

Curriculum vitae



Ursescu Clara Catalina

Professional experience

- 2020- present: PhD student UMF "Carol Davila" Bucharest
- 2024-present: Senior consultant Physical Medicine and Rehabilitation S.C.U.U.M.C. dr "Carol Davila", Bucharest
- 2020- 2023: Physical Medicine and Rehabilitation specialist S.C.U.U.M.C. dr "Carol Davila", Bucharest
- 2019-2020: Physical Medicine and Rehabilitation specialist, head of department, "Sf Anton" hospital Ploiesti
- 2019-2021: Physical Medicine and Rehabilitation specialist, Baba Novac clinic, Bucharest
- 2015-2019: Physical Medicine and Rehabilitation resident, S.U.U. Elias, Bucharest
- 2008-2014: Faculty of Medicine and Pharmacy UMF "Carol Davila", Bucharest

Affiliations

- Member of the Romanian Society of Medical Rehabilitation
- Member of the Romanian Medical Society of Physical Education and Sports
- UMF "Carol Davila"

Courses, conferences

- 2021- Certificate of complementary studies in Ultrasound of the musculoskeletal system
- 2021-7th Asian-Oceanian Virtual Congress on Clinical Neurophysiology
- 2021- The Toxins 2021 Virtual Conference-Basic Science and Clinical Aspects of Botulinum and Other Neurotoxins

- 2021-Virtual Course- Ultrasound & Guided Interventions: High Resolution Ultrasound of the Shoulder
- 2020- Postgraduate course- X-ray osteodensitometry in the diagnosis of osteoporosis, UMF Iuliu Hatieganu, Cluj
- 2020- Virtual course- Symptoms of the lower urinary tract in patients with neurological disorders. Evaluation and functional improvement solutions
- 2020- Virtual participation "43rd Annual National Congress of Medical Rehabilitation"
- 2020- Virtual participation in the "Dimitrie Gerota National Symposium", XXIII edition
- 2019- Participation in the practical course Musculoskeletal Ultrasound, Euro-musculus, Lisbon
- 2019- Botulinum toxin injection course, UMF "Carol Davila", Bucharest
- 2019- Practical injection workshop in musculoskeletal disorders, Bucharest
- 2018- Postgraduate course- Indications and techniques of infiltrations in musculoskeletal pathology, UMF "Carol Davila"
- 2017- Postgraduate course- Rehabilitation of the neurological child, UMF Iuliu Hatieganu, Cluj
- 2017- Course- Management of patients with pain, Royal Club of Physicians, Bucharest

Scientific activity:

- Ursescu C, Teodoru G, Bucurică S, Nica RI, Lazăr ȘD, Popescu MN, Ciobanu I, Berteanu M. Using the ClinFIT COVID-19 Instrument to Assess the Functional Impairments Specific to Post-COVID-19 Patients in Romania. *Diagnostics*. 2024;14(14):1540. doi:10.3390/diagnostics14141540.
- Mukaino M, et al.; ISPRM ClinFIT COVID-19 Task Force (incl. Ursescu C). Clinical functioning information tool – coronavirus disease 2019 (ClinFIT COVID-19): psychometric evaluation and development of an interval-scaled functioning score across the care continuum. *Journal of Rehabilitation Medicine*. 2025. (PubMed: 40820498).
- Păduraru CȘ, Costescu EP, Ursescu C, Duceac DL. Modeling Pandemic Response through Nonlinear Dynamics in Emergency Medical Systems. *Romanian Journal of Military Medicine*. 2026;129(1):68-78. doi:10.55453/rjmm.2026.129.1.7.
- Ursescu C, Costescu E, Nica RI, Bucurică S, Ciobanu I, Popescu MN, Berteanu M. Quality of Care and Post-COVID Disability in Romania: A Patient-Reported, Hospital-Wide Study. *Romanian Journal of Military Medicine*. 2026;129(1):88-108. doi:10.55453/rjmm.2026.129.1.9.
- Ursescu C, Costescu E, Popescu MN, Țabrean MC, Berteanu M. Modeling Post-COVID Respiratory Rehabilitation with Nonlinear Dynamics and Fractal Metrics: Beyond Spirometry. *Balneo and PRM Research Journal*. 2025;16(4):901. doi:10.12680/balneo.2025.901.

18.02.2026