld-2448.

14. Incidences and Determinants of Functional Cure During Entecavir or Tenofovir Disoproxil Fumarate for Chronic Hepatitis B. Hsu YC, Yeh ML, Wong GL, Chen CH, Peng CY, Buti M, Enomoto M, Xie Q, Trinh H, Preda C, Liu L, Cheung KS, Yeo YH, Hoang J, Huang CF, Riveiro-Barciela M, Kozuka R, Istratescu D, Tsai PC, Accarino EV, Lee DH, Wu JL, Huang JF,

Dai CY, Cheung R, Chuang WL, Yuen MF, Wong VW, Yu ML, Nguyen MH. *J Infect Dis.* 2021 Dec 1;224(11):1890-1899. doi: 10.1093/infdis/jiab241.

15. HLA Genotyping in Romanian Adult Patients with Celiac Disease, their First-degree Relatives and Healthy Persons. Maruntelu I, Preda CM, Sandra I, Istratescu D, Chifulescu AE, Manuc M, Diculescu M, Talangescu A, Tugui L, Manuc T, Stroie T, Andrei AC, Tieranu C, Constantinescu I. *J Gastrointestin Liver Dis.* 2022 Jun 12;31(2):191-197. doi: 10.15403/jgld-4187.

16. Effectiveness of entecavir vs tenofovir disoproxil fumarate for functional cure of chronic hepatitis B in an international cohort. Hsu YC, Jun DW, Peng CY, Yeh ML, Trinh H, Wong GL, Kim SE, Chen CH, Oh H, Lin CH, Trinh L, Wong VW, Yoon E, Ahn SB, Huang D, Cho YK, Jeong JY, Jeong SW, Kim HS, Xie Q, Liu L, Riveiro-Barciela M, Tsai PC, Accarino EV, Toyoda H, Enomoto M, Preda C, Marciano S, Hoang J, Huang CF, Kozuka R, Yasuda S, Istratescu D, Lee DH, Su JY, Huang YT, Huang JF, Dai CY, Chuang WL, Yuen MF, Gadano A, Cheung R, Lim SG, Buti M, Yu ML, Nguyen MH. *Hepatol Int.* 2022 Dec;16(6):1297-1307. doi: 10.1007/s12072-022-10411-x. Epub 2022 Sep 7. PMID: 36070123

17. Real World Efficacy and Safety of Sofosbuvir + Velpatasvir + Voxilaprevir in Romanian Patients with Genotype 1b HCV Infection Non-reponders to DAAs Therapy. Gheorghe L, Preda C, Trifan A, Manuc M, Stanciu C, Istratescu D, Popescu CP, Diculescu MM, Tieranu CG, Manuc T, Stroie TG, Iacob SM, Iliescu L. *J Gastrointestin Liver Dis.* 2022 Dec 17;31(4):437-443. doi: 10.15403/jgld-4472.

18. Preda C-M, Istrătescu D. Etiology of Ulcerative Colitis. *Ulcerative Colitis - Etiology, Diagnosis, Diet, Special Populations, and the Role of Interventional Endoscopy* [Internet]. 2022 Nov 23; Available from: <http://dx.doi.org/10.5772/intechopen.106842>.

19. Role of an Exclusion Diet (Reduced Disaccharides, Saturated Fats, Emulsifiers, Red and Ultraprocessed Meats) in Maintaining the Remission of Chronic Inflammatory Bowel Diseases in Adults. Nitescu M, Istratescu D, Preda CM, Manuc TE, Louis E, Manuc M, Stroie T, Catrinoiu M, Tieranu CG, Badea LE, Tugui L, Andrei A, Diculescu MM. *Medicina (Kaunas).* 2023 Feb 9;59(2):329. doi: 10.3390/medicina59020329. PMID: 36837530.

