Curriculum vitae Europass

Personal information

First name / Name	**Simona CARNICIU**
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	Bibliographical references = 353 **h-index = 9** i10-index = 9
Short description	➢ Assistant Professor University of Medicine and Pharmacy Carol Davila Bucharest ➢ M.D., PhD – diabetes, nutrition and metabolic diseases / family practice / hygiene ➢ Treasurer - *Romanian Medical Association* ➢ Scientific Secretary editor - science journal *Proceedings of the Romanian Academy Series B* (http://www.acad.ro/proceedingsChemistry.htm) ➢ Healthcare Trainer ➢ Owner of CORPOSANA SRL (Center of Research, Diagnosis and Treatment in Diabetes and Nutrition Diseases - medical and research clinic), DIABECORE SRL, PREVENTION CONSULTING SRL
Work experience	
Time period	**2022 - present**
Position held	Assistant Professor
Employer's name and address	Carol Davila University of Medicine and Pharmacy, Faculty of Dentistry, Hygiene Department
Time period	**2019- present**
Position held	M.D. / owner, manager
Employer's name and address	PREVENTION CONSULTING SRL – medical-nutrition therapy Functional medicine, lifestyle medicine
Time period	**2018- present**
Position held	M.D. / owner, manager

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Employer's name and address	DIABECORE SRL
Main activities and responsibilities	M.D. in diabetes. Manager, Coordinating / Supervising business activities Design and elaboration of documents necessary for carrying out medical and administrative activities
Time period	**02.2018-10.2018**
Position held	Community development facilitator
Employer's name and address	Romanian Medical Association (founded in 1857) Ionel Perlea no 10, Sector 1, Bucharest, E-mail: asmedro@yahoo.com, tel: +40727499730
Main activities and responsibilities	Provides information, identification, selection, registration and target group maintenance. Identifies potential beneficiaries to enroll in the target group.
Time period	**03.2017-present**
Position held	Treasurer
Employer's name and address	Romanian Medical Association (founded in 1857)
Main activities and responsibilities	Scientific Committee and Organization Committee of the Annual Congress of Ro.Med.Assoc / Various Activities within the National Program for Prevention of Metabolic and Cardiovascular Diseases (launched by Ro.Med.Assoc in 2007). Coordination / supervision of economic activity, activities related to technology and IT, Design and development of documents necessary for the annual congress and other scientific and training activities, Supervision and implementation - the components of scientific projects, research and training, Establish and maintain relationships with the active members involved (Ro.Med.Assoc committees, hospitals, students, doctors, PhD students, universities and faculties etc.) in Ro.Med.Assoc activities
Time period	**02.2016-present**
Position held	M.D. / owner, manager
Employer's name and address	CORPOSANA Center of Research, Diagnosis and Treatment in Diabetes and Nutrition Diseases
Main activities and responsibilities	Manager, Coordinating / Supervising business activities Design and elaboration of documents necessary for carrying out medical and administrative activities, Supervision and implementation - the components of scientific, research and other projects.
Time period	**28.08.2015-present**
Position held	Scientific Secretary Editor
Employer's name and address	Romanian Academy Publishing House - scientific journal of the Romanian Academy: Proceedings of the Romanian Academy Series B: Chemistry, Life Sciences and Geoscience

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Main activities and responsibilities	Editing activities (proofreading the text, identifying spelling errors, checking the tables and illustrations, making sure the legends are appropriate and positioned correctly, etc.). Secretarial activities, including: Establishing and maintaining relationships with (possible) authors, their institutions and publishers, taking and inventing manuscripts, directing manuscripts to peer-review to well-known authors in the respective fields, identifying authors in the field.
Time period	**09.2015-31.12.2015**
Position held	Trainer
Employer's name and address	The project titled "*Developing transplant skills*". Project code: POSDRU/186/3.2/S/155295. Project co-financed from FSE POS DRU 2007-2013. Beneficiary: ACADEMY OF MEDICAL SCIENCES IN ROMANIA.
Main activities and responsibilities	Developing course support, training in courses and practical work
Time period	**2014-2017**
Position held	PhD student
Employer's name and address	National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest CREDOR Project: TITLE "Developing a Selection Protocol for Metabolic Surgery Following Assessment of its Impact on Type 2 Diabetes Remission in Obese Patients" (Acronym CREDOR). Project number 207/2014, code PN-II-PT-PCCA-2013-4-2154. Partnership Program in Priority Areas. Contracting Authority: Executive Unit for Financing Higher Education, Research, Development and Innovation (UEFISCDI)
Main activities and responsibilities	Clinical research activities (patient evaluation, preparation of necessary documents, etc.)
Time period	**10.2013-07.2014**
Position held	Assistant Professor
Employer's name and address	University of Medicine and Pharmacy "Carol Davila", Bucharest Department of Diabetes, Nutrition and Metabolic Diseases, National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest
Main activities and responsibilities	Developing course support, training in courses and practical work
Time period	**2012-present**
Position held	Family medicine specialist
Employer's name and address	CMI Dr Carniciu Stere
Main activities and responsibilities	According to the contractual details, medical practice activities
Time period	**06.2011-03.2017**
Position held	Executive Secretary
Employer's name and address	Romanian Medical Association (founded in 1857)

