europass



Adrian-Marius Silaghi

WORK EXPERIENCE

VOLUNTEER – ST. PANTELIMON HOSPITAL, GENERAL SURGERY CLINIC – 09/30/2017 – 08/30/2020 – BUCHAREST, ROMANIA

-check the patients dresings and change them if is necesarry
-performing minor surgical procedures such as: mounting bladder catheters, nasogastric tubes, removing the stiches
-helping at major and minor operations such as: hernia repairs, colectomies, procedures in trauma and emergency surgery

RESIDENT IN GENERAL SURGERY – ST. PANTELIMON HOSPITAL, GENERAL SURGERY CLINIC – 12/31/2020 – Current – BUCHAREST, ROMANIA

Daily tasks include checking the health status of the patients on the surgical ward, helping to chose the right medical treatment. If the medical condition of the patient does not evolve as expected with non-invesive treatment I will help the surgical teams to perform the right procedure.
-checking the patients vital signs and general aspect
-checking the patients dressings and changing the dressings if is neccesary
-adjust the medical treatment if is neccesary with the help of the attending physician
-asist in the operating room at major procedures such as: pancreatectomies, gastrectomies, colectomies, rectal or esophageal resection,or emergency and trauma procedures such as hepatic resections, drainage of hepatic abceses or performing rutine procedures: appendicetomies, cholecystectomies, major or minor amputations, hernia repairs,
-evaluation and diagnosis of the patients in the surgical emergency unit
-performing FAST ultrasound
-coaching medical students

ASSISTANT PROFESSOR – CAROL DAVILA UNIVERSITY OF MEDICINE AND PHARMACY – 10/01/2024 – Current – BUCHAREST, ROMANIA

Responsibilities include delivering lectures and practical classes for fourth- and fifth-year students, supervising and coordinating the preparation of dissertation papers, providing academic guidance and support throughout the research process, and developing, updating, and organizing teaching and instructional materials

EDUCATION AND TRAINING

09/30/2014 – 09/29/2020 Bucharest, Romania
GENERAL PHYSICIAN University of Medicine and Pharmacy "Carol Davila"

Address Dionisie Lupu Street, Bucharest, Romania | **Website** https://umfcd.ro/en/

10/01/2023 – CURRENT
PHD STUDENT University of Medicine and Pharmacy "Carol Davila"

Field of study Medicine

LANGUAGE SKILLS

Mother tongue(s): **ROMANIAN**

Other language(s):

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken production	Spoken interaction	
ENGLISH	B2	B2	B2	B2	B2
FRENCH	A2	A2	A2	A2	A2

Levels: A1 and A2: Basic user; B1 and B2: Independent user; C1 and C2: Proficient user

SKILLS

microsoft windows | Microsoft Office | Microsoft Office Word | Microsoft Office PowerPoint

HOBBIES AND INTERESTS

Playing piano, painting, cooking

Piano playing help me to relax and to get a good mood after a hard day of work. A great movie premiere will be a great choice for a relaxing day.

DRIVING LICENCE

Driving Licence: A1

Driving Licence: A2

Driving Licence: B

PUBLICATIONS

2026

Clinical and inflammatory biomarkers predicting emergency surgical management decisions and postoperative outcomes in complicated colon cancer

Silaghi, A. M., Serban, D., Pantu, H., Motofei, I., Shevchenko, I., Atasiei, D. I., Iacoban, S. R., Voinea, S. C., Grigorescu, C. C., & Constantin, V. D. (2026). Journal of medicine and life, 19(4), 252–258. https://doi.org/10.25122/jml-2026-0008

2026

Colonic Stenting as a Bridge to Surgery Versus Emergency Resection in Obstructive Colon Cancer: A Systematic Review of Surgical Outcomes.

