



Stefania-Mihaela Riza

WORK EXPERIENCE

PLASTIC SURGERY RESIDENT – ELIAS UNIVERSITY EMERGENCY HOSPITAL – 02/02/2020 – Current – BUCHAREST, ROMANIA

Areas of Interest in My Practice:

- Skin Cancer Surgery
- Oncologic Reconstructive Surgery - including breast reconstruction
- Hand Surgery

ASSISTANT PROFESSOR – CAROL DAVILA UNIVERSITY OF MEDICINE AND PHARMACY – 01/10/2022 – Current – BUCHAREST, ROMANIA

- create teaching materials (presentations, case discussions, surgical videos/photos, exam questions)
- teach medical students through seminars, bedside teaching, skills labs and operating room instruction
- supervise theses for medical students

EDUCATION AND TRAINING

30/09/2013 – 29/09/2019 Bucharest, Romania

MEDICAL DOCTOR (MD) Carol Davila University of Medicine and Pharmacy

Website <https://umfcd.ro>

01/10/2021 – CURRENT Bucharest, Romania

PHD STUDENT IN PLASTIC SURGERY Carol Davila University of Medicine and Pharmacy

Field of study Medicina | **Thesis** Strategii moderne in tratamentul plagilor cronice - posibilitati si limite

LANGUAGE SKILLS

Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B2
FRENCH	A1	A1		A1	

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

PUBLICATIONS

2025

[Integrating Regenerative Medicine in Chronic Wound Management: A Single-Center Experience](#)

Riza SM, Porosnicu AL, Cepi PA, Parasca SV, Sinescu RD. Integrating Regenerative Medicine in Chronic Wound Management: A Single-Center Experience. Biomedicines. 2025 Jul 25;13(8):1827. doi: 10.3390/biomedicines13081827.

Authors: Riza SM, Porosnicu AL, Cepi PA, Parasca SV, Sinescu RD. | **Journal Name:** Biomedicines | **Publisher:** MDPI

2025

Chronic Wound Management in Romania: A Survey on Practices, Protocols, and PRP Efficacy

Riza SM, Porosnicu AL, Hariga CS, Sinescu RD. Chronic Wound Management in Romania: A Survey on Practices, Protocols, and PRP Efficacy. Medicina (Kaunas). 2025 Jun 13;61(6):1085. doi: 10.3390/medicina61061085. PMID: 40572773; PMCID: PMC12194848.

Authors: Riza SM, Porosnicu AL, Hariga CS, Sinescu RD. | **Journal Name:** Medicina | **Publisher:** MDPI

2025

A Comprehensive Literature Review on the Therapeutic Potential of Platelet-Rich Plasma for Diabetic Foot Management: Insights from a Case of a Neglected Deep Plantar Abscess

A Comprehensive Literature Review on the Therapeutic Potential of Platelet-Rich Plasma for Diabetic Foot Management: Insights from a Case of a Neglected Deep Plantar Abscess. Healthcare (Basel). 2025 May 13;13(10):1130.

Authors: Riza SM, Porosnicu AL, Sinescu RD. | **Journal Name:** Healthcare (Basel)

2024

A patient with pseudotumor in the popliteal space diagnosed with non-Hodgkin lymphoma – case study

Prahoveanu M., Popescu G., Iordache A., Negoită S., Riza Ș. ORL ro 3(64):30, January 2024

Authors: Prahoveanu M., Popescu G., Iordache A., Negoită S., Riza Ș. | **Journal Name:** ORL

2023

Outcomes and Economic Evaluation in Delayed Two-Stage Breast Reconstruction in Romania: The Influence of Radiotherapy

DOI: 10.3390/curroncol30020149

2022

Advantages and particularities of local and regional anesthesia for surgical treatment of the cephalic skin carcinomas

ORL, January 2022.

Authors: Dumitrescu I., Riza Ș., Chirilă C. | **Journal Name:** ORL

2021

The Impact of Post-Mastectomy Radiotherapy on Delayed Alloplastic Breast Reconstruction – Experience of One Center

2021

Manual de Chirurgie pentru Rezidenti

Editura Universitara “Carol Davila” Bucuresti

SKILLS

Microsoft Word | Microsoft Excel | Microsoft Powerpoint | basic video and photo editing skills | SPSS Statistical Tool | Social Media | Instagram | Facebook

Social skills

Decision-making | Organizational and planning skills | Team-work oriented | Good listener and communicator

NETWORKS AND MEMBERSHIPS

01/08/2021 – CURRENT

Member of the Romanian Association of Plastic Surgeons

01/01/2022 – CURRENT

Member of the Romanian Aesthetic Surgery Society

● DRIVING LICENCE

Driving Licence: B

● CONFERENCES AND SEMINARS

28/02/2021 – 30/04/2021 online

iBreastBook Webinars

- **Oncoplastic Breast Surgery and Breast Reconstruction**

Link www.ibreastbook.com/breast-surgery-webinars

15/04/2021 – 16/04/2021 online

IEO Breast Cancer: Oncologic and reconstructive surgery

- two full days on live surgery

Link <https://www.ieo-oncoplastic.com>

23/06/2021 – 26/06/2021

15th congress of the European Federation of Societies for Microsurgery

- my presentation: "Malignant Melanoma: what's new?"

29/10/2021 – 01/11/2021 online

Plastic Surgery The Meeting 2021

active participation, poster presentation with title *"Wide Awake lip reconstruction surgery after skin cancer excision"*

Timisoara, Romania

19th National Congress of Plastic Surgery „3 in 1 Joint Congress"

active participation

oral presentation with the title *"Cutaneous melanoma of the breast – oncoplastic approach after wide local excision and axillary sentinel node biopsy"*

17/04/2024 – 19/04/2024 Stuttgart

31st Stuttgart Advanced Course for Rhinoplasty with Live Surgical Demonstration

15/05/2024 – 17/05/2024 Cluj-Napoca

20th National Congress of the Romanian Association of Plastic Surgeons

Active participation.

Oral presentation: *"Flaps in facial surgery - a reconstructive algorithm"*

16/03/2025 – 16/03/2025 Bucharest

Workshop - Zilele Educatiei Medicale

Hands-on workshop on the topic: *"Reconstructions in plastic surgery: Scar management and modern techniques"*

12/12/2024 – 14/12/2024 Milano

MBN2024 Aesthetic Breast Meeting

● HOBBIES AND INTERESTS

Fitness

Cooking

● VOLUNTEERING

31/08/2016 – 01/06/2019 Romanian Student Society of Surgery

Trainer – Practical Surgery Workshops

1. Theoretical Presentations
2. Teaching Basic Concepts: asepsis, antisepsis, sutures, and surgical knots.