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Main activities and responsibilities	Scientific Committee and Organization Committee of the Annual Congress of Ro.Med.Assoc / Various Activities within the National Program for Prevention of Metabolic and Cardiovascular Diseases (launched by Ro.Med.Assoc in 2007). Design and development of documents necessary for the annual congress and other scientific and training activities, Supervision and implementation - the components of scientific projects, research and training, Establish and maintain relationships with the active members involved (Ro.Med.Assoc committees, hospitals, students, doctors, PhD students, universities and faculties etc.) in Ro.Med.Assoc activities
Time period	**10.2011-2016**
Position held	PhD student
Employer's name and address	National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest (NIDNMD Paulescu) Project title "Adipose tissue at the intersection of pathogenetic pathways between diabetes and vascular disease", IDEI Program - Exploratory Research Projects PN-II-ID-PCE-2011-3-0429 (183/28.10.2011)
Main activities and responsibilities	Clinical research activities (patient evaluation, preparation of necessary documents, etc.)
Time period	**2011-2014**
Position held	Trainer
Employer's name and address	Romanian Medical Association – Ro.Med.Assoc. in partnership with S.C. SIVECO Romania SA and the NIDNMD Paulescu. Strategic project "Training in diabetes, nutrition and metabolic diseases and promoting the use of new technologies for nurses in order to improve the management of specific activities", which has ID-59775. The project is co-financed by the European Social Fund through the Sectoral Operational Program Human Resources Development 2007-2013, "Invest in People!", POSDRU /81/3.2/S/59775.
Main activities and responsibilities	Developing course support, training in courses and practical work
Time period	**10.2010-11.2014**
Position held	PhD student (conducting his own research within the doctoral thesis with the mentioned title)
Employer's name and address	"Carol Davila" University of Medicine and Pharmacy, Bucharest and the National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest Coordinator: Prof. Constantin Ionescu-Tirgoviste Ph.D. project titled "Morpho-functional particularities of adipocyte in patients with obesity and type 2 diabetes", project financed by POSDRU/107/1.5/S/82839
Time period	**01.2009-2012**
Position held	Resident physician
Employer's name and address	"St. John" Emergency Clinical Hospital, Bucharest
Main activities and responsibilities	According to the contractual details, medical practice activities
Time period	**03.2009-06.2011**
Position held	Secretary
Employer's name and address	Romanian Medical Association

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Main activities and responsibilities	Secretarial activities, organization of the annual congress
Clinical trials	2009-2017
	• International study CSI-020201/01, randomized, multicenter, controlled, with parallel groups, dose setting, efficacy and safety I-020201, applied locally as an adjunct to good standard care vs good standard care alone in patients with chronic diabetic ulcers, clinical study sponsored by Kuros Biosurgery, 31.07.2009-2012; • International GFT study 505-210-5 - a Pilot study to evaluate the efficacy and safety of GFT505 (80mg) given orally once daily for 12 weeks in patients with type 2 diabetes. A multicenter, randomized, double-blind study, placebo-controlled, since December 16, 2010-2011. • International study **Takeda** GRAND TAK-875 304, since 03.09.2012-2013 • International study **DECLARE**, Dapagliflozin Effect on Cardiovascular Events. A multicenter, randomized, double-blind, placebo-controlled trial to evaluate the effect of Dapagliflozin 10 mg once daily on the incidence of cardiovascular death, myocardial infarction or ischemic stroke in patients with type 2 diabetes. Since January 2014-2015. • International study **DT-DP-D3**. A multicentric, double blind, randomized, comparative Phase III study of the efficacy of the new wound healing solution Diperoxochloric acid (DPOCL, DermaPro®) compared to isotonic sodium chloride solution 0,9% in patients with diabetic foot ulcers. Since May 2014-iunie 2016. • Other 3 International Diabetes clinical trials since 2013
Employer's name and address	National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest
Education and training	
Time period	**2012-2015**
Qualification awarded	M.D.
Subject covered / skills acquired	Diabetes, Nutrition and Metabolic Diseases
Education or training organizations's name and adress	National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest
Time period	**2015**
Qualification awarded	PhD
Subject covered / skills acquired	Diabetes, Nutrition and Metabolic Diseases
Education or training organizations's name and adress	University of Medicine and Pharmacy "Carol Davila", Bucharest, Department of Diabetes, Nutrition and Metabolic Diseases, National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest
Time period	**2015**
Qualification awarded	Graduation diploma course
Subject covered / skills acquired	4 Modules with the title: Communication with the patient; Time Management, Speaker Impact, Emotional Intelligence
Education or training organizations's name and adress	IPoDD (Inspiring Program for Doctor's Development): Personal Development Program for Doctors - Inspired by Inspires, sponsored by Worwag Pharma
Time period	**2010-2014**