20. Fatigue Is Associated with Anxiety and Lower Health-Related Quality of Life in Patients with Inflammatory Bowel Disease in Remission. Stroie, T., Preda, C., Meianu, C., Istrătescu, D., Manuc, M., Croitoru, A., Gheorghe, L., Gheorghe, C., & Diculescu, M. (2023). *Medicina (Kaunas, Lithuania)*, 59(3), 532. <https://doi.org/10.3390/medicina59030532>.

21. Anxiety and depression in patients with inactive inflammatory bowel disease: The role of fatigue and health-related quality of life. Stroie, T., Preda, C., Istratescu, D., Ciora, C., Croitoru, A., & Diculescu, M. (2023). *Medicine*, 102(19), e33713. <https://doi.org/10.1097/MD.00000000000033713>.

22. Impact of Dietary Patterns in Inflammatory Bowel Disease Subtypes Versus Healthy Subjects: a Retrospective Cohort Study. Preda CM, Istratescu D, Nitescu M, Manuc T, Manuc M, Stroie T, Catrinou M, Tieranu C, Meianu CG, Tugui L, Ciora CA, Louis E, Diclescu M. *Maedica (Bucur)*. 2023 Jun;18(2):174-181. doi: 10.26574/maedica.2023.18.2.174.
23. Sylimarlin Versus Essential Phospholipids in Metabolic Associated Steatotic Liver Disease (MASLD) - A Prospective Comparative Randomized Trial. Manuc T, Preda CM, Istratescu D, Gheorghe L, Cerban R, Ester C, Stroie TG, Alecu RI, Ciuciureanu CM, Marin AI, Tugui L, Tieranu C, Andrei SL, Diclescu M, Manuc M. *Maedica (Bucur)*. 2024 Mar;19(1):9-16. doi: 10.26574/maedica.2024.19.1.9. PMID: 38736928; PMCID: PMC11079726.
24. Diagnosis and Medical Treatment of Acute and Chronic Idiopathic Pouchitis in Inflammatory Bowel Disease. Meianu C, Stroie T, Istratescu D, Preda CM, Diclescu MM. *Medicina (Kaunas)*. 2024 Jun 13;60(6):979. doi: 10.3390/medicina60060979. Erratum in: *Medicina (Kaunas)*. 2024 Jul 26;60(8):1208. doi: 10.3390/medicina60081208. PMID: 38929596; PMCID: PMC11205934.
25. Diet Optimization in Inflammatory Bowel Disease: Impact on Disease Relapse and Inflammatory Markers. A 1-year Prospective Trial. Preda CM, Istratescu D, Nitescu M, Manuc T, Manuc M, Stroie T, Tieranu C, Meianu CG, Andrei A, Ciora CA, Louis E, Diclescu M. *J Gastrointest Liver Dis*. 2024 Jun 29;33(2):184-193. doi: 10.15403/jgld-5482. PMID: 38944867.
26. A Comprehensive Review of Dietary Approaches in Maintaining Remission of Inflammatory Bowel Diseases in Adults. Istratescu D, Preda CM, Manuc T, Meianu C, Stroie T, Diclescu M. *Medicina (Kaunas)*. 2024 Jun 28;60(7):1068. doi: 10.3390/medicina60071068. PMID: 39064497; PMCID: PMC11278540.
27. Artificial Intelligence as a Tool in Diagnosing Inflammatory Bowel Disease in Older Adults. Prada AG, Stroie T, Diclescu RI, Gogîrlă GC, Radu CD, Istratescu D, Prada GI, Diclescu MM. *J Clin Med*. 2025 Feb 18;14(4):1360. doi: 10.3390/jcm14041360. PMID: 40004890; PMCID: PMC11856854.
28. The Importance of Nutriepigenetics in Older Adults with Inflammatory Bowel Disease. Prada AG, Gîță CD, Gidei SM, Istratescu D, Stroie T, Aurelian SM, Prada GI, Penes ON, Pop AL, Diclescu MM. *Nutrients*. 2025 Feb 9;17(4):620. doi: 10.3390/nu17040620. PMID: 40004949; PMCID: PMC11858404.

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