Silaghi, A.M.; Grigorescu, C.C.; Serban, D.; Tribus, L.C.; Constantin, V.D.; Motofei, I.; Dumitrescu, D.; Tudor, C.; Dumitrescu, V.; Cristea, B.M.; et al. J. Clin. Med. 2026, 15, 4416. https://doi.org/10.3390/jcm15124416

2026

The Predictive Value of Clinical and Systemic Inflammatory Biomarkers in Emergency Colic Cancer Surgery: A Retrospective Study

Silaghi, A.M.; Serboiu, C.S.; Serban, D.; Constantin, V.D.; Tudor, C.; Motofei, I.; Hussein, G.; Stoica, P.L.; Nedea, M.I.; Dascalu, A.M.; et al. J. Clin. Med. 2026, 15, 1627. https://doi.org/10.3390/jcm15041627

2025

A Review of Postoperative Complications in Colon Cancer Surgery: The Need for Patient-Centered Therapy

https://www.mdpi.com/2392-7674/12/1/21

Authors: Adrian Silaghi, Dragos Serban, Corneliu Tudor, Bogdan Mihai Cristea, Laura Carina Tribus, Irina Shevchenko, Alexandru Florin Motofei, Crenguta Sorina Serboiu, Vlad Denis Constantin

2024

Surgery of the colon; the impact of colostomy and postoperative complications on patients' quality of life

Constantin VD, **Silaghi A**, Epistatu D, Bălan DG, Groseanu FS, Nedelcu DM, Paunica I. Surgery of the colon; the impact of colostomy and postoperative complications on patients' quality of life. J Mind Med Sci. 2024;11(1):156-162. doi: 10.22543/2392-7674.1493

2024

Diabetic patients and postoperative complications in colorectal surgery

Paunica I, **Silaghi A**, Bălan DG, Socea B, Balalau C, Groseanu FS, Popescu GA, Epistatu D Constantin VD. Diabetic patients and postoperative complications in colorectal surgery. J Mind Med Sci. 2024;11(1):33- 41. doi: 10.22543/2392-7674.1495

2024

Genetic and serological markers in colorectal cancer surgery

Silaghi A, Constantin VD, Serban D, Epistatu D, Paunica I, Bălan DG, Rebegea LF. Genetic and serological markers in colorectal cancer surgery. J Mind Med Sci. 2024;11(1):84-91. doi:10.22543/2392-7674.1474

2023

Diagnosis and management of colon cancer patients presenting in advanced stages of complications

Constantin, Vlad Denis; **Silaghi, Adrian**; Epistatu, Dragos; Dumitriu, Anca Silvia; Paunica, Stana; Bălan, Daniela Gabriela; and Socea, Bogdan (2023) "Diagnosis and management of colon cancer patients presenting in advanced stages of complications," Journal of Mind and Medical Sciences: Vol. 10: Iss. 1, Article 6. DOI: https://doi.org/10.22543/2392-7674.1388 Available at: https://scholar.valpo.edu/jmms/vol10/iss1/6

2023

Acute lithiasis cholecystitis; particularities of diagnosis and treatment in the elderly

Silaghi, Adrian; Socea, Bogdan; Banu, Petrisor; Baleanu, Vlad Dumitru; Epistatu, Dragos; Paunica, Ioana; and Constantin, Vlad Denis (2023) "Acute lithiasis cholecystitis; particularities of diagnosis and treatment in the elderly," Journal of Mind and Medical Sciences: Vol. 10: Iss. 1, Article 13. DOI: https://doi.org/10.22543/2392-7674.1386 Available at: https://scholar.valpo.edu/jmms/vol10/iss1/13

2023

Chronic wound management; surgical therapy and complementary nursing with Manuka honey

Paunică-Panea, Georgeta; Teodorescu, Sergiu; Preda, Aurelia; Gligor, Laura Elena; **Silaghi, Adrian**; and Constantin, Vlad Denis (2023) "Chronic wound management; surgical therapy and complementary nursing with Manuka honey," Journal of Mind and Medical Sciences: Vol. 10: Iss. 1, Article 15. DOI: https://doi.org/10.22543/2392-7674.1387 Available at: https://scholar.valpo.edu/jmms/vol10/iss1/15

2022

Postoperative psychological and social rehabilitation of patients with limb amputations

Silaghi, A., Paunica, I., Balan, D.G., Socea, B., Motofei, I.G., Denis, C.V. (2022). Postoperative psychological and social rehabilitation of patients with limb amputations. Mediterranean Journal of Clinical Psychology 10(3). https://doi.org/10.13129/2282-1619/mjcp-3604