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Qualification awarded	PhD - field: medical sciences
Subject covered / skills acquired	Diabetes, Nutrition and Metabolic Diseases
Education or training organizations's name and adress	University of Medicine and Pharmacy "Carol Davila", Bucharest, Department of Diabetes, Nutrition and Metabolic Diseases, National Institute of Diabetes, Nutrition and Metabolic Diseases "N. Paulescu ", Bucharest
Time period	**04.11.2013**
Qualification awarded	Graduation Certificate - Trainer
Subject covered / skills acquired	
Time period	**01.2009-2012**
Qualification awarded	M.D.
Subject covered / skills acquired	Family Practice
Education or training organizations's name and adress	University of Medicine and Pharmacy "Carol Davila", Bucharest, "St. John" Emergency Clinical Hospital, Bucharest
Time period	**2008**
Qualification awarded	Graduate / Bachelor's degree
Subject covered / skills acquired	General medicine
Education or training organizations's name and adress	University of Medicine and Pharmacy "Carol Davila", Bucharest, Faculty of General Medicine
Others	
	• National Biology Olympics 2001 (Anatomy and Physiology) - 2nd Prize - Admission without examination at the Faculty of Medicine and Pharmacy "Carol Davila" Bucharest • National Biology Olympics 1999, 2000, 2002 • Diploma of Excellence 2010, Doctoral Section, Annual Congress of the Romanian Medical Association, Bucharest, 6-8.05.2010 - Mention I • Best Poster Award - (list of papers, point 12) - 7th International Electromagnetic Compatibility Workshop CEM 2010, Odorheiu Secuiesc - Romania, 2 - 4.09.2010 • Merit Diploma 2011, Doctoral Section, Annual Congress of the Romanian Medical Association, Bucharest, April 14-16, 2011. • Diploma of Excellence for Doctoral Students, Doctoral Section, Annual Congress of the Romanian Medical Association, Bucharest, April 26-28, 2012. • Excellence Diploma for Doctoral Students, Doctoral Section, Annual Congress of the Romanian Medical Association, Bucharest, May 31 - June 2, 2013. • Diploma of Excellence for Doctoral Students, Doctoral Section, Annual Congress of the Romanian Medical Association, Bucharest, April 10-12, 2014. • Gala Medica Nomination, VI Edition, Bucharest, June 25, 2014, at the "Best Communicator Doctor" section.

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	• Organizing a "Healthy and Happy" cross within the National Program for the Prevention of Metabolic and Cardiovascular Pathology, a program initiated in 2007 by the Romanian Medical Association and which concerns me as the executive secretary of the Association. • Numerous (over 30) participations in national and international congresses and symposiums in 2009-2016 • Discussion on the topic of physical activity in children to prevent obesity and metabolic pathology, held at the Parliament Palace in 2013, organized by CNA, where we spoke, presenting failed prevention projects and motivated the need for national measures. • Scientific Session at the Romanian Academy on Prevention of Correct Food and Technology in the Food Industry, where we presented the current issue and the need for interdisciplinary collaboration in the National Program for Prevention of Metabolic and Cardiovascular Diseases of the Romanian Medical Association (2013). • Frequent participation in television shows starting in 2012, on topics of diabetes and nutrition.
	• Volunteer M.D. – "The Village Health Program" - Health Prevention Humanitarian Campaign - started after the signing of the Protocol of Cooperation between the Romanian Patriarchy and the Ministry of Health. It was signed on 3 September 2015 and targets disadvantaged people from rural areas, older people, people with reduced educational attainment, social cases. • Volunteer M.D. - The campaign "Prevention and Health Education" - Humanitarian Prevention Campaign in the Health Sector - started after the signing of the Protocol for Cooperation with the Romanian Patriarchate.
Personal skills and competences	
native language	Romanian
known foreign language	

Self-assessment	**Understanding**		**Speaking**		**Writing**
European level (*)	Listening	Reading	Conversation	Oral speech	written expression
English	C2	C2	C2	C2	C2

(*) Nivelul Cadrului European Comun de Referinţă Pentru Limbi Străine

Social skills and competences	The ability to separate work life from family life. Emotional intelligence. Empathy. Spirit of responsibility. Ability to assume leadership. Adaptability to different situations, including crisis / emergencies. Coordination and collaboration attitude, assertiveness and integrity. The ability to communicate constructively in different environments, to tolerate, to express and understand different points of view, to negotiate with ability to produce trust and to empathize. Ability to relate to public institutions. Knowledge of the concepts of democracy, justice, freedom, equality, citizenship, civil rights. Total respect for human rights.

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Organizational skills and competences	Treasurer of the Romanian Medical Association: Organizer of numerous national scientific events and prevention programs. Maintaining relationships with institutions (associations, hospitals, institutes, universities, private persons, etc.) and with doctors, students, PhD students, authors, etc.
Computer skills and competences	Current use
Published works	Oral or poster presentation – national and international congresses; Scientific papers published – international or national journals (see appendix). Medical articles in Medical Life, Medica Academica, Dermatology, Galenus, etc. Articles for the general public in various thematic magazines. TV shows – since 2010 – medical themes
Annexes	Annex 1. List of published works

29.01.2026

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