2022

Upper gastrointestinal bleeding during the COVID-19 pandemic; particularities of diagnosis and therapy

Silaghi, Adrian; Gaspar, Bogdan Severus; Epistatu, Dragos; Bălan, Daniela Gabriela; Păunică, Ioana; Dumitriu, Anca Silvia; Paunica, Stana; Socea, Bogdan; and Constantin, Vlad Denis (2022) "Upper gastrointestinal bleeding during the COVID-19 pandemic; particularities of diagnosis and therapy," Journal of Mind and Medical Sciences: Vol. 9: Iss. 2, Article 10. DOI: https://doi.org/10.22543/2392-7674.1363 Available at: https://scholar.valpo.edu/jmms/vol9/iss2/10..

2022

Limb amputations; etiopathogenesis, diagnosis and the multidisciplinary therapeutic approach

Constantin, Vlad Denis; Socea, Bogdan; Gaspar, Bogdan Severus; Epistatu, Dragos; Paunica, Ioana; Dumitriu, Anca Silvia; Paunica, Stana; and **Silaghi, Adrian (2022)** "Limb amputations; etiopathogenesis, diagnosis and the multidisciplinary therapeutic approach," Journal of Mind and Medical Sciences: Vol. 9: Iss. 2, Article 3. DOI: https://doi.org/10.22543/2392-7674.1361 Available at: https://scholar.valpo.edu/jmms/vol9/iss2/3

2022

Infllammatory bowel disease: pathogenesis, diagnosis and current therapeutic approach

Silaghi, Adrian; Constantin, Vlad Denis; Socea, Bogdan; Banu, Petrișor; Sandu, Vladimir; Andronache, Liliana Florina; Dumitriu, Anca Silvia; and Paunica, Stana (2022) "Inflammatory bowel disease: pathogenesis, diagnosis and current therapeutic approach," Journal of Mind and Medical Sciences: Vol. 9: Iss. 1, Article 6. DOI: https://doi.org/10.22543/7674.91.P5677 Available at: https://scholar.valpo.edu/jmms/vol9/iss1/6

2022

The customized therapeutic approach of a giant pancreatic pseudocyst. A case report and literature review

Banu, Petrișor; Socea, Bogdan; Balan, Daniela Gabriela; Sandu, Vladimir; Onicel, Tiberiu; Silaghi, Adrian; Paunica, Ioana; and Constantin, Vlad Denis (2022) "The customized therapeutic approach of a giant pancreatic pseudocyst. A case report and literature review," Journal of Mind and Medical Sciences: Vol. 9: Iss. 1, Article 22. DOI: 10.22543/7674.91.P193200 Available at: https://scholar.valpo.edu/jmms/vol9/iss1/22

2023

Formarea rezidenților în chirurgie: un program de mentorat hibrid și progresiv

I. Motofei, B. Socea, C. Bălălău, P. Banu, V. Baleanu, A. Silaghi, V.D. Constantin
ePoster on National Conference of Surgery 24-27 May 2023, Eforie Nord, Romania

2023

Chirurgia laparoscopică la vârstnici; particularități de diagnostic și tratament în colecistita acută litiazică

ePoster on National Conference of Surgery 24-27 May 2023, Eforie Nord, Romania

V.D. Constantin, B. Socea, P. Banu, V. Baleanu, A. Silaghi, I. Motofei

2015

The importance of anatomical variants of the celiac trunk in compresion syndrome

This is an retrospective study done on cadavers where me and my team found another artery (inferior phrenic) which has origin from celiac trunk. -> awarded with Mention 1 within CNSTM 2015

2015

Congenital anomalities of genitourinary sistem

A small rewiew of the congenital anormalities of genitourinary sistem presented on a students congres

COMMUNICATION AND INTERPERSONAL SKILLS

Team player

I'm a team player, always trying to do my best and if I need help the other team members will help me.
In my opinion the best way to create a team is by using humor and common intrests and having a relaxed atmosphere inside the team

06.08.2019